

## TO PARENTS with children aged between 12 and 17 years old

Dear parents,

Vaccination against COVID-19 plays an important role in keeping our community safe.

Since May 2021, the administration of the Pfizer-BioNTech COVID-19 vaccine in children 12 to 17 years of age is recommended (2 doses of primary vaccination).

A booster shot is now recommended for young people 12 to 17 years of age presenting with a greater risk of COVID-19 complications (such as young people living with pre- existing health conditions).

The booster shot is also offered to everyone aged 12 and over in order to ensure a better and longer term protection against COVID-19 and its variants.

The booster shot should be administered 3 months or more after the last dose of vaccine.

The COVID-19 vaccines provide protection against the disease, as a result of developing an immune response to the SARS-Cov-2 virus. Developing immunity through vaccination means there is a reduced risk of developing the illness and its consequences. This immunity helps you fight the virus if exposed. Getting vaccinated also protects people around you. This is particularly important to protect people at increased risk for severe illness from COVID-19, such as older or elderly adults, babies and people with other medical conditions.

COVID-19 can cause severe disease or even death. Some people may develop long-lasting effects following COVID-19 infection (so-called COVID long-haulers), resulting in symptoms like fatigue, chest pains and breathlessness that last for weeks or months, even when the virus can no longer be detected in the body.

For more information, you can refer to the attached information document, contact your CLSC or the COVID-19 HEALTH LINE: 1-888-662-7482.

## **AUTHORIZATION FORM**

You will find enclosed an authorization form for vaccination against Covid-19. The authorization forms must be completed. It is very important to complete all sections of the form even if you are refusing vaccination for your child or if he have already been vaccinated. Please note that in Québec, children 14 and over can give their own consent to being vaccinated.

Thank you for your cooperation.

The CLSC Nursing Team