



Maintenance and renovation activities in outfitting/ecotourism sites and Nunavik parks

Including dismantlement of mobile camps and environmental monitoring activities in Nunavik Parks

Recommendations

Approved by the Nunavik Regional Emergency Preparedness Advisory Committee Covid-19 Pandemic (N-REPAC) on June 15 2020. Revised on July 6, 2020.

- Maintenance and renovation activities at ecotourism/outfitting sites (e.g., camps) and Nunavik parks, including dismantlement of mobile camps, and environmental monitoring activities in Nunavik parks are allowed as per N-REPAC approval.
- For operators based in Nunavik, work should be conducted entirely by Nunavik-based crews. No specialists (for example, solar panel repairs, diesel power supply maintenance, etc.) or other workers from the South should be allowed to go to work on a site where a team of Nunavik workers is in place.
- Operators based outside Nunavik should access their sites directly from the South with no re-fueling or re-supply taking place within Nunavik. No work that involves transit to/through Nunavik communities will be allowed at least until September 30th.
- In all cases, maintenance crews should be small (max. 4-5 people) and restricted to workers who are essential to the maintenance activities (i.e., labourers only).
- Other public-health measures listed below should be respected.

Public-health guidelines

Approved by the Public Health Scientific Committee on June 10, 2020.

Before departure for the camps

- **Operators flying in directly from the South** should communicate with nearby communities (landholding corporations and the Renewable Resources, Environment, Lands and Parks Department, Kativik Regional Government at camps@krq.ca) to inform them about intended maintenance/dismantlement activities at their site (in order to reduce risks of contact with *Nunavimmiut* on the land).

Travel by charter plane or helicopter (private or not) to camps

- It is recommended to limit the number of people in the charter plane to five (maximum would be eight people in other circumstances, but not applicable here) and to four people in the helicopter per trip.
- Travelers should keep a distance of 2 meters from one other, as much as possible (e.g., in the airport) or wear a mask.
- During the entire duration of the flight, plane and helicopter passengers are required to wear a mask (non-medical mask or face covering, as requested by Transport Canada; refer to poster FACE COVERING REQUIREMENTS FOR AIR TRAVELLERS, consult Web site¹).
- Plane and helicopter passengers will be required to answer a short, pre-screening questionnaire (each passenger should bring his own pen for the questionnaire). They will not be allowed on the flight if they are required to be in self-isolation, were in contact with a positive case of COVID-19 or have symptoms of COVID-19 (fever or chills, cough, difficulty breathing, or loss of taste or smell).
- The COVID-19 «Flights within the region» recommendations² and the «COVID-19 interim recommendations for charters»³ should be followed.

¹ <https://tc.canada.ca/en/initiatives/covid-19-measures-updates-guidance-issued-transport-canada/posters-air-travellers>

² http://nrbhss.ca/sites/default/files/covid19/Lines_North_flights_EN.pdf

³ http://nrbhss.ca/sites/default/files/covid19/Nunavik_Interim_Recommendations_For_Charter_05-18-2020.pdf



Travel by boat to camps

- Boat passengers will be required to answer a short, pre-screening questionnaire (each passenger should bring his own pen for the questionnaire). They will not be allowed on the boat if they are required to be in self-isolation, were in contact with a positive case of COVID-19 or have symptoms of COVID-19 (fever, new cough, shortness of breath, or loss of smell).
- All workers on board should:
 - Wash their hands upon embarking and leaving the boat (bring hand sanitizer or use soap and water).
 - Cough or sneeze in their elbow.
 - Respect a distance of two metres between workers.
 - If social distancing cannot be respected, it is recommended that workers wear a mask (non-medical mask or face covering; refer to Government of Canada Website⁴).
 - Wearing a visor that covers the face including the chin could be an alternative to the mask.
 - Not share things that may come in contact with other people’s hands or saliva, such as bottles, cigarettes or utensils.
 - Have their own cup to drink from and abstain from sharing such items.

Accommodations

- Workers should avoid sharing rooms. Only one person per room should be allowed.

Hand hygiene, respiratory etiquette, social distancing

Follow **hand hygiene** with the necessary material (running water, soap, alcohol-based solutions, non-contact garbage cans, disposable tissues, towels or disposable paper, etc.).

- Wash hands frequently with soap and water for at least 20 seconds.
- Use an alcohol-based gel (60% or more) for at least 20 seconds if soap and water are not available.
- Avoid touching eyes, nose or mouth with potentially contaminated hands.

⁴ <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/preventionrisks/about-non-medical-masks-face-coverings.html#a5>

- Launder work clothing and gloves, daily if possible, otherwise as often as possible, according to the usual procedures, and ensure proper drying.
- Be sure that work clothing and gloves are always used by the same worker until laundered.

Particular attention to meal times

- Ensure thorough handwashing before and after eating.
- Have the workers eat in rooms large enough so that there is a distance of more than two metres between them.
- If no other room is available, modify meal schedules so as to have a limited number of workers in the dining room at all times.
- If workers eat outdoors, ensure that the minimum distance of two metres between workers is respected.
- Do not share food.
- Wash dishes in hot water with soap.

If a vehicle is used on the site (e.g., truck, ATV, heavy machinery)

- If possible, privilege individual use of vehicles.
- Privilege having the same people in the same vehicle.
- Maintain the same position, driver or co-driver, for the entire shift as much as possible.
- Avoid sharing material and equipment (e.g., tablets, pencils, communication devices).
- Where **two or more workers are seated less than two metres apart**, workers must wear personal protection. The wearing of a procedural mask and protective glasses (eye protection) or the wearing of a visor is preferred in addition to the gloves usually worn.
- Regularly during the shift, clean the dashboard, steering wheel, stick shift, door handles and any other surface regularly touched while driving the vehicle with alcohol wipes, an alcohol-based solution or any cleaning products regularly used.
- Cleaning products must be available in each vehicle.



Handling and exchanging paper documents

Wherever possible, minimize the handling and exchange of paper documents (e.g., construction plans and specifications). When paper documents are required:

- Place the documents on a clean surface to read and annotate them, while respecting a two-metre distance between individuals.
- Do not share a pen with others; everyone must use their own.

Cleaning and disinfection

Clean and disinfect **at all frequently touched surfaces least once a day**, in addition to standard cleaning, with the usual cleaning and disinfecting products (with a disinfectant like Lysol, Clorox, Oxivir or homemade disinfectant⁵).

- **Common areas:** window handles, tables, light switches, door handles, chair armrests, railings, blinds, etc.
- **Rooms:** window handles, tables, light switches, door handles, ladders, railings, blinds, pillow covers, mattress pads, etc.
- **Bathroom:** window handles, light switches, door/tap handles, washbasin, toilet, shower, shower curtain, etc. **Shared toilets and showers should be cleaned and disinfected after each use.**
- **Kitchen (after each meal):** refrigerator doors, tables, counters, door handles, stove, cupboard handles, etc.
- **Tools and work equipment (at the end of each shift).**

⁵ For homemade disinfectant: Dilute 4 teaspoons (20 ml) of domestic bleach in 1L (4 cups) of water. Use a fresh mix of water and bleach every day.

Procedure if a worker has COVID-19 symptoms at the camp and in case of emergency at the camp

1. If a worker begins to experience COVID-19 symptoms (fever, new cough, shortness of breath, or loss of smell) in the workplace, the camp operator/team leader should:

- Have a procedure that allows for the worker to be isolated in a room.
- List and be sure to clean and disinfect (with a disinfectant like Lysol, Clorox, Oxivir or homemade disinfectant⁴) the spaces (workplaces) the employee has been in.
- List and be sure to clean and disinfect the vehicles, equipment, tools or devices used by the employee.
- Close the room(s) frequented by the employee and wait at least three hours, and if possible 24 hours, before starting cleaning and disinfection.
- If possible, open the outside windows to increase air circulation in the area.
- Tissue and disposable materials used by the person must be discarded in a closed bag and placed in the waste container.
- Advise other workers to be alert for even minor symptoms and to immediately report them to their employer.

2. Preparedness and procedure in case of emergency (life-threatening injury) at the camp:

- All operators should revise their emergency plan, taking into account the COVID-19 situation.
- **Operators flying in directly from the South should** plan on reaching health services outside Nunavik and plan for any necessary evacuation, avoiding as much as possible sending the injured worker to a CLSC or a health centre in Nunavik. If the injured worker needs to be sent for health care in Nunavik, the CLSC/health centre will follow the procedure in place for any patient (the worker will be treated as a potential COVID-19 carrier).

