



Measures in effect in Nunavik as of April 11th

Considering the Government of Québec announcements and the situation in Nunavik for the measures in place.

Curfew

- Lifted

Vaccine passport:

- Vaccine passport is lifted for all public places and activities

Workplaces

- Hybrid mode
- Physical distancing (1m) OR presence of physical barriers OR wearing a quality mask*
- Transportation (bus, plane, car, elevator)
 - Quality mask at all time
 - No capacity limit
 - Limited food consumption, but not recommended
 - Limited drink consumption
- Dining room and rest room
 - No physical distancing or physical barriers during food consumption
 - Wearing a quality mask when there is no food consumption

*Quality mask: a mask of good quality is a medical mask complying with ASTM F2100 or EN 14683 type IIR standards, a mask certified by the Bureau de normalization du Québec (BNQ) or a respirator N95.

Elder's homes

- Number of individuals authorized per day:
 - 2 persons (visitor or family care giver) at a time for a maximum of 4 persons per day
- Outings for residents allowed for private get-togethers or temporary discharge in the community

Schools (primary and secondary)

- Open
- Regular activities including competition, tournament and extracurricular activities
- Mask not required in classroom when seated



Daycares

- Open

Retail businesses

- No capacity limit
- Vaccine passport is lifted
- Use of masks mandatory

Place of worship

- Vaccine passport is lifted
- No capacity limit
- Use of mask mandatory

Essential public activities (assemblies, meetings, ceremonies, convention)

- No vaccine passport
- No capacity limit
- Use of mask mandatory except to eat or drink

Private gatherings (private homes)

- No capacity limit (recommended to limit capacity to 10 people)

Outdoor public events or activities

- No capacity limit
- No vaccine passport

Private gatherings (rented halls)

- No capacity limit
- Vaccine passport is lifted
- Use of mask mandatory

Restaurants

- No capacity limit
- No vaccine passport
- Dancing and karaoke are permitted
- Normal business hours resume
- Self-service buffets are allowed
- Use of mask is mandatory when not seated

Sports activities and leisure activities

- No capacity limit
- No vaccine passport
- Use of mask mandatory unless there is respiratory discomfort related to the intensity or the wearing of a protective helmet
- Resumption of competitions and tournaments
- Gyms:
 - No capacity limit
 - No vaccine passport
 - Use of medical mask mandatory at all time

Management of cases and contacts

- Isolation period people with COVID-19 who have had at least 2 doses of vaccine is reduced to 5 days (if symptoms are resolved after that).
- People who have had at least 2 doses of vaccine do not need to isolate after a contact but must monitor symptoms.
 - If any symptoms appear, people should isolate while symptomatic and get tested.
- While not in strict isolation, people should be more careful about wearing the mask and avoiding gatherings in the whole 10 days after a contact or after developing the disease.
- The isolation period for those who have less than 2 doses of vaccine remains 10 days.

Measures for travelers

- Lifting of the quarantine for all travel
- Lifting of the vaccination passport requirement for North-North travels and North-South travels (but federal aviation rules still apply)
- Lifting of the tests after arrival (selftests, lab tests and IDNOW tests)
 - But people are encouraged to do a rapid test in the 24 hours prior to their departure.
- Lifting of the NTAA form and pre-departure tests