ᑲᐳᕐᑕᐅᓂᖅ,
ᓴᐳᒻᒥᒍᑎᑦᓯᐊᖑᓂᕐᐸᐅᕗᖅ

ᓯᑦᑎᒻᐱᕆ 2018 ᑲᐳᕐᑕᐅᓂᖅ ᓴᐴᓗᑕᑦᓯᐊᖑᓂᕐᐸᐅᕗᖅ ᓄᕙᓐᓂᒥᒃ ᐱᔭᕆᐊᑦᑐᕈᑎᖏᓐᓄᓗ.
ᑖᓐᓇ ᑲᐳᕐᑕᐅᒍᑎᒃ ᐳᕙᒃᑯᑦ ᐋᓐᓂᐊᓕᕇᒃᑯᒧᑎᒃ ᐊᓯᖏᓐᓂᑦ ᖁᐱᕐᕈᐊᕈᓯᕐᓄᑦ
ᓴᐴᓗᑕᐅᖕᖏᓚᖅ.

ᓕᕇᒃᑯᑎᒧᑦ ᑲᐳᕐᑕ ᐅᓂᖅ

ᖃᓂᒪᓐᓇᒃ ᒪᓗᓐᓇᐅᑎᖏᑦ ᖃᓄᐃᑦᑑᓂᖏᓪᓗ ᐱᔭᕆᐊᑦᑐᕈᑎᐅᑐᐃᓐᓇᕆᐊᓖᑦ
ᓄᕙᓐᓂᖅ • ᐆᓇᕿᓂᖅ
• ᖁᐃᕐᑐᓂᖅ
• ᑕᖃᒪᓂᖅ
• ᓂᐊᕿᕆᓂᖅ
• ᓄᑭᓕᕆᓂᖅ

• ᒥᕆᐊᖕᖑᓂᖅ, ᒥᕆᐊᕐᓂᖅ, ᐃᑎᑦᑕᓂᖅ (ᐱᐊᕋᕐᓂᓗᐊᖕᖑᐊᖅ)
• ᐋᓐᓂᐊᓂᕐᒥᒃ ᐃᑉᐱᓂᐊᕐᓂᖅ

• ᓯᐅᓯᕆᓂᖅ
• ᓱᕐᓗᓕᕆᓂᖅ

• ᐳᕙᐅᑉ ᐊᕐᖁᑎᐊᐱᖏᑎᒍᑦ ᐋᓐᓂᐊᓂᖅ
• ᐳᕙᒃᑯᑦ ᐃᒻᒪᓯᒪᓂᖅ
• ᑐᖁᓂᖅ

ᑲᐳᕐᑕᐅᒍᑎᒃ

ᑲᐳᕐᑕᐅᓂᖅ ᓴᐴᓗᑕᑦᓯᐊᖑᓂᕐᐸᐅᕗᖅ ᓄᕙᓐᓂᒥᒃ ᐱᔭᕆᐊᑦᑐᕈᑎᖏᓐᓄᓗ. ᑖᓐᓇ ᑲᐳᕐᑕᐅᒍᑎᐅᒍᓐᓇᑐᖅ ᐃᓄᓐᓄᑦ ᐅᑭᐅᓕᓐᓄᑦ 2ᓂᑦ 59ᓄᑦ. ᑲᐳᕐᑕᐅᖁᔭᐅᕗᑦ ᐃᓄᐃᑦ ᐊᑦᑕᓇᕐᑐᒦᒍᑎᖃᑐᐃᓐᓇᕆᐊᓖᑦ ᓄᕙᓐᓂᒧᑦ ᐋᓐᓂᐊᕕᒻᒦᓚᕿᔪᓄᑦ ᐱᓗᐊᕐᒥᒃ ᐊᑌᓐᓇᑐᒥᒃ ᐋᓐᓂᐊᒍᑎᓕᓐᓄᑦ. ᓄᕙᓕᕇᒃᑯᑎᒧᑦ ᑲᐳᕐᑕᐅᖁᔭᐅᒻᒥᔪᐃᑦ ᐃᓄᐃᑦ ᖃᓂᒪᓕᕐᑎᓯᑐᐃᓐᓇᕆᐊᓖᑦ, ᑕᒪᑦᓱᒪᐅᑉ ᐃᓚᖏᑦ ᐃᓪᓗᒥᐅᖃᑎᖏᑦ ᑲᒪᔨᒋᓲᖏᓪᓗ. ᑲᐳᕐᑕᐅᒍᑎᐅᒋᐊᓕᒃ ᐊᕐᕌᒍᑕᒫᑦ, ᐅᑭᐊᒥ. ᐱᐊᕃᑦ ᐅᑭᐅᖃᕋᑕᖕᖏᑐᐃᑦ 9-ᓂᑦ ᑲᐳᕐᑕᐅᓚᐅᕐᓯᒪᕋᑕᖕᖏᑐᐃᑦ ᓄᕙᓕᕇᒃᑯᑎᒧᑦ ᒪᕐᕈᕕᓪᓗᑎᒃ ᑲᐳᕐᑕᐅᔪᑦᓴᐅᕗᑦ. ᐊᑕᐅᓯᕐᒥᒃ ᑕᕐᕿᒥᒃ ᐊᑯᓐᓂᖃᕐᓗᓂ.

ᖁᐱᕐᕈᐊᕈᓯᖅ ᑲᐳᕐᑕᐅᒍᑎᒦᑦᑐᖅ ᑲᒃᑭᒦᒍᓐᓇᒪᑦ, ᐊᑦᑐᐃᑌᓕᓗᓯ ᐃᓄᓐᓂᑦ ᑎᒥᒥᒍᑦ ᓴᐴᓗᑕᖏᑦ ᓴᖕᖐᑐᒻᒪᕆᓂᑦ ᐊᓯᒥᓂᑦ ᖃᓂᑕᖃᕐᑌᓕᒋᐊᓕᓐᓂᑦ, 2-ᓂᑦ ᐱᓇᓱᐊᕈᓯᕐᓂᑦ ᑲᐳᕐᑕᐅᓚᐅᕐᑐᕕᓂᐅᓗᑎᑦ.

ᖃᓄᐃᒍᑎᐅᒍᓐᓇᑐᐃᑦ ᑲᐳᕐᑕᐅᕇᒍᑎᑦ

ᐃᓚᖏᑦ ᖃᓄᐃᒍᑎᐅᒍᓐᓇᑐᐃᑦ ᓄᐃᓚᕿᒍᓐᓇᑐᐃᑦ ᑲᐳᕐᑕᐅᓂᕐᒧᑦ. ᐱᓀᓗᑌᑦ ᓄᐃᑐᐃᓐᓇᓛᕆᖑᓐᓇᕆᕗᑦ ᑲᐳᕐᑕᐅᓂᕐᒧᓕᖓᒐᑎᑦ

(ᐆᑦᑑᑎᒋᓗᒋᑦ ᓄᕙᓕᕐᓂᖅ, ᐃᑎᑦᑕᓂᖅ, ᓂᐊᕐᕿᕆᓂᖅ).

ᐳᕙᒃᑯᑦ ᐋᓐᓂᐊᑌᓕᒍᑎᒧᑦ ᑲᐳᕐᑕᐅᒍᑎᒃ ᐊᑦᑕᓀᑦᑑᕗᖅ. ᐊᒥᓲᓂᕐᓴᑎᒍᑦ, ᓱᕐᕌᑕᐅᒍᑎᖃᓲᖑᖕᖏᓚᑦ.

ᖃᓄᓪᓗᐊᑎᒋᕐᓂᑕᒫᑦ ᑲᐳᕐᑕᐅᓂᕐᒧᑦ ᓄᐃᓚᕿᔭᐅᑐᐃᓐᓇᕆᐊᓖᑦ ᖃᓄᐃᓗᕆᐊᓕᒃ

ᓱᕐᕃᕙᓪᓗᓃᑦ (ᐃᑭᓐᓂᓭᑦ 10%-ᓂᑦ ᐃᓄᓐᓂᑦ) • ᑲᒃᑭᓕᓂᖅ (ᑲᒃᑭᓕᔪᖅ) ᓱᕐᓗᑯᓗᓐᓃᑦ ᓯᒥᑦᓯᒪᔪᖅ

• ᓂᐊᕿᕆᓂᖅ, ᑕᖃᒪᓂᖅ ᒣᓪᓕᐅᓂᕐᓘᓃᑦ

• ᐋᓐᓂᐊᓯᐅᑎᑐᕐᓗᓂ ᐆᓇᕿᑉᐸᑦ
ᒣᓪᓕᐅᐊᓗᓐᓃᑦ ᒋᐊᖃᕈᓂ.

• ᐋᓐᓂᐊᓯᐅᑎᑐᕐᑎᑕᐅᒐᓂᒃ Aspirin-
ᒥᒃ (acetylsalicylic acid) ᐃᓄᐃᑦ
ᐅᑭᐅᖃᕋᑕᖕᖏᑐᐃᑦ 18-ᓂᑦ ᐱᓇᓱᐊᕈᓯᕐᓂᑦ
ᓯᑕᒪᓂᑦ ᑲᐳᕐᑕᐅᓚᐅᕐᑐᕕᓂᐅᓗᑎᑦ.
• ᑕᑯᓕᐊᕐᓗᑎᑦ ᐋᓐᓂᐊᓯᐅᕐᑎᒪᕆᒻᒥᒃ
ᖃᓄᐃᒍᑎᖏᑦ ᐱᒻᒪᕆᑉᐸᑕ.

ᐃᓛᓐᓂᓴᕋᑕᖅ

(ᐃᑭᓐᓂᓴᖅ 1-ᒥᒃ ᐃᓄᒻᒥᒃ 1,000 ᐃᓄᓐᓂᑦ) • ᑎᒥᒥᒍᑦ ᓱᕐᕋᑕᐅᓂᖅ

ᓄᓇᓕᐅᑉ ᐋᓐᓂᕕᖓᓃᖁᔨᕗᒍᑦ 15ᓂᑦ ᑕᕐᓵᐱᓂᑦ ᑲᐳᕐᑕᐅᓚᐅᕐᓗᑎᑦ ᑎᒥᑉᐱᑦ ᐱᔭᑦᓴᔭᕆᖕᖏᐸᐅᒃ ᓱᕐᕋᑕᐅᑦᓴᕈᐊᕋᕕᑦ.
ᑎᒥᑉᐱᑦ ᐱᔭᑦᓴᔭᕆᖕᖏᓂᑯᖓᓄᑦ ᖃᓄᐃᒍᑎᖃᕈᕕᑦ, ᖃᓄᐃᒍᑎᐅᔪᐃᑦ ᓄᐃᓂᐊᕐᒪᑕ ᑕᕐᓵᐱᓐᓂᑦ ᐊᒥᓲᓪᓗᐊᖏᑦᑐᓂᑦ ᐊᓂᒍᕐᐸᑦ ᑲᐳᕐᑕᕕᓂᐅᓕᕐᓗᑎᑦ. ᐃᓄᒃ ᑲᐳᕐᓂᔪᕕᓂᖅ ᐃᓕᓐᓂᒃ ᐋᓐᓂᐊᓯᐅᕆᑦᓴᐅᑎᒋᒍᓐᓇᓂᐊᕐᖁᖅ ᖃᓄᐃᒍᑎᖃᕈᕕᑦ.

ᐊᐱᕐᓲᑎᑦᓴᖃᕈᑦᓯ, ᐅᖄᕕᖃᕆᑦᓯ ᐃᓄᒻᒥᒃ ᑲᐳᕐᓂᔪᒥᒃ ᐃᓕᑦᓯᓂᑦ, ᐅᕝᕙᓗᓐᓃᑦ ᖃᐅᔨᒋᐊᕐᕕᒧᑦ
ᐃᓗᓯᕐᒧᓕᖓᔪᓂᑦ 8-1-1 ᐋᓐᓂᐊᓯᐅᕐᑎᒪᕆᓐᓄᓗᓐᓃᑦ.

ᒥᑭᔪᐊᐱᐅᕗᖅ ᓱᕐᕋᑕᐅᒍᐅᒍᓐᓇᑐᖅ ᑭᔪᒻ-ᐹᕆ ᖃᓄᐃᒍᑎᐅᓂᖓᓂᒃ (GBS) ᓄᕙᓕᕇᒃᑯᑎᒧᑦ ᑲᐳᕐᑕᐅᕇᒍᓂ. ᐊᑦᑕᓇᕐᓂᖓ ᐃᒻᒪᖄ ᐊᑕᐅᓯᖅ ᒥᓕᐊᓐᓂ ᐃᓄᓐᓂᑦ ᑲᐳᕐᑕᕕᓂᕐᓂᑦ. ᑖᓐᓇ ᖃᓄᐃᒍᑎᐅᔪᖅ ᐱᕙᓪᓕᐊᒐᐅᑕᕐᑐᒥᒃ, ᑎᒥᒥᓕᒫᒥᒍᑦ ᓄᑮᓚᐅᕐᑐᓂᖅ, ᐃᓚᖏᓐᓂᑦ ᑖᕗᖓᓕᒫᕐᑐᓂᑦ ᓱᕐᕋᑕᐅᒪᒍᑎᐅᒍᓐᓇᑐᐃᑦ. GBS ᐱᑦᔪᑎᖓ ᖃᓄᐃᒍᑎᖏᑦ ᖃᐅᔨᒪᔭᐅᖕᖏᑐᑦ. ᐊᒥᓲᓂᕐᓭᑦ ᖃᓄᐃᒍᑎᐅᔪᐃᑦ ᐃᓇᓗᐊᒃᑯᑦ ᐊᓂᕐᑎᕆᒍᑎᓂᓗ ᖃᓄᐃᒍᑎᖃᓲᖑᕗᑦ, ᐃᓚᐅᑎᓪᓗᒍ ᓄᕙᓐᓂᖅ, ᐱᓗᐊᕐᑐᒥᒃ ᐃᓄᒻᒪᕆᕈᕐᖃᒥᓂᑦ ᐊᒻᒪᓗ ᐃᓄᑐᖃᕐᓂᑦ.