



Title	Procedure – Commitment contract for mandatory treatment of tuberculosis
Code TB Toolbox	TB-ACT_Procedure-CONTRAT-ENGAGEMENT_EN
Date	2023-10-01

PROCEDURE

KEY POINT

Tuberculosis is the only disease requiring mandatory treatment (MATO) according to the Public Health Act. Care teams must exercise great vigilance in order to accompany the person suffering from tuberculosis throughout their therapeutic follow-up.

GOAL

To inform the patient undergoing anti-tuberculosis treatment of the legal obligations regarding their treatment as well as the various conditions of the therapeutic follow-up resulting from it.

OBJECTIVE

The patient undergoing anti-tuberculosis treatment agrees to follow the different steps of their treatment and to adhere with the different conditions resulting from their treatment by signing the document.

RESPONSIBILITIES OF THE CARE TEAM (nurse, doctor, community officer)

- Before signing the form, inform the person with tuberculosis (or the parent or legal guardian, if the person is a minor) about the severity of the disease, the risks of contagion for relatives, the effectiveness of the treatment, and the importance and benefits of a full treatment. This will increase the person's compliance with the requirements of the treatment. Use various means such as frequent visits, repeated instructions, validation of the information with an interpreter, an information pamphlet, etc. Refer to the patient teaching tool if needed: [Talking tuberculosis – An educational resource – By Health Canada](#).
- When signing the form, read the document to the person with tuberculosis (or to the minor's parent or legal guardian) with the help of an interpreter if necessary and make sure that the elements contained in the document are understood.
- If necessary, identify and list risk factors for a potential lack of commitment to therapeutic follow-up. E.g.: no participation during the meeting, closed-mindedness about participation, signs of aggressivity or passivity, refusal to sign the document, etc.
- Suggest strategies to promote attendance/compliance. E.g.: getting support from loved ones or a significant other, identifying potential barriers to compliance, adjusting schedules around daily activities, etc.
- Notify the Nunavik Public Health Department of repeated issues that persist despite interventions and that could compromise the therapeutic regimen.