

COVID-19

COUNTRY FOOD AND COVID-19

- Food can be contaminated by being touched, coughed or sneezing on by someone that has the virus.
- People with COVID-19, those who have cold or flu-like symptoms and those isolated after contact with a positive case of COVID-19 must not handle food for others in the community.
- Individuals without symptoms must follow the basic rules of hygiene when handling food. Cough and sneeze into the elbow, wash hands before cutting meat and before eating. Clean and disinfect surfaces and utensils used for food preparation.