SCREENING INSTRUCTIONS FOR HEALTH CARE AND SOCIAL WORKERS IN NUNAVIK

September 13, 2021

1. In light of the lack of evidence or suspicion of community transmission, repeated COVID-19 screening tests of asymptomatic healthcare workers will no longer be required, regardless of their immunization status, except during the period surrounding their travel to and arrival in Nunavik (as indicated herewith) or should public health authorities determine otherwise due to special circumstances.
2. Sections 3 to 6 of this document only apply to healthcare workers in contact with patients who are considered critical and are working during their quarantine period[1] (Please refer to your immediate supervisor / director to know your classification).
3. Workers must strictly adhere to their quarantine until they receive a first negative test result (test conducted after their arrival in Nunavik). The admissible tests in this regard are NAAT tests, either the PCR-lab test or the ID Now test. A worker can resume his duties as soon as a negative test result is received, but if this first test is ID Now, a PCR-lab will still need to be performed. Only PCR-lab tests are done in Kuujjuaq and Puvirnituq.
4. Critical workers who perform their duties at the work site must be tested every 2 days (at a minimum) during their quarantine period; they must also adhere to all ICP measures (wear an appropriate mask, practice physical distancing, perform hand hygiene, etc.). The admissible tests in this regard are NAAT tests, i.e., the PCR-lab test or ID Now test.
5. As is the case for all travellers, critical workers must be tested on day 5[2] after their arrival in the territory, regardless of their quarantine period. PCR-lab tests are the only ones accepted in these specific cases.
6. Workers who submit proof of a partial vaccination[3] do not need to undergo testing every 2 days (section 4) after having received a negative PCR-lab test result following at least 5 days of quarantine. (This could consist of the test upon arrival, the test on day 5 or any PCR-lab test carried out after 5 days of quarantine).

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1. People infected by the COVID-19 virus during the 90-day period preceding their departure for Nunavik do not need to undergo the screening tests described in this document. They will not need to be screened during the three-month period following their contracting COVID-19, but they must comply with the required quarantine measures. The prior infection must be confirmed by NAAT.
2. The test required on day 5 can be performed at any time between day 5 and day 7, at the discretion of the local screening teams.
3. Partial vaccination: Vaccination with a single dose of the Moderna, Pfizer or Astra-Zeneca vaccine, given at least 21days ago to a person who has not received a positive result following a COVID-19 test.

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NUNAVIK REGIONAL BOARD OF HEALTH AND SOCIAL SERVICES

7. Workers who submit proof of full vaccination[4] will be exempt from tests every 2 days (section 4). As of May 31, 2021, the test on arrival in Nunavik (D0) is no longer required for these workers. They will, however, need to be tested on day 5 after their arrival in the territory.

SUMMARY OF SCREENING INSTRUCTIONS

Status	***« Nunavik Entry Management Program » screening***	**Additional screening during quarantine period**
No vaccination	Pre-departure, then day 5[2]	Day 0, then every 2 days
Partial vaccination[3]		Day 0, then every 2 days until receiving a negative PCR-lab test result following ≥ day 5[2]
Full vaccination[4]		None

HIERARCHY OF CONTROLS FOR COVID-19 PREVENTION

The screening instructions may in no instance replace the hierarchy of controls for COVID-19 prevention:

1. A 7-day quarantine prior to work is always preferable to the total lack of a quarantine.
2. Work activities should be reorganized whenever possible:
   - 2.1. Favour remote work.
   - 2.2. Assign tasks that limit contacts with patients (e.g., telephone follow-up, etc.).
   - 2.3. Arrange workspaces to allow a physical distance of 2 metres between coworkers at all times (mark off the space) or set up dividers; have workers avoid common areas and provide them with individual telephones and other devices.
   - 2.4. Avoid assigning workers to different work sites or workstations (or transferring them) when they are under quarantine.
3. Personnel should wear and ensure all others wear the required PPE:
   - 3.1. In cold zones, all workers who are still in their quarantine or who have completed their quarantine must wear a certified medical mask (ASTM F2100 or EN 14683, type IIR) at all times, including when they are in the administrative offices, when carpooling and when conducting home visits; patients seen in their homes should also wear this type of mask whenever possible.
4. Strict hand hygiene procedures must be observed at all times.
5. Self-evaluation of symptoms is critical, as is the immediate exclusion from the workplace of any person presenting with one or more of the symptoms associated with COVID-19.

4. Full vaccination: Vaccination with 2 doses of the Moderna, Pfizer or Astra-Zeneca vaccine, given at least 14 daysago; or, vaccination with one dose of the Johnson & Johnson (Janssen) vaccine, given at least 14 days ago; or, COVID-19 infection (confirmed by NAAT) and vaccination with one dose of any vaccine, given at least 14days ago.