

COVID-19

GUIDELINES CONCERNING GATHERINGS

The provincial government has recently ordered:

- The closure of various public spaces (e.g., bars, gyms and churches);
- A ban on all nonessential gatherings, including religious ones such as Sunday mass, funerals, weddings and baptisms.

What does this mean for Nunavik?

In addition to school and day-care closures, the following spaces must be closed:

- Churches;
- Bars;
- Restaurant dining rooms;
- Swimming pools;
- Movie theaters;
- Gyms;
- Arenas;
- Libraries;
- Youth houses;
- Day centres;
- Sewing centres;
- Gathering and gambling houses;
- Any other installation with a similar purpose.

Facilities that do not respect this closure order will be subject to fines.



Grocery stores will remain open. Please go shopping only when necessary and keep a distance of 2 meters between people at all times.

For the duration of these exceptional circumstances, we also strongly recommend **ALL gatherings**, no matter how many people attend, be **cancelled** or **postponed**. This includes:

- Religious gatherings such as weddings, funerals or Sunday mass (allituni tutsiatu);
- Community activities (e.g., fishing derbies, seasonal gatherings, etc.);
- Family gatherings and house parties.

- Here is a list of people who should avoid ALL gatherings at ALL costs, including family gatherings:
 - People who have cold-like or flu-like symptoms (fever, cough, shortness of breath or sore throat) should stay at home and call their CLSC to talk to a health professional, who will evaluate if they need a test.
 - Elderly people, people who are immunosuppressed (e.g., people being treated for cancer or who have received an organ transplant) and people with chronic diseases (e.g., diabetes, heart disease, lung disease), because they are at greater risk of facing severe complications if infected.
 - These people should stay home as much as possible, except for essential reasons such as going to an important medical appointment. Double check if the appointment hasn't been cancelled yet.
 - Young children, since they are at greater risk of spreading disease.
 - Health-care workers and other essential workers.

Please be aware that EVERYONE, including healthy adults under 60 years of age, is at risk of catching and transmitting COVID-19. This is why we recommend ALL gatherings be stopped. We must all do our part to protect the members of our communities who are most vulnerable.

For exceptional family gatherings, here are preventive measures that **MUST** be applied:

- Keep the gathering VERY small;
- Ensure the availability of soap, water and antiseptic handwash;
- Keep a distance of 2 meters between people at all times;

