







# Maintenance and renovation activities in outfitting/ecotourism sites and Nunavik parks

Including dismantlement of mobile camps and environmental monitoring activities in Nunavik Parks

#### Recommendations

Approved by the Nunavik Regional Emergency Preparedness Advisory Committee Covid-19 Pandemic (N-REPAC) on June 15 2020. Revised on July 6, 2020.

- Maintenance and renovation activities at ecotourism/outfitting sites (e.g., camps) and Nunavik parks, including dismantlement of mobile camps, and environmental monitoring activities in Nunavik parks are allowed as per N-REPAC approval.
- For operators based in Nunavik, work should be conducted entirely by Nunavik-based crews. No specialists (for example, solar panel repairs, diesel power supply maintenance, etc.) or other workers from the South should be allowed to go to work on a site where a team of Nunavik workers is in place.
- Operators based outside Nunavik should access their sites directly from the South with no re-fueling or re-supply taking place within Nunavik. No work that involves transit to/through Nunavik communities will be allowed at least until September 30<sup>th</sup>.
- In all cases, maintenance crews should be small (max. 4-5 people) and restricted to workers who are essential to the maintenance activities (i.e., labourers only).
- Other public-health measures listed below should be respected.













### **Public-health guidelines**

Approved by the Public Health Scientific Committee on June 10, 2020.

#### Before departure for the camps

 Operators flying in directly from the South should communicate with nearby communities (landholding corporations and the Renewable Resources, Environment, Lands and Parks Department, Kativik Regional Government at <a href="mailto:camps@krg.ca">camps@krg.ca</a>) to inform them about intended maintenance/dismantlement activities at their site (in order to reduce risks of contact with Nunavimmiut on the land).

#### Travel by charter plane or helicopter (private or not) tocamps

- It is recommended to limit the number of people in the charter plane to five (maximum would be eight people in other circumstances, but not applicable here) and to four people in the helicopter per trip.
- Travelers should keep a distance of 2 meters from one other, as much as possible (e.g., in the airport) or wear a mask.
- During the entire duration of the flight, plane and helicopter passengers are required to wear a mask (non-medical mask or face covering, as requested by Transport Canada; refer to poster FACE COVERING REQUIREMENTS FOR AIR TRAVELLERS, consult Web site<sup>1</sup>).
- Plane and helicopter passengers will be required to answer a short, pre-screening questionnaire (each passenger should bring his own pen for the questionnaire). They will not be allowed on the flight ifthey are required to be in self-isolation, were in contact with a positive case of COVID-19 or have symptoms of COVID-19 (fever or chills, cough, difficulty breathing, or loss of taste or smell).
- The COVID-19 «Flights within the region» recommendations<sup>2</sup> and the «COVID-19 interim recommendations for charters»<sup>3</sup> should be followed.

<sup>&</sup>lt;sup>3</sup> http://nrbhss.ca/sites/default/files/covid19/Nunavik Interim Recommendations For Charter 05-18-2020.pdf



<sup>&</sup>lt;sup>1</sup> https://tc.canada.ca/en/initiatives/covid-19-measures-updates-guidance-issued-transportcanada/posters-air-travellers

<sup>&</sup>lt;sup>2</sup> http://nrbhss.ca/sites/default/files/covid19/Lines North flights EN.pdf









#### Travel by boat to camps

- Boat passengers will be required to answer a short, pre-screening questionnaire (each passenger should bring his own pen for the questionnaire). They will not be allowed on the boat if they are required to be in self-isolation, were in contact with a positive case of COVID-19 or have symptoms of COVID-19 (fever, new cough, shortness of breath, or loss of smell).
- All workers on board should:
  - Wash their hands upon embarking and leaving the boat (bring hand sanitizer or use soapand water).
  - o Cough or sneeze in their elbow.
  - Respect a distance of two metres between workers.
    - If social distancing cannot be respected, it is recommended that workers wear a mask (nonmedical mask or face covering; refer to Government of Canada Website<sup>4</sup>).
    - Wearing a visor that covers the face including the chin could be an alternative to the mask.
  - o Not share things that may come in contact with other people's hands or saliva, such as bottles, cigarettes or utensils.
  - Have their own cup to drink from and abstain from sharing such items.

#### Accommodations

Workers should avoid sharing rooms. Only one person per room should be allowed.

#### Hand hygiene, respiratory etiquette, social distancing

Follow hand hygiene with the necessary material (running water, soap, alcohol-based solutions, non-contact garbage cans, disposable tissues, towels or disposable paper, etc.).

- Wash hands frequently with soap and water for at least 20 seconds.
- Use an alcohol-based gel (60% or more) for at least 20 seconds if soap and water are not available.
- Avoid touching eyes, nose or mouth with potentially contaminated hands.

<sup>4</sup> https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/preventionrisks/aboutnon-medical-masks-face-coverings.html#a5











 All workers must be given the opportunity to clean their hands at the beginning of the shift, at the end of the shift, before eating, before breaks, before smoking and when using the toilet. Follow respiratory etiquette (cough into the elbow or into a tissue that must be discarded immediately after use, then wash hands as soon as possible).

#### Follow social-distancing measures, such as:

- Avoid all physical contact (e.g., handshakes, hugs).
- Avoid sharing objects (e.g., cigarettes, coffee mugs, pencils, communication devices, change or paper money, shampoo), tools and equipment.
- Respect a distance of two metres between individuals. Encountering someone who is less than two metres away for a few minutes without contact is not a risk.

#### Wearing of masks, when necessary

If tasks absolutely require that two or more workers work within two meters of each other for a period of at least 15 minutes without physical barriers:

- It is recommended that they wear a procedural mask and protective eyewear in addition to the gloves usually worn. Wearing a visor that covers the face including the chin could be an alternative to the procedural mask and protective eyewear.
- This measure is recommended only if wearing protective eyewear or visors does not pose a risk to worker safety (e.g., light-diffraction problem).
- Before leaving the work area:
  - o Safely remove protective eyewear and procedural mask and dispose of them in the trash or in dedicated re-sealable containers or bags, then discard them.
  - o Disinfect reusable equipment (e.g., eye protection or visor if reusable) with a product suitable for the equipment.
  - o Wash your hands or use an alcohol-based solution after removing the equipment.

#### Work gloves and clothes

- The usual practice of wearing work gloves should be maintained:
  - o Remove gloves before eating, placing them in a re-sealable bag or container.
  - Wash hands with soap and water or an alcohol-based solution each time gloves are removed.
  - Put gloves back on, if necessary.
- Remove work clothes at the end of the shift.













- Launder work clothing and gloves, daily if possible, otherwise as often as possible, according to the usual procedures, and ensure proper drying.
- Be sure that work clothing and gloves are always used by the same worker untillaundered.

#### Particular attention to meal times

- Ensure thorough handwashing before and after eating.
- Have the workers eat in rooms large enough so that there is a distance of more than two metres between them.
- If no other room is available, modify meal schedules so as to have a limited number of workers in the dining room at all times.
- If workers eat outdoors, ensure that the minimum distance of two metres between workers is respected.
- Do not share food.
- Wash dishes in hot water with soap.

#### If a vehicle is used on the site (e.g., truck, ATV, heavy machinery)

- If possible, privilege individual use of vehicles.
- Privilege having the same people in the same vehicle.
- Maintain the same position, driver or co-driver, for the entire shift as much aspossible.
- Avoid sharing material and equipment (e.g., tablets, pencils, communication devices).
- Where two or more workers are seated less than two metres apart, workers must wear personal protection. The wearing of a procedural mask and protective glasses (eye protection) or the wearing of a visor is preferred in addition to the gloves usually worn.
- Regularly during the shift, clean the dashboard, steering wheel, stick shift, door handles and any other surface regularly touched while driving the vehicle with alcohol wipes, an alcohol-based solution or any cleaning products regularly used.
- Cleaning products must be available in each vehicle.













#### Handling and exchanging paper documents

Wherever possible, minimize the handling and exchange of paper documents (e.g., construction plans and specifications). When paper documents are required:

- Place the documents on a clean surface to read and annotate them, while respecting a two-metre distance between individuals.
- Do not share a pen with others; everyone must use their own.

#### Cleaning and disinfection

Clean and disinfect at all frequently touched surfaces least once a day, in addition to standard cleaning, with the usual cleaning and disinfecting products (with a disinfectant like Lysol, Clorox, Oxivir or homemade disinfectant<sup>5</sup>).

- Common areas: window handles, tables, light switches, door handles, chair armrests, railings, blinds,
- Rooms: window handles, tables, light switches, door handles, ladders, railings, blinds, pillow covers, mattress pads, etc.
- Bathroom: window handles, light switches, door/tap handles, washbasin, toilet, shower, shower curtain, etc. Shared toilets and showers should be cleaned and disinfected after each use.
- Kitchen (after each meal): refrigerator doors, tables, counters, door handles, stove, cupboard handles,
- Tools and work equipment (at the end of each shift).

<sup>&</sup>lt;sup>5</sup> For homemade disinfectant: Dilute 4 teaspoons (20 ml) of domestic bleach in 1L (4 cups) of water. Use a fresh mix of water and bleach every day.











## Procedure if a worker has COVID-19 symptoms at the camp and in case of emergency at the camp

- 1. If a worker begins to experience COVID-19 symptoms (fever, new cough, shortness of breath, or loss of smell) in the workplace, the camp operator/team leader should:
- Have a procedure that allows for the worker to be isolated in a room.
- List and be sure to clean and disinfect (with a disinfectant like Lysol, Clorox, Oxivir orhomemade disinfectant<sup>4</sup>) the spaces (workplaces) the employee has been in.
- List and be sure to clean and disinfect the vehicles, equipment, tools or devices used by the employee.
- Close the room(s) frequented by the employee and wait at least three hours, and if possible 24 hours, before starting cleaning and disinfection.
- If possible, open the outside windows to increase air circulation in the area.
- Tissue and disposable materials used by the person must be discarded in a closed bag and placed in the waste container.
- Advise other workers to be alert for even minor symptoms and to immediately report them to their employer.

## 2. Preparedness and procedure in case of emergency (life-threatening injury) at the camp:

- All operators should revise their emergency plan, taking into account the COVID-19situation.
- Operators flying in directly from the South should plan on reaching health services outside Nunavik and plan for any necessary evacuation, avoiding as much as possible sending the injured worker to a CLSC or a health centre in Nunavik. If the injured worker needs to be sent for health care in Nunavik, the CLSC/health centre will follow the procedure in place for any patient (the worker will be treated as a potential COVID-19 carrier).











- Operators from Nunavik (Nunavik workers) should contact directly the COVID-19 health line<sup>6</sup> with a satellite phone (or contact the nearest community with a radio device and ask the person to call the COVID-19 health line) and follow the instructions.
  - O COVID-19 HEALTH LINE: 1-888-662-7482
- Operators flying in directly from the South should bring a communication device in order to contact directly the provincial info line on coronavirus (COVID-19) and follow their instructions. In case an evacuation is recommended, operators from the South should proceed with evacuation from Nunavik.
  - o PROVINCIAL INFO LINE ON CORONAVIRUS (COVID-19): 1-877-644-4545

<sup>&</sup>lt;sup>6</sup> The health line is to help those who may need to be screened for COVID-19 and to answer medical concerns related to COVID-19.

