ᓱᒃᑯᐊᕿᔪᖃᓚᐅᖕᖏᓂᖓᓂ ᓯᕗᓕᐅᕐᓯᒪᒍᑎᑦᓴᑦ ᓄᓇᓕᒻᒥ ᑎᒥᐅᔪᐃᑦ ᑲᔪᓯᒋᐊᕈᑎᑦᓴᖏᓐᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ ᑲᔪᓯᒋᐊᒃᑲᓂᕈᑎᑦᓴᖏᓐᓂᒃ ᐱᓇᓱᐊᕐᓂᓇᓲᒥᓂᒃ

ᓲᓱᒋᔭᐅᒋᐊᖃᑦᓚᓇᑦᑐᑦ ᖃᓂᒪᔪᖃᓱᓐᓂᐸᑦ ᓇᔪᕐᑕᐅᖃᔪᑦᑎᓯᒍᑎᐅᑦᓱᑎᒃ ᑐᑭᒧᐊᒍᑎᑦᓴᓕᐊᒍᓯᒪᔪᐃᑦ

ᐊᑕᐅᓯᓈᕐᑎᓱᑎᒃ ᐃᓄᐃᑦ ᓇᐅᑐᐃᓐᓂᑦ (ᐱᓇᓱᑦᑏᑦ, ᐊᑭᓕᕐᑐᑕᐅᒐᑎᒃ ᐱᓇᓱᐊᓲᑦ, ᑎᒥᐅᔪᐃᑦ ᐃᑦᓗᖕᒋᓐᓂᒃ ᐊᑐᓲᑦ) ᐊᓯᒥᓄᑦ ᓇᔪᕐᑕᐅᒋᐊᖃᕈᓐᓂᓯᑎᒃ ᐃᓄᑑᒋᐊᖃᓕᕐᑐᐃᑦ ᓄᓇᓕᐅᑉ ᑎᒥᐅᔪᑯᑎᖕᒋᓐᓄᑦ ᐁᓯᒪᒋᐊᖃᖕᖏᒪᓇᕐᑐᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓂᕐᕋᒥᓂᕐᑎᓗᒋᑦ ᐱᒍᕐᔭᐅᖃᑦᑕᕈᒪᒋᐊᖃᕋᑎᒃ ᐊᒥᓯᓄᑦ ᐊᓂᕐᕋᒥᓂᕐᑎᓗᒋᑦ. ᐃᓱᒫᓗᑕᐅᒻᒪᑕ ᐅᑯᐊ:

- ᓱᕐᕐᑯᐃᑕᐅᓯᒪᑦᓱᑎᒃ ᖃᓂᒪᔪᐃᑦ COVID-19-ᒧᑦ;
- ᖃᓂᑦᑕᓕᕕᓃᑦ ᖃᓂᒪᔪᒥᒃ COVID-19-ᒧᑦ;
- ᖃᓂᒪᓇᕐᑐᒧᑦ COVID-19-ᒧᑦ ᖃᓂᒪᒻᒪᖕᒫᑕ ᖃᐅᔨᓴᕐᑕᐅᒍᑎᒥᓂᒃ ᐅᑕᕐᕐᕿᔪᐃᑦ;
- ᖃᓄᐃᒍᑎᖃᕈᓇᐅᔪᐃᑦ ᖃᓂᒪᓇᕐᑐᒧᑦ COVID-19-ᒍᔭᕐᑐᒥᒃ (ᐅᑦᑑᑎᒋᓗᒍ, ᖁᐃᑐᖃᑦᑕᑐᐊᕈᑎᒃ, ᖃᓂᒻᒪᐸᓪᓕᐊᔫᔭᓕᑐᐊᕈᑎᒃ ᐅᕝᕙᓘᓐᓃᑦ ᖁᐃᑐᑐᐃᓐᓇᖃᑦᑕᑐᐊᕈᑎᒃ, ᐊᓂᕐᑎᓇᕐᓯᐊᖃᔭᖕᖏᑐᐊᕈᑎᒃ, ᓄᒪᒍᓐᓇᖕᒋᑲᓪᓚᑐᐊᕈᑎᒃ ᓱᕐᓗᖕᒋᒃ ᕿᖕᒐᒥᒍᑦ ᐊᓂᕐᑎᓇᒍᓐᓇᓯᐊᕐᓱᑎᒃ).

ᐅᑯᐊ ᐱᖕᒐᓱᐃᑦ; ᖃᓂᒪᒋᐊᖕᒋᑦ ᓱᕐᕐᑯᐃᑕᐅᓯᒪᔪᐃᑦ, ᖃᓂᒪᔪᒥᓪᓗ ᖃᓂᑦᑕᓕᕕᓃᑦ ᐊᒻᒪᓗ ᖃᐅᔨᓴᕐᑕᐅᒍᑎᒥᓂᒃ ᐅᑕᕐᕐᕿᔪᐃᑦ, ᐃᓅᑑᕐᑯᔭᐅᓗᑎᒃ ᓇᔪᕐᑕᐅᖃᔭᖕᖏᑑᑎᑕᐅᓗᑎᒃ ᐅᖃᐅᑎᔭᐅᓯᒪᒐᔭᕐᑐᑦ ᓇᐅᓕᒫᓂᒃ ᐃᓗᓯᓕᓇᔨᓄᑦ ᐊᒻᒪᓗ ᐊᓂᕐᕋᒥᓃᑐᐃᓐᓇᕐᑯᔭᐅᓗᑎᒃ ᐊᓂᑦᒐᓕᕐᑯᔭᐅᓯᒪᒐᔭᕐᓱᑎᒃ. ᑭᓯᐊᓂ, ᖃᓄᐃᒍᑎᖃᕈᓇᐅᔪᐃᑦ ᖃᓂᒪᓇᕐᑐᒥᒃ COVID-19-ᒍᔭᕐᑐᒥᒃ ᓇᐅᓕᒫᓂᒃ ᐃᓗᓯᓕᓇᔨᓄᑦ ᐅᖃᓚᕕᐅᓯᒪᖕᖏᑐᐃᓐᓇᓇᐊᖃᕐᒥᔪᑦ. ᑎᒥᐅᔫᑉ ᐃᓪᓗᕐᑯᑎᖓᓂᑦᑐᐃᑦ ᑲᒪᒋᔭᐅᒍᓐᓇᐅᑎᓂᒃ ᑲᒪᒋᔭᐅᒍᑎᖃᓯᓚᐅᕋᑎᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐱᒍᕐᔭᐅᒍᓐᓇᐅᑎᓂᒃ ᐊᓂᕐᕋᓯᒪᑎᓪᓗᒋᑦ, ᐃᐸᐱᒋᔭᐅᕐᓯᐊᓇᐊᓖᑦ ᐃᓄᑑᕐᑯᔭᐅᓯᒪᒻᒪᖕᒫᑕ ᖃᓄᐃᒍᑎᖃᕈᓇᐅᖕᖏᑐᐊᕐᐸᑕᓗ ᖃᓂᒪᓇᕐᑐᒥᒃ COVID-19-ᒍᔭᕐᑐᒥᒃ ᑭᓯᐊᓂ ᐱᒍᕐᔭᐅᒍᓐᓇᑐᑦ ᑎᒥᐅᔪᒥ ᑲᒪᔨᐅᑎᑕᐅᔪᓄᑦ.

ᓄᓇᓕᒻᒥ ᑎᒥᐅᔪᐃᑦ ᐃᓪᓗᖁᑎᖕᒋᓐᓂᑐᐃᑦ (ᐁᐸᓇᓐᓂᑯᑦ ᐱᔭᕐᓱᑕᐅᕙᓐᓂᒥᓄᑦ ᕿᒫᒪᔪᐃᑦ, ᐊᓂᕐᕋᖃᖕᖏᑐᐃᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓯᐊᒍᑦ ᐱᑦᔪᑎᖃᓯᑎᒃ ᐃᓪᓗᖁᑎᒋᔭᐅᔪᓃᖃᑦᑕᑐᐃᑦ ᑎᒥᐅᔫᑉ ᐃᓪᓗᖁᑎᖓᓂ) ᐃᓄᑑᕐᑯᔭᐅᑦᓱᑎᒃ ᐅᖃᐅᑎᔭᐅᓯᒪᔪᐃᑦ ᐃᓄᑑᕐᑯᔭᐅᑐᐃᓐᓇᓇᐊᓕᓪᓘᓃᑦ, ᑲᒪᒋᔭᐅᑦᓯᐊᕋᓱᐊᓪᓗᑯᐊᐱᒋᐊᓖᑦ. ᑎᒥᐅᔪᐃᑦ ᐃᓪᓗᖁᑎᖕᒋᓐᓂᒃ ᐊᑐᓲᑦ ᐅᕝᕙᓘᓐᓃᑦ ᖃᓂᑦᑕᓇᔭᖕᒋᓐᓂᒃ (2 ᒥᑖᓐᓄᑦ ᐅᖓᓯᓐᓂᖃᕐᑐᓂᒃ), ᐃᓕᓐᓂᐊᑎᑕᐅᓯᒪᔪᓄᑦ ᑭᓯᐊᓂ ᑲᒪᒋᔭᐅᒋᐊᓖᑦ ᖃᓂᑦᑑᓗᐊᕐᓂᖕᒋᑦ ᐱᑦᔪᑎᒋᑦᓱᒋᑦ, ᐱᓗᐊᕐᑐᒥᒃ, ᓇᒻᒥᓂᖅ ᓴᐅᓗᑕᐅᑦᓱᑎᒃ ᐱᐅᒃᑯᑏᑦ ᐊᑐᕐᑕᐅᒋᐊᖃᕐᒪᑕ ᑎᒥᐅᔪᐃᑦ ᐃᓪᓗᖁᑎᖕᒋᓐᓂᒃ ᐊᑐᓲᓄᑦ ᐊᒻᒪᓗ ᐱᒍᕐᔨᒍᑎᓂᒃ ᐱᒍᕐᔨᔪᖅ ᐊᒻᒪᓗ

ᓄᓇᕗᒻᒥ ᐃᓗᓯᓕᓇᓂᕐᒧᑦ ᑲᑎᒪᔨᑦ
RÉGIE RÉGIONALE DE LA SANTÉ ET DES SERVICES SOCIAUX DU NUNAVIK
NUNAVIK REGIONAL BOARD OF HEALTH AND SOCIAL SERVICES

ᐃᑉᐱᒋᔭᐅᕐᓯᐊᒪᕆᓖᑦ ᑲᒪᒋᐊᖃᕐᓂᑯᖏᓐᓄᑦ. ᓇᐅᑐᐃᓐᓇᖅ ᑎᒥᐅᔪᖅ ᐃᓪᓗᕐᑯᑎᖓᓂᑦᑐᖅ ᖃᓄᐃᒍᑎᖃᕈᓇᐅᓕᕐᐸᑦ ᖃᓂᒪᓇᕐᑐᒥᒃ COVID-19-ᒍᔭᕐᑐᒥᒃ, ᐃᓅᑎᑕᐅᓯᕐᓴᐅᑎᒋᒋᐊᓕᒃ ᐊᓯᖓᓄᑦ ᓇᔪᕐᑕᐅᖃᔪᕐᑎᓗᒍ, ᐊᑐᕐᑕᐅᕐᑯᔭᐅᔪᐃᓪᓗ ᐊᑐᕐᓯᐊᓗᒋᑦ,[1] ᖃᓂᕐᒥᒃ ᕿᖓᕐᒥᓗ ᒪᑐᓯᒪᐅᑎᒥᒃ ᑮᓇᐅᑉᐸᓯᖃᕐᑯᔭᐅᒋᐊᓖᑦ ᐊᒻᒪᓗ ᐅᕝᑲᓚᕕᐅᒋᐊᖃᕐᓯᓂ ᐅᓇ: 1-877-644-4545.

ᐱᓇᓱᑦᑎᓕᒫᑦ, ᐊᑭᓕᕐᑐᑕᐅᒐᑎᓪᓗ ᐱᓇᓱᑦᑐᐃᑦ ᐊᒻᒪᓗ ᑎᒥᐅᔫᑉ ᐃᓪᓗᔪᐊᖃᓃᑦᑐᐃᑦ ᓱᒃᑯᑐᖃᖅᖏᓂᖅᒐᓂ ᓯᕗᓕᐅᕐᓯᓯᒪᒐᓱᐊᕈᑎᓂᒃ ᐊᑑᑎᔭᐅᒋᐊᓖᑦ

- ᐃᓅᖃᑎᒌᑦ ᐅᒪᖅᒐᓕᒫᖅ 2 ᒥᑖᒃ ᒥᑦᓯᑎᓅᖅᖏᑐᖅ ᐅᖅᒐᓯᑕᕆᒐᓱᐊᖃᑕᕆᐊᓖᑦ ᐊᒻᒪᓗ ᓇᓂᓕᒫᖅ. ᖃᓂᕐᒥᒃ ᕿᒃᖃᕐᒥᓗ ᒪᑦᑐᓯᔭᕈᑏᑦ ᑮᓇᐸᐅᑦ ᐊᑐᕐᑕᐅᒋᐊᖃᕐᓯᑎᒃ, ᖃᓄᐃᖅᖏᑑᒐᓗᐊᖅ ᖃᓂᑦᑕᓈᒋᒃᑯᑎᓄᑦ ᖃᓂᑦᑕᕆᓪᓗᑐᖅᖏᑐᐊᕈᑎᒃ ᑕᑯᓇᐅᑦᖃᑎᒌᑦᓯᐊᓇᕐᑐᓂ ᐱᓇᓱᕝᕕᐅᔪᓂ.

- ᐊᒡᒐᓱᓐᓂᒃ ᐃᕐᕈᑐᓗᑭᖃᑦᑕᓗᓯ ᐅᕝᕙᐅᑎᒧᑦ ᐃᒪᕐᒧᓗ ᓂᕈᒥᑦᑐᒧᑦ (ᓱᕐᑭᓂᕐᑯᑎᐅᑉ/ᓱᕐᑭᖅᖑᔭᐅᑉ ᑎᑦᓕᑖᕐᓂᖅᒐᓂ 20 seconds-ᒥ) ᐅᕝᕙᓘᓐᓃᑦ ᕐᑯᐱᕐᕈᐃᔭᕈᑎᓂᒃ alchohol-based-ᒍᓂᕋᕐᑕᐅᔪᓂᒃ (60% ᐅᖅᒐᑖᓄᖅᖏᑐᖅ ᓲᖑᓂᓕᓐᓂᒃ) ᐊᒡᒐᓂᐊᕈᑎᓂᒃ ᐅᑦᑑᑎᒋᓗᒋᑦ Purell-ᓂᒃ.

- ᑭᓇᓱᓐᓂᒃ ᐊᑦᑐᐃᐅᓕᖃᑦᑕᓗᓯ ᐊᒡᒐᓱᓐᓄᑦ.

- ᖁᐃᕐᑐᖃᑦᑕᓗᓯ ᑕᒋᐅᑦᓴᖃᑦᑕᓗᓯᓘᓐᓃᑦ ᐃᑯᓯᑉᐱᑦ ᐃᕐᑭᔭᕐᓂᖅᒐᓄᑦ.

- ᑎᒥᐅᔪᐃᑦ ᐃᓪᓗᕐᑯᑎᖏᓐᓂᒃ ᐊᑐᖃᑦᑕᑐᐃᑦ ᖃᓂᕐᒥᓂᒃ ᕿᖓᕐᒥᓂᓪᓗ ᒪᑐᓯᒪᒍᑎᓂᒃ ᑭᓇᑉᐸᓂᒃ ᐊᑐᖃᑦᑕᕐᑯᔭᐅᖃᑦᑕᒋᐊᓖᑦ (ᐊᑐᐃᓐᓇᖃᑐᐊᕐᐸᑦ ᒐᒥᑦᑐᓂᒃ) ᐅᕝᕙᓘᓐᓃᑦ ᐃᒐᓛᖑᔭᐅᑦᓯᑎᒃ ᑮᓇᕐᒧᑦ ᒪᑐᓯᒪᒍᑎᓂᒃ, ᖃᓄᓪᓗᐊᑎᒋᒃ ᐃᒻᒥᓂᒃ ᓴᐳᒻᒥᒐᓱᐊᕐᓂᒥᓂᒃ ᓇᓪᓕᐊᓂᒃ ᐊᑐᕈᓐᓇᑕᒥᓂᒃ ᐊᑐᕈᒪᔭᕐᓱᓗᑎᒃ.

ᓱᒃᑯᑐᖃᖅᖏᓂᖅᒐᓂ ᓯᕗᓕᐅᕐᓯᓯᒪᒐᓱᐊᕈᑎᐅᑦᓱᑎᒃ ᐊᑐᕐᑕᐅᒍᓐᓇᑐᐃᑦ ᓄᓇᓕᒻᒥ ᑎᒥᐅᔪᓄᑦ*

- ᐊᑑᑎᔭᐅᒍᓐᓇᑐᐃᑦ ᑎᑭᑕᐅᑐᐃᓐᓇᑲᓪᓚᕐᑲᔭᖅᖏᑐᒥᐅᓄᑦ ᐊᑐᐃᓐᓇᐅᑐᐊᕐᐸᑕ (ᐅᕝᑲᓚᐅᑏᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑕᑯᓐᓇᐅᕈᓐᓇᐅᑎᑎᒍᑦ ᐅᕝᑲᓚᒍᑏᑦ), ᐊᒥᓱᓄᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓄᑐᑦᓱᑎᒃ ᐊᑕᐅᓯᐅᓈᕐᑎᑐᓄᑦ ᓇᐅᑐᐃᓐᓇᓄᑦ ᐱᓇᓱᐊᕐᓂᐅᔪᐃᑦ ᐱᑦᔪᑎᒋᓗᒋᑦ.

- ᓱᒃᑯᒐᓕᑎᑦᓯᓂᕐᒧᑦ ᓯᕗᓕᐅᕐᓯᒪᒐᓱᐊᕈᑏᑦ ᐃᓄᑑᑦᔭᐅᒋᐊᖃᖅᖏᑐᑦ, ᐅᖅᒐᓯᑕᕆᒋᐊᖃᕐᓂᖅᒋᓐᓂᒃ ᒪᓕᑦᑎᑕᐅᒍᓐᓇᓱᐊᑐᐊᕐᐸᑕ ᖃᓄᐃᖅᖏᑑᒐᓗᐊᑦ.

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[1] In the interest of simplicity, the masculine or feminine form is used in this text to denote either sex.

- ᓇᐅᑐᐃᓐᓇᖅ ᐃᓄᑑᓗᓂ ᑎᒥᐅᔫᑉ ᓇᔪᑦᑕᐅᕕᖓᓂ ᓱᒃᑯᒐᓕᑎᑦᓯᓂᕐᒧᑦ ᓯᕗᓕᐅᕐᓯᓯᒪᒐᓱᐊᕈᑎᓂᒃ ᐃᓄᑑᕐᕕᓗᓂ ᑲᒪᒋᐊᖃᕐᖏᑦᑐᖅ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓂᕐᕋᓯᒪᔪᒥᒃ ᐊᓯᒥᓄᑦ ᓇᔪᑦᑕᐅᒐᓕᑎᑕᐅᔪᒥᒃ, ᖃᓄᐃᓪᓗᐊᕋᓗᖕᒋᑐᐊᕐᐸᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᑦᑕᓇᓪᓚᓇᐊᓗᖕᒋᑐᐊᕐᐸᑦ ᐃᓄᑑᑎᑕᐅᑭᓐᓇᒋᐊᖃᕐᓂᖓ ᑭᖑᕙᓇᐊᕐᑕᐅᓯᒪᔪᒥᒃ ᐃᓄᑑᒍᓐᓂᑎᑕᐅᖕᒋᓂᓕᒫᖓᓂ ᐊᒥᓯᒧᑦ ᓇᔪᑦᑕᐅᒋᐊᖃᖕᒋᑐᖅ ᐃᓄᑐᐊᒧᑦ ᑲᒪᒋᔭᐅᒋᐊᖃᖕᒋᑐᖅ. ᐱᒻᒪᓇᑦᓱᑎᒃ ᑲᒪᒋᔭᐅᒋᐊᓖᑦ ᑲᒪᒋᔭᐅᒋᐊᓖᑦ ᓱᒃᑯᑐᐃᓐᓇᑎᑦᓯᒐᓕᓂᕐᒧᑦ ᓯᕗᓕᐅᕐᓯᓯᒪᒐᓱᐊᕈᑎᐅᑦᓱᑎᒃ ᐊᑐᐃᓐᓇᕈᑦᑕᐅᓯᒪᔪᐃᑦ ᐃᑲᔪᑦᑎᒋᔭᐅᒋᐊᓖᑦ ᐅᕝᕙᓘᓐᓃᑦ ᖃᓂᒪᓇᕐᑐᒧᑦ COVID-19-ᒧᑦ ᖃᓂᒪᔪᐃᑦ ᐱᒋᐅᖕᓴᑎᑕᐅᓯᒪᔪᒧᑦ ᑭᓯᐊᓂ ᑲᒪᒋᔭᐅᒋᐊᓖᑦ ᑎᒥᐅᔪᐃᑦ ᐃᓪᓗᖕᒋᓐᓃᑐᓂᒃ.

- ᐃᓄᑑᓈᕐᑎᓱᑎᒃ ᐊᑕᐅᓯᐅᓈᕐᑎᑐᐃᑦ ᐱᓇᓱᐊᕐᑕᐅᒍᑎᖕᒋᑦ ᑲᒪᒋᔭᐅᑦᑕᓕᒋᐊᓖᑦ. ᐊᑕᐅᓯᐅᓈᕐᑎᑐᐃᑦ ᐱᓇᓱᐊᕐᑕᐅᒍᑎᖕᒋᑦ ᑐᓄᒪᔭᐅᕐᕐᑲᔭᖕᒋᓗᑐᐊᕐᐸᑕ ᐃᓚᐅᕕᒋᓗᒋᑦ ᑭᓯᐊᓂᐅᑐᐊᕐᐸᑕ, ᐃᓗᑉ ᓯᓚᑖᓂ ᓯᓚᒥ ᑲᒪᒋᔭᐅᒋᐊᓖᑦ ᐊᒻᒪᓗ ᖁᓖᑦ/ᑕᑦᓕᒪᐅᔪᕐᑐᐃᑦ ᐅᖓᑖᓄᖕᒋᑐᖅ ᐃᓄᑦᑕᖃᕈᓐᓇᑐᒥ ᑲᒪᒋᔭᐅᒋᐊᖃᕐᓱᑎᒃᐅ, ᐱᖓᓱᐃᑦ ᐃᓪᓗᖃᑎᒌᑦ ᐅᖓᑖᓄᖕᒋᑐᖅ. ᒐᒪᖕᖓᓕᒫᖅ ᐅᖓᓯᑦᑕᓈᖃᑦᑕᒐᓱᐊᓇᐊᓖᑦ 2 ᒥᑖᒃ ᒥᑦᓯᑎᒍᖕᒋᑐᖅ ᐃᓪᓗᒥᐅᖃᑎᒌᖕᒋᑐᐃᑦ. ᑎᒥᐅᔪᐃᑦ ᐃᓪᓗᖁᑎᖕᒋᓐᓃᑐᓕᒫᑦ ᖃᓂᕐᒥᒃ ᕿᖓᕐᒥᓗ ᒪᑦᑐᓯᔭᕈᓐᓇᑐᐃᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑮᓇᐸᓯᒪᒍᓐᓇᑐᐃᑦ ᒐᕐᑲᑦᑕᖁᔭᐅᔪᑦ. ᐊᑑᑎᔭᐅᒋᐊᓖᑦ ᓯᓚᒥ ᐊᑑᑎᔭᐅᖅᑲᔭᖕᒋᑐᐊᕐᐸᑕ, ᕿᖓᖃᑦᓯᐊᓗᓂ ᐊᓂᕐᓂᓴᖃᑦᓯᐊᒋᐊᓖᑦ ᓇᔪᑦᑕᐅᔪᖅ ᐅᒃᑯᐃᖓᕈᓐᓇᑐᐃᑦ ᐅᒃᑯᐃᖓᕐᑎᓗᒋᑦ ᐅᖓᓯᑦᑕᖃᑎᓯᕕᐅᖃᔭᖕᒋᑐᐃᑦ 2 ᒥᑖᓐᓄᑦ.

- ᑎᒥᐅᔪᐃᑦ ᐃᓪᓗᖁᑎᖓᓂᑦᑐᐃᑦ ᖃᑦᓯᐅᒋᐊᖃᕐᓂᖕᒋᑦ ᓇᓗᓐᓂᕐᓯᒪᖃᑦᑕᓗᒋᑦ ᐃᓪᓗᔪᐊᑦ/ᐃᓪᓗᕈᐊᑉ ᖃᓄᓪᓗᐊᑎᒋᒃ ᓂᕈᑐᓂᖓ ᐃᑉᐱᒋᓗᒍ, ᐃᓄᐃᑦ ᐅᖓᓯᑦᑕᓈᖃᑦᑕᖁᔭᐅᒍᑎᖕᒋᑦ 2 ᒥᑖᓐᓄᑦ ᒪᓕᓪᓗᒍ. ᑕᒪᓐᓇ ᐱᑦᔪᑎᒋᑦᓱᒍ, ᐃᓪᓗᔪᐊᑉ/ᐃᓪᓗᕈᐊᑦ ᐃᑎᕐᕕᖓᓂ ᑲᒪᑦᓯᐊᕋᓱᐊᕈᑏᑦ ᐊᑐᑎᔭᐅᒋᐊᑦᓴᐅᑎᒋᒋᐊᓖᑦ. ᑐᑭᓕᓈᒋᐊᖃᕐᐸᑕ, ᐱᐅᓂᕐᓴᖅ ᑐᑭᓕᓈᕐᑯᔨᒍᑏᑦ ᓄᐃᑕᑎᑕᐅᑦᓴᐅᑎᒋᒍᓐᓇᑐᐊᕐᐸᑕ ᐃᓪᓗᔪᐊᒧᑦ/ᐃᓪᓗᕈᐊᒧᑦ ᐃᑎᕐᕕᖓᓄᕐᑐᖃᓚᐅᖕᒋᓂᖓᓂ ᑕᑯᑦᓴᐅᓴᐅᑎᒋᒐᓱᐊᕐᓗᒋᑦ ᐃᑎᓚᖓᔪᓄᑦ ᐊᒻᒪᓗ ᖃᓂᑦᑕᓈᑦᑎᓯᑦᒐᓕᒍᓐᓇᕕᓕᒫᖕᒋᓐᓄᑦ ᒐᒥᑦᑎᒐᓱᐊᕐᓗᒋᑦ 2 ᒥᑖᒃ ᒥᑦᓯᑎᓅᖕᒋᑐᖅ (ᑭᓇᐸᓯᒪᒍᓐᓇᑐᐊᕐᐸᑕ ᖁᐊᕐᑎᑕᐅᒪᔪᓂ ᐊᕐᕐᑯᑎᓂ ᓇᓗᓐᓂᕐᓯᒪᔭᐅᒋᐊᓖᑦ).

- ᐱᐅᒃᑯᑎᓂᒃ ᑖᒃᑯᓂᖕᒥᑦᓴᓇᖅ ᐊᓯᓐᓄᑦ ᐊᑐᕐᑕᐅᔪᕕᓂᕐᓂᒃ ᐊᑐᕐᒐᓕᖃᑦᑕᓗᓯ (ᑭᐊᑦᓴᐅᑏᑦ ᐃᓗᐊᓄᓲᒍᑦᓱᑎᒃ ᓯᑯᑦᓴᔭᐅᔭᕐᓂᒃ, ᐊᓪᓚᐅᑎᓂᒃ, ᐳᒍᑕᕐᓂᒃ/ᖃᓗᕋᐅᑎᓂᒃ/ᓂᓇᒍᑎᓂᒃ, ᐃᑦᓯᕙᐅᑕᕐᓂᒃ, ᖃᓇᑕᐅᔭᓂᒃ, ᐊᓯᖕᒋᓐᓂᓗ). ᑖᒃᑯᓴᓇᐅᖕᒋᑐᖅ ᐃᓄᓐᓄᑦ ᐊᑐᕐᑕᐅᖃᑦᑕᒋᐊᖃᑐᐊᕐᐸᑕ ᐊᑕᐅᓯᑐᐃᓐᓇᐅᖕᒋᑦᑐᒧᑦ, ᐊᒡᒐᓂᒃ ᓴᓗᒻᒪᓴᒍᑎᓄᑦ ᓴᓗᒻᒪᓴᕐᕐᑳᖃᑦᑕᓇᐊᓖᑦ ᐊᑐᓇᐊᓯᓚᓚᐅᕐᓇᒋᑦ ᐃᒐᐅᑎᓗᑳᓂᒃ ᐊᒻᒪᓗ, ᐱᕕᖃᑐᐊᕐᐸᑦ ᖁᐱᕐᕈᐃᔭᕈᑎᓄᑦ ᓴᓗᒻᒪᓴᕐᕐᑳᖃᑦᑕᓗᒋᑦ ᐊᑐᓇᐊᓯᓚᓚᐅᕐᓇᒋᑦ ᐊᒻᒪᓗ ᐊᑐᓈᑐᐊᕐᐸᑕ.

- ᐊᕙᑏᑦ ᐱᖓᓱᑦ ᖃᓕᓪᓗ/ᑕᑦᓕᒪᐅᔪᕐᑐᓗ (70) ᐅᑭᐅᓂᒃ ᐅᖓᑖᓄᑦ ᐅᑭᐅᓖᑦ, ᑎᒥᖕᒋᑦ ᓴᐳᓗᑕᖃᑦᓯᐊᖕᒋᑦᑐᐃᑦ ᐊᒻᒪᓗ ᖃᓂᒻᒪᓯᓖᑦ ᐊᑦᑕᓇᕐᑐᓂᒃ ᖃᓂᒻᒪᕈᓇᐅᓂᕐᓴᑦ ᖃᓂᒪᓇᕐᑐᒧᑦ COVID-19-ᒍᓂᕐᕐᑕᐅᔪᒧᑦ. ᑲᕙᒪᒃᑯᑦ ᐅᓐᓂᑑᑎᓕᐅᕐᓯᒪᔪᑦ ᓄᓇᓕᐅᑉ ᑎᒥᐅᔪᕐᑯᑎᖕᒋᓐᓂᒃ ᐁᑦᑕᓕᒪᖃᑦᑕᕐᑯᔨᑦᓱᑎᒃ ᐱᒍᑦᔭᐅᒍᑎᖃᑦᓕᓇᒋᐊᖃᓕᕈᑎᒃ ᐱᒍᑦᔨᒍᑎᒋᔭᖕᒋᓐᓂᒃ ᑭᓯᐊᓂ. ᑎᒥᐅᔪᑉ ᐃᓪᓗᖁᑎᖓᓄᑦ ᐁᒋᐊᖃᑦᓕᓇᑐᐊᕈᑎᒃ, ᐃᓄᓕᒫᓂᒃ ᐃᓗᓯᓕᓇᔨᓄᑦ ᖃᓄᐃᖕᒋᓯᐊᕐᑎᓯᒐᓱᐊᕈᑏᑦ ᐊᑑᑎᔭᐅᕐᑯᔭᐅᓂᖕᒋᑦ ᐱᒻᒪᓇᐅᓂᕐᓴᐅᓗᐊᖕᖑᐊᒥᔪᑦ.

- *ᑕᒪᒃᑯᐊ ᐃᒥᖁᔨᒍᑏᑦ ᐊᑑᑎᔭᐅᒋᐊᓖᑦ ᑎᒥᐅᔪᐃᑦ ᐱᐅᓯᔪᑎᒃ ᐱᓇᓱᐊᖅᓂᕆᓲᖏᓐᓄᑦ ᐃᓕᖓᔪᐃᑦ, ᐱᓗᐊᖅᑐᖅ ᐊᒥᓲᓈᖅᑎᑐᐃᑦ ᐊᑕᐅᓯᐅᓈᖅᑎᑐᐃᓪᓗ ᐱᓇᓱᐊᖅᓂᖃᓕᑐᐊᖅᐸᑕ, ᐱᒍᔨᒍᑎᒋᔭᒥᓂᓪᓗ ᑐᓂᐅᖅᑭᓕᑐᐊᖅᐸᑕ ᐃᓅᖃᑎᒌᑦᑐᓄᑦ ᐊᒻᒪᓗ ᐅᑎᖅᑎᐅᖃᖅᑕᐅᒋᐊᓖᑦ ᐁᖅᓯᖅᑕᐅᓕᑐᐊᖅᐸᑕ ᐅᕝᕙᓘᓐᓃᑦ ᓂᖅᑭᓕᕆᓂᖅᓅᓕᖓᔪᐃᑦ, ᓄᓇᓕᒻᒥ ᑎᒥᐅᔪᐃᑦ ᐊᑑᑎᓲᖏᓐᓂᒃ ᓯᓚᒥᓪᓗ ᐱᓇᓱᐊᖅᓂᐅᓲᑦ, ᐅᑦᑑᑎᒋᓗᒍ ᓄᓇᓕᐅᑉ ᐱᕈᖅᓱᕕᖓᓂ.

ᑎᒥᐅᔪᐃᑦ ᐃᓪᓗᖅᑯᑎᖏᓐᓂ ᓄᓇᖅᑯᑎᖏᓐᓂᓗ ᑲᒪᒍᑎᓂᒃ ᐊᑑᑎᐅᖅᑲᑦᑕᖅᑯᔭᐅᓕᖅᑐᓂᒃ ᒪᓂᔨᒍᑏᑦ

- ᐃᓄᓕᒫᓂᒃ ᐃᓗᓯᓕᕆᔨᓄᑦ ᐱᓯᒪᔪᓂᒃ ᐊᑭᓐᓇᒥᐅᑕᓕᐊᕕᓃᑦ ᐊᑭᓐᓇᓄᑦ ᓄᐃᑎᖅᑲᑦᑕᓗᒋᑦ.
- ᖁᐱᖅᑖᕆᒃᑯᑏᑦ ᓴᓗᒻᒪᓴᐅᑏᑦ ᐃᓕᐅᖅᑲᓗᒋᑦ ᑎᒥᐅᔫᑉ ᐃᓪᓗᖅᑯᑎᖓᑕ ᐃᑎᕆᐊᖅᕕᖓᓂ ᐊᓂᒋᐊᕕᖓᓂᓗ.
- ᐃᑎᖅᑎᓯᒋᒃᑯᑏᑦ ᐃᓕᐅᖅᑲᓗᒋᑦ ᐃᓄᓐᓄᑦ ᐅᖓᓯᑦᑕᕆᑦᑎᓯᕕᐅᖅᑲᔭᖅᒋᑐᐃᑦ (ᐅᖅᑳᒍᑎᒥᒃ ᑭᐅᔨᐅᑉ ᓇᔪᖅᑕᖓᓂ, ᐊᓪᓚᕕᓐᓂ, ᐊᓯᖏᓐᓂᓗ).
- ᓇᑎᖅᒥ ᐅᖓᓯᑦᑕᓈᓐᓂᐅᒋᐊᓕᓐᓂᒃ ᓇᓗᓐᖅᑯᒐᑦ ᐃᓕᐅᖅᑲᓗᒋᑦ ᐅᖓᓯᑦᑕᕆᓐᓂᖅᑲᖅᑎᓗᒋᑦ 2 ᒥᑖᓐᓄᑦ (ᐃᓪᓗᔪᐊᑉ/ᐃᓪᓗᕈᐊᑉ ᐃᓗᐊᓂ ᓯᓚᑖᓂᒐᓴᒃ ᐃᓄᐃᑦ ᑐᑭᓕᕆᑯᑖᖅᕕᓴᖏᓐᓂᒃ ᒐᒫᑎᒋᒃ ᑐᑭᓕᕆᒍᑖᒋᐊᖅᑲᑦᓴᕋᔭᖅᓂᐸᑕ).
- ᐃᓄᐃᑦ ᓇᐅᒃᑰᒋᐊᖅᑲᖅᒪᖕᒐᑕ ᓇᓗᓐᖅᑯᒐᑦ ᐃᓄᓐᓂᒃ ᖃᓂᑦᑕᕆᑦᒐᓕᑎᑦᓯᒍᑎᑦᓴᑦ ᐃᓕᐅᖅᑲᓗᒋᑦ.
- ᓴᓗᒻᒪᓴᒍᑎᐅᕙᓪᓗᓲᑦ ᐃᓕᐅᖅᑲᓗᒋᑦ, ᓇᔪᖅᑕᐅᓗᑭᓲᓂ ᐊᑦᑐᑕᐅᓗᑭᓲᓂᓪᓗ (ᐅᒃᑯᐊᑦ ᑎᒍᓕᖏᑦ, ᐅᒃᑯᐊᑦ ᓯᕙᓂᐅᑎᖏᑦ, ᐊᓯᖏᓪᓗ);
- ᐅᖓᓯᑦᑕᕆᐅᓕᐅᒥᑎᓯᒪᓗᒋᑦ ᖃᖏᑦ ᐊᑦᑐᑕᐅᓗᑭᖓᓲᑦ (ᐅᑦᑑᑎᒋᓗᒋᑦ, ᐅᒃᑯᐊᑦ ᐅᒃᑯᐃᖓᑦᑎᖅᑲᑦᑕᓗᒋᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐅᒃᑯᓯᒍᑦᔨᐅᖅᑲᑦᑕᓚᖓᔪᐃᑦ ᓇᓗᓐᖅᓯᒪᓗᒋᑦ).
- ᐊᑐᓪᓗᐊᖏᑦᑐᐃᑦ ᐊᑐᐃᓐᓇᐅᑎᖕᖏᓕᐅᒥᓗᒋᑦ ᓇᐅᓕᒫᓄᑦ, ᐃᓂᒥᓃᕙᓪᓗᓲᑦ (ᑲᐱᓕᐅᕈᑏᑦ, ᐊᓯᖏᓪᓗ).

ᑕᒪᒃᑯᐊ ᐊᑑᑎᔭᐅᖅᑲᑦᑕᖅᑯᔨᒍᑏᑦ ᓱᓱᒋᔭᐅᑦᓯᐊᓗᑎᒃ ᒪᓕᑦᑕᐅᒐᓱᐊᑦᓯᐊᓇᐊᓖᑦ ᑎᒥᐅᔪᖅ ᐃᓪᓗᖅᑯᑎᖓ ᓄᓇᖅᑯᑎᖓᓗ ᐊᑐᖅᑕᐅᓕᑐᐊᖅᐸᑦ, ᑎᒥᖅᑯᑎᓕᓐᓄᑦ ᑲᒪᒋᔭᐅᑎᓪᓗᒋᑦ ᐃᓗᓯᓕᕆᔨᓄᑦ ᐊᑑᑎᔭᐅᖅᑯᔭᐅᔪᐃᑦ. ᐊᑑᑎᔭᐅᖅᑯᔭᐅᔪᐃᑦ ᓱᖏᐅᓐᓄᑐᓂᑯᖏᓐᓄᑦ ᐊᑑᑎᔭᐅᓚᐅᖅᓯᒪᖕᒋᒧᑦ ᓱᖏᐅᑎᔭᐅᒐᓱᐊᒋᐊᖅᑲᖅᑲᑦᑕᓚᖓᔪᑦ ᑎᒥᖅᑯᑎᓖᑦ ᐃᓪᓗᖅᑯᑎᖓᓂ ᓄᓇᖅᑯᑎᖓᓂᓗ ᓇᔫᑎᔪᓄᑦ ᐊᒻᒪᓗ ᓱᓱᒋᔭᐅᖅᓯᐊᓇᐊᖅᑲᖅᓱᑎᒃ ᐃᓗᓯᓕᕆᓂᖅᒧᑦ ᐅᐃᒪᓇᖅᓯᔪᖅᑲᖅᓂᐸᑦ ᐊᑐᐃᓐᓇᐅᒪᒍᑎᖅᓴᐅᒪᑕ.

ᑖᒃᑯᐊ ᒪᓂᔭᐅᓯᒪᔪᑦ ᒪᓐᑐᔨᐊᓪᒥ ᐃᓄᓕᒫᓂᒃ ᐃᓗᓯᓕᕆᔨᓄᑦ ᐊᓪᓚᓯᒪᔪᖕᖑᑕᐅᓯᒪᔪᐃᑦ ᑐᖕᖓᕕᒋᖅᓱᒋᑦ ᓄᓇᓕᒻᒥ ᑎᒥᐅᔪᓄᑦ ᐅᓐᓂᑑᑎᓕᐊᒍᓯᒪᔪᐃᑦ.