

- First Nations and Inuit Hope for Wellness Help Line:
1-855-242-3310 (English / French)
- Kids Help Phone: 1-800-668-6868 www.jeunessejecoute.ca (English / French)

For direct assistance or for a loved one, it is possible to contact the CLSC directly at 819-XXX-9090.

The Nunavik Regional Board of Health and Social Services is a public agency created in 1978 under the James Bay and Northern Quebec Agreement. It is responsible for nearly the entire Quebec territory located north of the 55th parallel in terms of the provision of health and social services for the inhabitants of the 14 communities.

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Source: Nunavik Regional Board of Health and Social Services

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