



Category of worker	Recommendations for all workers
1) COVID-19 case (with positive test)	<p>Return to work after home isolation for 14 days after onset of symptoms AND:</p> <ul style="list-style-type: none"> • absence of fever for 48 hours; • absence of acute symptoms for 24 hours; • PCR negative for two respiratory specimens (<u>valid for health workers</u>; check with the Department of Public Health that these recommendations are still in effect before performing the test). <p>If possible on return, assign worker to provision of care for COVID-19 cases.</p>
2) Home or intimate contact of a confirmed case	<p>Asymptomatic: home isolation up to 14 days after exposure.</p> <p>Becomes symptomatic: COVID-19 test:</p> <ul style="list-style-type: none"> -> contact Info-health Nunavik at 1 888 662-7482; -> positive = apply recommendations for cases; -> negative = maintain home isolation in the South up to 14 days after exposure.
3) Travellers from outside Canada	<p>Asymptomatic: home isolation in the South up to 14 days after return (obligatory).</p> <p>Becomes symptomatic: COVID-19 test:</p> <ul style="list-style-type: none"> -> contact Info-health Nunavik at 1 888 662-7482; -> positive = apply recommendations for cases; -> negative = maintain home isolation in the South up to 14 days after return.



4) Workers from the South of Nunavik		Becomes symptomatic: COVID-19 test: -> contact Info-health Nunavik at 1 888 662 7482 ; -> positive = apply recommendations for cases; -> negative = return to a level of isolation permitting provision of essential services, depending on the person's state and after evaluation by the health bureau, to complete the 14 days of precautions.
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** Essential workers are invited to remain isolated outside their working hours if possible. Avoid carpooling. Thank you for supporting your colleagues in isolation by running errands for them, for example.

