ᓄᓇᕕᒻᒥ ᐯᕆᑦᓯᕖᑦ

ᑐᑭᑖᕈᑕᐅᓯᒪᔪᑦ ᐊᑦᑕᓀᑦᑐᓯᐊᒍᖁᔨᒍᑏᓪᓗ ᓄᓇᕕᒻᒥ ᐯᕆᑦᓯᕖᑦ ᐅᒃᑯᐃᑕᐅᓯᒻᒥᐸᑕ

ᐊᓪᓚᑕᐅᔪᑦ: ᐅᒃᑑᐸ 20, 2020-ᒥ

ᓱᓇᐅᓂᖏᑦ

ᑲᒃᑲᓛᑦ, ᐱᐊᕃᑦ ᐱᕙᓪᓕᖁᑎᖃᓲᑦ ᐯᕆᑦᓯᕕᒻᒥᒃ ᐃᓘᓐᓈᒍᑦ ᐱᕈᕐᐸᓕᐊᒋᐊᖃᕐᓂᑯᑦ ᐃᑲᔪᕐᓯᔭᐅᑦᓱᑎᒃ. ᐃᓚᖏᑦ ᕿᑐᕐᖓᕆᔭᐅᔪᑦ, ᐯᕆᑦᓯᕕᒻᒥᒃ ᕿᒫᕕᑦᓴᖃᓲᑦ ᐊᓇᕐᕋᓯᐊᒍᖕᖏᑐᒥᐅᒍᑐᐊᕋᒥᒃ. ᐯᕆᑦᓯᕖᑦ ᐅᒃᑯᐊᓯᒪᓂᖏᑦ ᑭᖑᓂᖃᕈᓐᓇᑐᑦ ᐊᑯᓃᕐᑐᒧᑦ.

ᖃᓂᒪᓇᕐᒥᒃ ᐁᑦᑐᑑᑕᐅᓲᒥ COVID-19-ᓚᔭᐅᔪᒥᒃ ᐁᑦᑐᑕᐅᓂᐅᔭᖕᖏᓂᕐᓭᑦ ᐊᒥᓲᒻᒪᑕ ᓄᓇᕕᒻᒥ ᐁᑦᑐᑑᑕᐅᒍᓐᓇᓲᑦ (ᐆᑦᑐᕋᐅᑎᒋᑦᓱᒋᑦ ᓄᕕᕐᓱᒥᒍᑦ ᐃᒻᒪᓯᒪᓂᖅ ᓄᕙᓐᓇᓗ ᐆᓇᖃᑦᑕᓱᓂ). ᖃᐅᔨᓴᐅᑎᕕᓃᑦ ᐃᓚᖏᑦ ᖃᐅᔨᒍᑕᐅᓲᑦ ᑲᒃᑲᓛᑦ ᐱᐊᕃᑦ ᐁᑦᑐᐃᓂᐅᔭᖕᖏᓂᕐᓴᐅᓲᒍᒋᐊᖏᑦᑕ ᖃᓂᒪᓇᕐᒥᒃ ᐁᑦᑐᑑᑕᐅᓲᒥᒃ COVID-19 -ᓚᔭᐅᔪᒥᒃ ᐃᓄᒻᒪᕇᑦ ᐁᑦᑐᐃᓂᐅᔭᕐᓂᓴᐅᓲᒍᑎᓪᓗᒋᑦ (ᑭᓯᐊᓂᓕ, ᖃᐅᔨᓴᕐᑕᐅᒋᐊᓪᓚᕆᐊᓕᒃ ᑐᑭᓯᒐᓱᐊᕆᐊᓪᓚᓗᒍ ᖃᓄᖅ ᐁᑦᑐᑑᑕᐅᓲᒍᒻᒪᖔᑦ ᖁᐱᕐᕈᖅ).

ᑲᒃᑲᓛᑦ, ᐱᐊᕃᑦ ᓱᕐᕋᑕᐅᓂᖃᓪᓗᐊᖏᑦᑐᑦ ᒪᑭᑕᑦᓯᐊᕆᐊᖃᕐᓂᑯᑦ ᑕᒪᑐᒧᖓ ᓱᓇᓱᐊᕐᕖᑦ ᐅᒃᑯᐊᑐᕐᑕᐅᓯᒪᓂᖏᓐᓄᑦ. ᓄᓇᕕᒻᒥ ᑭᖑᕚᕇᑎᒍᑦ ᒪᒥᓴᕐᓂᖃᕆᐊᖃᕐᑎᓗᒍ, ᑲᒃᑲᓛᑦ, ᐱᐊᕃᑦ ᒪᑭᑕᑦᓯᐊᕆᐊᖃᕐᓂᖏᑦ ᐱᒻᒪᕆᐅᑎᑕᐅᒋᐊᖃᕐᐳᑦ. ᓯᕗᓕᕐᑏᑦ ᐃᑉᐱᒍᓱᑦᓯᐊᕆᐊᓪᓚᕆᐊᓖᑦ ᑐᑭᑖᕋᓱᐊᕆᐊᖃᓕᕈᑎᒃ ᐃᓘᓐᓈᒍᑦ ᑕᑯᓐᓇᕋᓱᐊᑦᓯᐊᓗᑎᒃ.

ᑐᕌᒉᑦ

• ᖃᓂᒪᓇᕐᒥᒃ ᐁᑦᑐᑑᑕᐅᓲᒥᒃ COVID-19-ᓚᔭᐅᔪᒥᒃ ᐁᑦᑐᑑᑕᐅᑎᑦᓯᑌᓕᓂᖅ ᐃᓚᒌᓄᑦ ᐯᕆᑦᓯᕕᑎᒍᑦ.

• ᓴᐳᒻᒥᔭᐅᑎᑦᓯᐊᓗᒋᑦ ᐊᑦᑕᓇᕐᓯᓂᐅᔭᕐᑐᑦ ᑲᒃᑲᓛᑦ, ᐱᐊᕃᑦ

• ᑲᒃᑲᓛᑦ, ᐱᐊᕃᑦ ᓱᒐᑦᓴᖃᕐᑎᖃᑦᑕᓗᒋᑦ ᐱᕙᓪᓕᕈᑎᒋᓚᖓᔭᖏᓐᓂᒃ (ᐃᓕᓐᓂᐊᓂᒃᑯᑦ
ᐱᕐᖁᓯᑐᖃᕐᑎᒍᓪᓗ)
• ᐊᖓᔪᕐᖄᕆᔭᐅᔪᑦ ᐱᓇᓱᕝᕕᒥᓄᑦ ᐅᑎᕈᓐᓇᓯᑎᒍᒪᑦᓱᒋᑦ

ᓄᓇᕕᒻᒥ ᐯᕆᑦᓯᕖᑦ

ᖃᓄᐃᓘᖁᔨᒍᑏᑦ

ᓄᓇᓕᒻᒥ ᖃᓂᒪᔪᕐᑕᖃᖕᖏᐸᑦ ᖃᓂᒪᓇᕐᒥᒃ ᐁᑦᑐᑑᑕᐅᓲᒥᒃ COVID -ᓚᔭᐅᔪᒥᒃ, ᐊᑑᑎᔭᐅᒋᐊᓖᑦ ᐃᑯᓪᓚᑎᑦᓯᒐᓱᐊᕐᓂᒧᑦ ᓱᕐᕃᓂᖃᓪᓗᐊᑌᓕᒋᐊᓖᑦ ᑲᒃᑲᓛᓂᒃ. ᑐᕌᒐᖃᕋᑦᑕ ᑲᒃᑲᓛᒥᒃ, ᐱᐊᕋᕐᒥᒃ ᖃᓂᒪᒍᑎᓕᒻᒥᒃ ᐁᑦᑐᐃᓚᕿᖁᔨᒐᑕ ᓄᓇᓕᒻᒥᐅᓂᒃ, ᐯᕆᑦᓯᕖᑦ ᐅᒃᑯᐃᖔᑦᓯᐊᓕᕐᑎᓗᒋᑦ.

ᓄᓇᓕᓐᓂ ᖃᓂᒪᔪᕐᑕᓕᓐᓂ COVID -ᓚᔭᐅᔪᒧᑦ, ᐯᕆᑦᓯᕖᑦ ᐅᒃᑯᐃᑕᐅᒐᔭᕐᑐᑦ
ᐊᑦᑕᓇᕐᓯᓂᐅᔭᕐᑐᕆᔭᐅᒍᓐᓀᐸᑕ ᐃᓄᐃᑦ ᓇᐅᓕᒫᓂᒃ ᖃᓄᐃᖕᖏᓯᐊᕐᑐᓴᐅᓂᕐᒧᑦ ᐊᓪᓚᕕᒻᒥ ᐱᓇᓱᑦᑎᓄᑦ.

ᓇᐅᓕᒫᑦ ᖃᓄᐃᖕᖏᓯᐊᕐᑐᓴᐅᓂᖏᓐᓄᑦ ᐊᓪᓚᕕᒻᒥ ᐱᓇᓱᑦᑏᑦ ᕿᒥᕐᕈᓯᐊᖃᑦᑕᑐᑦ
ᐁᑦᑐᑕᐅᔪᕕᓂᐅᔪᖃᑐᐊᕐᒪᑦ ᖃᓂᒻᒪᑐᕕᓂᕐᓂᒃ ᐊᑐᓂ ᑲᒪᒋᖃᑦᑕᓱᒋᑦ ᖃᓄᐃᓘᖁᔨᒍᑎᓂᓪᓗ

ᐅᖃᐅᑎᖃᑦᑕᓱᒋᑦ. ᓇᐅᓕᒫᑦ ᖃᓄᐃᖕᖏᓯᐊᕐᑐᓴᐅᓂᖏᓐᓄᑦ ᐊᓪᓚᕕᒻᒥ ᐱᓇᓱᑦᑏᑦ ᐅᒃᑯᐊᓯᖃᑦᑕᓚᖓᔪᑦ ᐯᕆᑦᓯᕕᓐᓂᒃ ᒋᐊᖃᕈᑎᒃ ᐊᒥᓱᓂᒃ ᖃᓂᒻᒪᖁᔨᖕᖏᓇᒥᒃ.

ᖃᓄᐃᓘᖁᔨᒍᑏᑦ:

ᐯᕆᑦᓯᔩᑦ ᖃᓂᒪᓇᖃᕐᑎᓗᒍ ᐁᑦᑐᑑᑕᐅᓲᒥᒃ COVID-19 -ᓚᔭᐅᔪᒥᒃ

ᐯᕆᑦᓯᔩᑦ ᐃᓪᓗᐊᕈᓯᖏᓐᓂᒃ (ᖃᕆᐊᖏᓐᓂᒃ) ᐯᕆᓚᖓᔭᒥᑕ ᐊᑐᐃᓐᓇᕈᕐᑎᕆᓛᕐᑐᑦ ᐅᒃᑯᐃᓛᓕᑐᐊᕐᐸᑦ
ᐯᕆᑦᓯᕕᒃ.

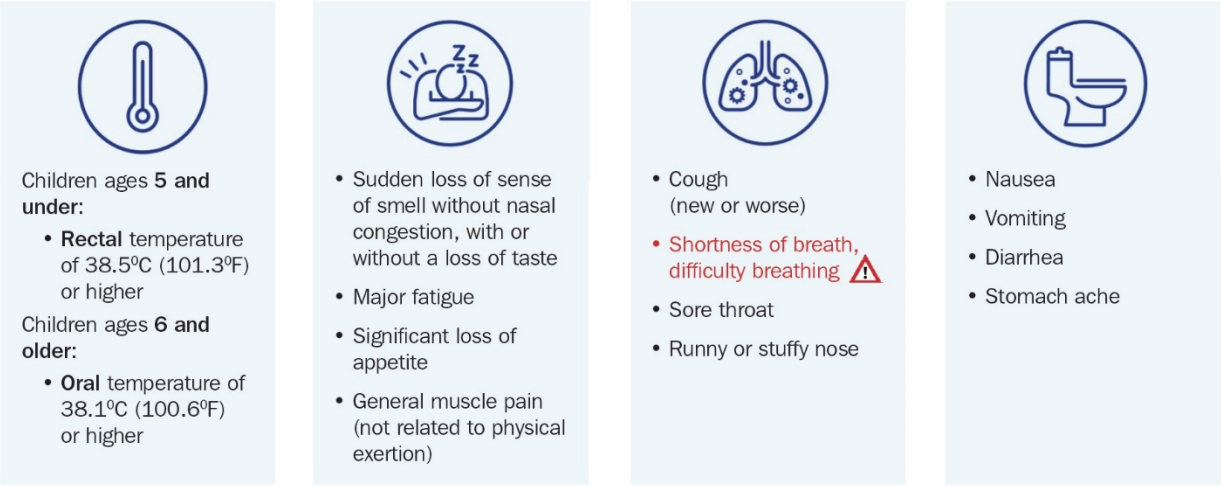
ᐃᒣᓘᕐᓂᐊᓕᕐᒥᒐᒥᒃ:
• ᑐᖕᖓᓱᑦᑎᓯᕕᑦᓴᓕᐅᕐᓗᑎᒃ ᐋᑦᓯᔪᓂᒃ ᐁᑦᓯᔪᓂᓪᓗ.
• ᐯᕆᑦᓯᕕᓕᐊᕐᑐᑦ ᐊᑕᐅᓯᕐᒧᑦ ᐃᓄᒻᒪᕆᒻᒧᑦ ᐋᑕᐅᒋᐊᓖᑦ ᑐᖕᖓᓱᑦᑎᓯᕕᒻᒧᑦ.
• ᐃᑎᕐᐸᑦ ᑲᒃᑲᓛᖅ, ᐱᐊᕋᖅ ᐃᓪᓗᐊᕈᓯᕐᒥᓅᕐᑕᐅᒐᔭᕐᑐᖅ (ᖃᕆᐊᕐᒥᓅᕐᑕᐅᒐᔭᕐᑐᖅ) ᐯᕆᑦᓯᔨᒥᓅᕐᓗᒍ
• ᐃᓪᓗᐊᕈᓰᑦ (ᖃᕆᐊᑦ) ᖃᑦᓯᑕᖃᕆᐊᖃᖕᓂᖏᑦ:

- 0-17 ᑕᕐᕿᓖᑦ = 1 ᐯᕆᑦᓯᔨ 5-ᓂᒃ ᓄᑕᕋᕐᓂᒃ

- 18-ᓂᒃ ᑕᕐᕿᓕᓐᓂᑦ 47-ᓄᑦ ᑕᕐᕿᓕᓐᓄᑦ = 1 ᐯᕆᑦᓯᔨ 6-ᓂᒃ ᑲᒃᑲᓛᓂᒃ (ᐱᐊᕋᕐᓂᒃ)
- 48-ᓂᒃ ᑕᕐᕿᓕᓐᓂᑦ ᐊᖓᔪᑦᓯᓄᑦ = 1 ᐯᕆᑦᓯᔨ 8-ᓂᒃ ᑲᒃᑲᓛᓂᒃ (ᐱᐊᕋᕐᓂᒃ)

• ᑲᒃᑲᓛᑦ (ᐱᐊᕃᑦ) ᐱᐅᓕᓐᓂᐊᒐᖏᑦ ᐊᑎᕐᑕᓕᒻᒧᑦ ᐴᕐᑕᐅᓲᑦ ᐴᖓ ᓴᓂᕐᕙᑕᐅᑦᓱᓂ
ᐊᓐᓄᕌᖃᐅᑎᖓᓄᑦ.
• ᐃᓪᓗᐊᕈᓯᖏᑦ (ᖃᕆᐊᖏᑦ) ᐊᑐᕐᑕᑑᒋᐊᓖᑦ ᐅᑭᐅᖏᑦ ᒪᓕᓪᓗᒋᑦ ᐋᕐᕿᓱᕐᑕᐅᓯᒪᓂᖏᑦ
ᐯᕆᑦᔨᓯᒥᓄᑐᐊᕐᓗ ᓇᔪᕐᑕᐅᓗᑎᒃ ᓇᐅᑐᐃᓐᓇᓄᑦ ᓇᔪᕐᑕᐅᒋᐊᖃᖕᖏᒪᑕ.
• ᐃᕐᕈᑐᑦᓯᐊᖃᑦᑕᖁᓗᒋᑦ ᐃᕐᕈᑐᑦᓯᐊᖃᑦᑕᓗᓯᓗ ᖁᐃᕐᑐᕈᓯᕐᒥᒃ ᖃᐅᔨᑎᖃᑦᑕᓗᒋᑦ

ᐅᓪᓗᓯᐅᕐᓂᓕᒫᑦᓯᓂ.



ᓄᓇᕕᒻᒥ ᐯᕆᑦᓯᕖᑦ

• ᐃᓪᓗᐊᕈᓯᖅ (ᖃᕆᐊᖅ) ᓴᓗᒻᒪᓴᓗᑭᖃᑦᑕᓗᒍ, ᐊᑦᑐᑕᐅᓲᒍᓂᕐᐹᑦ ᖁᐱᕐᕈᐃᔦᒍᑎᑕᓕᒻᒧᑦ
ᓴᓗᒻᒪᓴᖃᑦᑕᓗᒋᑦ.

• ᐊᓃᖕᖑᐊᑎᖃᑦᑕᓂᕐᓴᕆᖃᑦᑕᓗᒋᑦ ᐁᑦᑐᑑᑎᓂᐅᔭᖕᖏᓂᕐᓴᐅᓂᐊᕐᒪᑕ.

• ᑲᒃᑲᓛᖅ (ᐱᐊᕋᖅ) ᖃᓄᐃᑦᑑᔮᓕᕐᐸᑦ, ᐆᓇᕐᒪᖔᑦ ᖃᐅᔨᓴᕐᓗ ᖃᐅᔨᑎᑦᓯᓴᐅᑎᒋᓗᑎᓪᓗ
ᐊᐅᓚᑦᓯᔨᓂᒃ.

• ᒪᓗᓐᓇᐅᑎᓕᒃ ᑲᒃᑲᓛᖅ ᐱᐊᕋᖅ ᐃᓂᑦᓴᓕᐊᒍᓯᒪᔪᒨᕐᑕᐅᒋᐊᓕᒃ, ᐯᕆᑦᓯᕕᐅᓪᓗ
ᐱᓇᓱᑦᑎᖓ ᖃᐅᔨᑎᑦᓯᓗᓂ ᑲᒪᔨᖓᓂᒃ ᑲᒃᑲᓛᑉ ᐁᔭᐅᒋᐊᖃᕐᒪᑦ. ᒪᓗᓐᓇᐅᑎᐅᓲᑦ (ᐆᑦᑐᕋᐅᑎᒋᑦᓱᒍ: ᐃᐱᓂᐊᓕᕐᑕᓂᖅ) ᖃᐅᔨᓴᕐᑕᐅᒍᑎᐅᑦᓴᐅᑎᒋᒋᐊᖃᕐᐳᖅ ᐋᓐᓂᐊᕕᐊᐱᒻᒥ. ᑭᓯᐊᓂ, ᒪᓗᓐᓇᐅᑎᐅᓲᑦ ᐃᓚᖏᑦ ᐃᑉᐱᒋᔭᐅᖏᓐᓇᕆᐊᖃᕐᐳᑦ ᐃᑲᐅᕐᓂᓂ 24-ᓂ ᑲᒃᑲᓛᖅ ᑐᑭᑖᕐᑐᖃᓚᐅᕋᓂ ᖃᐅᔨᓴᕐᑕᐅᔪᑦᓴᐅᒪᖔᑦ ᖏᒻᒪᖔᓪᓘᓃᑦ ᖃᓂᒻᒪᓯᒪᒻᒪᖔᑦ COVID-ᒍᓂᕋᕐᑕᒧᑦ. COVID-19 -ᐱᓪᓗᒍ ᐅᖄᕕᑦᓭᑦ ᐃᑲᔪᕐᓯᒍᓐᓇᐳᑦ ᑐᑭᑖᕋᓱᐊᕈᑕᐅᓚᖓᑉᐸᑦ
ᑕᒪᓐᓇ (ᐊᓪᓕᕇᕐᑐᓂᑦ-ᓂᕿᑦᓯᑐᓄᑦ 8:00-ᖑᒥᑦ ᐅᓪᓛᑯᑦ - 7:00-ᖑᒧᑦ ᐅᓐᓄᑐᒃᑯᑦ) ᓄᓇᓕᑦᓯᓂᓪᓗ ᐋᓐᓂᐊᕕᐊᐲᑦ ᐃᑲᔪᕈᓐᓇᒥᑦᓱᑎᒃ.

• ᑲᒃᑲᓛᑦ ᐱᐊᕃᑦ ᒪᓗᓐᓇᐅᑎᓖᑦ ᑕᑲᒃᑯᐊ ᓇᓪᓕᖏᓐᓂᒃ ᐃᑉᐱᒋᔭᐅᖏᓐᓇᕆᐊᖃᕐᐳᑦ

ᐊᓇᕐᕋᓯᒪᓗᑎᒃ ᐃᑲᐅᕐᓂᓂ 24-ᓂ, ᖃᐅᔨᔭᐅᒐᓱᐊᑦᓯᐊᓂᐊᓕᕋᒥᒃ ᖃᐅᔨᓴᕐᑕᐅᔪᑦᓴᐅᒪᖔᑕ ᖃᓂᒻᒪᓯᒪᒻᒪᖔᑕ COVID-ᒍᓂᕋᕐᑕᒧᑦ ᐯᕆᑦᓯᕕᒻᒧᓘᓐᓃᑦ ᐅᑎᕈᓐᓇᓕᕋᓗᐊᕐᒪᖔᑕ:

• ᐃᓪᓗᐊᕈᓯᖅ (ᖃᕆᐊᖅ) ᐊᓄᕆᑖᕐᑕᐅᒋᐊᓕᒃ ᖁᐱᕐᕈᐃᔦᒍᑎᓕᒻᒧᓗ ᓴᓗᒻᒪᓴᕐᓗᒍ ᐃᑉᐱᒋᑦᓯᐊᓗᒋᑦ
ᐃᓪᓗᐊᕈᓯᕐᒦᑐᑦ (ᖃᕆᐊᕐᒦᑐᑦ). ᐃᓱᒪᒋᑦᓱᒋᑦ ᐊᒥᓱᑦ ᑲᒃᑲᓛᑦ (ᐱᐊᕃᑦ) ᖃᓂᒻᒪᒍᑎᖃᓛᖕᖏᑐᑦ ᐁᑦᑐᑑᑕᐅᓲᒥᒃ COVID-19 -ᓚᔭᐅᔪᒥᒃ ᖃᐅᔨᒪᓇᕐᓱᓂᓗ ᑲᒃᑲᓛᑦ (ᐱᐊᕃᑦ) ᐁᑦᑐᐃᓂᐅᔭᖕᖏᓂᕐᓴᐅᒋᐊᖏᑦᑕ ᖃᓂᒪᓇᕐᒥᒃ ᐁᑦᑐᑑᑕᐅᓲᒥᒃ COVID-19 -ᓚᔭᐅᔪᒥᒃ, ᐱᓇᓱᑦᑏᑦ ᓱᒐᓗᓗᐊᕐᑐᒥᒃ ᖃᐅᔨᕙᓪᓛᖃᑦᑕᑐᑦᓴᐅᖏᓪᓚᑦ ᑲᒪᒋᔭᒥᓂᒃ.

ᓄᓇᕕᒻᒥ ᐯᕆᑦᓯᕖᑦ

• ᐊᓇᕐᕋᓇᕐᓯᐸᑦ, ᑲᒃᑲᓛᖅ (ᐱᐊᕋᖅ) ᐊᓐᓄᕌᕐᑕᐅᒐᔭᕐᑐᖅ ᑲᑕᓕᐊᕈᑦᔭᐅᓗᓂᓗ ᐊᖓᔪᕐᖄᒥᓄᑦ
ᐅᑕᕐᕿᔭᐅᓗᓂ.

• ᐁᔭᐅᓯᒪᔪᐃᓐᓇᐅᓕᕐᐸᑕ ᑲᒃᑲᓛᑦ (ᐱᐊᕃᑦ), ᐯᕆᑦᓯᔩᑦ ᐃᓪᓗᐊᕈᓯᕐᒥᒃ (ᖃᕆᐊᕐᒥᒃ)
ᓴᓗᒻᒪᓭᒐᔭᕐᑐᑦ, ᖁᐱᕐᕈᐃᔦᒍᑎᓕᒻᒧᑦ ᓴᓗᒻᒪᓭᓗᑎᒃ ᐱᐅᓕᓐᓂᐊᒐᕐᓂᒃ ᓴᓂᓐᓂᓗ ᐊᓂᐅᕐᙯᓗᑎᒃ.

• ᑲᒃᑲᓛᑦ ᐱᐊᕃᑦ ᖃᓂᑕᕇᑦᑌᓕᑎᑕᐅᖁᔭᐅᖕᖏᑐᑦ, ᐱᖕᖑᐊᖃᑎᒌᖃᑦᑕᓱᑎᒃ ᑭᓯᐊᓂ
ᐱᕈᕐᐸᓕᐊᑦᓯᐊᓂᖃᕈᓐᓇᒪᑕ. ᖃᓂᑕᕇᑦᑌᓕᒋᐊᖃᖕᖏᒥᔪᑦ ᐯᕆᑦᓯᕕᒻᒥ ᐱᓇᓱᑦᑏᑦ ᐯᕆᔭᖏᓪᓗ. ᐃᓄᒻᒪᕇᑦ ᖃᓂᑕᕇᑦᑌᓕᖃᑦᑕᕆᐊᓖᑦ (ᐯᕆᑦᓯᔩᑦ ᓄᕐᖃᖓᑫᓐᓇᓕᑐᐊᕈᑎᒃ, ᐊᖓᔪᕐᖄᕆᔭᐅᔪᐃᓪᓗ ᐯᕆᑦᓯᕕᒻᒦᔨᐊᒥᓂᒃ ᐁᑦᓯᔪᑦ, ᐊᓯᖏᓪᓗ).

• ᐱᓇᓱᑦᑏᑦ ᐁᑦᑐᑕᐅᑦᑌᓕᒍᑎᑦᓴᓄᑦ ᑐᑭᒧᐊᒍᑎᑦᓴᖏᑦ (CNESST) ᐅᖃᐅᓯᕐᑕᖃᕐᐳᑦ
ᐯᕆᑦᓯᕕᒻᒥ ᐱᓇᓱᑦᑏᑦ ᓂᐅᕐᖃᕇᒃᑯᑎᓯᒪᒋᐊᖃᕐᑎᓗᒋᑦ ᐃᑦᔨᕇᒃᑯᑎᓯᒪᓗᑎᓪᓗ (ᑮᓈᕐᓯᒪᓗᑎᒃ ᐃᒡᒑᓗᑦᓯᒪᓗᑎᓪᓘᓃᑦ) 2-ᒦᑕᓄᑦ ᑲᒃᑲᓛᓂᒃ ᐅᖓᓯᑦᑕᖃᕈᓐᓇᖏᒃᑯᑎᒃ, ᐃᓛᓐᓂ ᑌᒣᒍᓐᓇᖃᑦᑕᓂᐊᖕᖏᑑᒐᓗᐊᑦ 15-ᒥᓂᑦᓂᓪᓗ ᐅᖓᑖᓅᕆᐊᖃᕋᑎᒃ ᑲᑎᓕᒫᕐᓱᒋᑦ ᐅᓪᓗᑕᒫᑦ ᖃᓂᑕᖃᑫᓐᓇᖃᑦᑕᕆᐊᖃᕐᓂᖏᑦ. ᑕᒪᒃᑯᐊ ᖃᓄᐃᓘᖁᔨᒍᑏᑦ ᐁᑦᑐᑕᐅᑦᑌᓕᑎᑦᓯᒍᑎᑦᓴᓕᐊᒍᓯᒪᔫᒐᓗᐊᑦ ᖃᓂᒪᓇᕐᒥᒃ COVID -ᓚᔭᐅᔪᒥᒃ ᐯᕆᑦᓯᕕᓐᓂ ᐱᓇᓱᑦᑎᓂᒃ, ᑲᒃᑲᓛᓂᒃ ᓴᐳᒻᒥᒍᑎᑦᓯᐊᒍᒋᕗᑦ.

• ᓂᐅᕐᖃᕇᒃᑯᑎᓯᒪᑦᓱᓂ ᐊᑯᓂᑯᑖᖅ ᐱᔭᕆᐊᑐᔫᖃᑦᑕᕈᓐᓇᒪᑦ, ᓇᐅᓕᒫᑦ
ᖃᓄᐃᖕᖏᓯᐊᕐᑐᓴᐅᓂᖏᓐᓄᑦ ᐱᓇᓱᑦᑏᑦ ᐯᕆᑦᓯᔨᓂᒃ ᓱᒐᑦᓴᖃᕐᑎᓯᒍᑎᒋᖃᑦᑕᓚᖓᔭᒥᓂᒃ ᐊᑐᐃᓐᓇᕈᕐᑎᕆᖃᑦᑕᖁᔨᕗᑦ ᐃᓱᒪᑦᓯᐊᓗᑎᒃ 2-ᒦᑕᓄᑦ ᖃᓂᑕᖃᓪᓗᐊᑌᓕᒋᐊᖃᕐᓂᒥᒃ ᑲᒃᑲᓛᓂᒃ: ᐊᓃᖕᖑᐊᑎᓪᓗᒋᑦ ᐃᑉᐱᒍᓱᒋᐊᕐᑐᓯᒪᓕᕈᑎᒃ, ᐊᑐᐊᕐᓯᕕᖃᓕᕈᑎᒃ,
ᐃᖕᖏᓗᑦᑖᕕᖃᓕᕈᑎᒃ, ᐊᓯᖏᓪᓗ.

• ᑲᒃᑲᓛᑦ ᐃᓅᓯᒃᑯᑦ, ᐃᑉᐱᓂᐊᕐᓂᒥᒍᓪᓗ ᐅᖃᐅᓯᒃᑯᓗ ᐱᕈᕐᐸᓕᐊᓂᖃᓲᒍᕗᑦ ᓈᒻᒪᖁᐊᒥᓂᒃ
ᑐᓴᐅᒪᖃᑎᖃᖃᑦᑕᓂᒃᑯᑦ ᐃᓄᒻᒪᕆᓐᓂᓗ ᐆᑦᑐᕋᐅᑎᒋᑦᓱᒋᑦ ᐯᕆᑦᓯᔩᑦ. ᓂᐅᕐᖃᕇᒃᑯᑎᑦᓭᑦ
ᐱᕗᑦ ᑕᓪᓕᒍᑎᔪᑦ, ᐯᕆᑦᓯᔩᑦ ᑮᓇᓕᒫᒃᑯᑦ ᑕᑯᑦᓴᓯᐅᒍᑎᓪᓗᒋᑦ ᐊᑐᐊᕐᓯᕕᖄᓕᑐᐊᕋᒥᒃ
ᑲᒃᑲᓛᓂᒃ.

ᐅᖃᐅᓯᕆᖃᑦᑕᓗᒋᑦ ᐃᓱᒪᑦᓯᐊᕈᓐᓇᕆᐊᖃᕐᓂᑯᑦ/ᐃᓱᒪᒃᑯᑦ ᐃᓅᓯᒃᑯᓗ ᐃᑲᔪᕐᓯᒪᔭᐅᒋᐊᓖᑦ

• ᑲᒃᑲᓛᑦ (ᐱᐊᕃᑦ) ᐊᐱᕐᓱᖃᑦᑕᖁᓗᒋᑦ ᐃᓱᒫᓗᒋᔭᒥᓂᓪᓗ ᐅᖄᒍᑎᖃᖃᑦᑕᖁᓗᒋᑦ.
• ᑐᑭᓯᒪᑎᑦᓯᐊᓗᒋᑦ ᓱᓕᔪᓂᒃ ᑐᑭᓯᒍᓐᓇᑕᖏᓐᓂᓗ.

ᓄᓇᕕᒻᒥ ᐯᕆᑦᓯᕖᑦ

ᐊᖓᔪᕐᖄᕆᔭᐅᔪᑦ ᑐᑭᒧᐊᒍᑎᑦᓴᖏᑦ ᖃᓂᒪᓇᖃᕐᑎᓗᒍ ᐁᑦᑐᑑᑕᐅᓲᒥᒃ COVID-19 -ᓚᔭᐅᔪᒥᒃ

• ᐊᖓᔪᕐᖄᕆᔭᐅᔪᖅ/ᑲᒪᔨᒋᔭᐅᔪᕐᓘᓃᑦ ᐯᕆᑦᓯᕕᓕᐊᕈᑎᒃ, ᒪᓕᑦᓯᐊᕆᐊᓖᑦ ᐊᑑᑎᒐᑦᓴᓕᐊᒍᓯᒪᔪᓂᒃ
ᐊᑦᑕᓀᑦᑐᒦᖁᓗᒋᑦ ᕿᑐᕐᖓᕆᔭᐅᔪᑦ ᐱᓇᓱᑦᑏᓗ. ᐯᕆᑦᓯᕕᓕᐊᕈᑎᒃ ᑕᑯᒐᔭᕐᑐᑦ ᐯᕆᑦᓯᕖᑦ ᐃᑎᕆᐊᕐᕕᖏᑦ ᐅᒃᑯᐊᑕᐅᓯᒪᒻᒪᑕ ᐋᑦᓯᔪᑦ ᐁᑦᓱᔪᐃᓪᓗ ᐃᓂᑦᓴᓕᐅᕐᑕᐅᓯᒪᑎᓪᓗᒋᑦ. ᐱᓇᓱᑦᑏᑦ ᐊᖓᔪᕐᖄᕆᔭᐅᔪᑦ ᐯᕆᔭᐅᔨᐊᖃᕆᐊᓕᑐᐊᑦ.
• ᐊᖓᔪᕐᖄᕆᔭᐅᔪᖅ / ᑲᒪᔨᒋᔭᐅᔪᖅ ᓇᓪᓕᐊ ᐯᕆᑦᓯᕕᓕᐊᕈᑦᔨᖃᑦᑕᕆᐊᓕᒃ.

• ᐯᕆᑦᓯᕕᓕᐊᕈᑦᔨᓚᐅᕋᓂ ᕿᑐᕐᖓᓕᒃ, ᒪᓗᓐᓇᐅᑎᖃᕐᒪᖔᑦ ᕿᑐᕐᖓᖓ ᖃᐅᔨᒐᓱᐊᕐᑐᓴᐅᕗᖅ.
ᖃᓂᒪᔫᔮᕐᐸᑦ ᕿᑐᕐᖓᖓ, ᐊᓇᕐᕋᓯᒣᓐᓇᕆᐊᓕᒃ ᐃᑲᐅᕐᓂᓂ 24-ᓂ ᖃᐅᔨᒐᓱᐊᖏᓐᓇᓕᒫᕐᓗᒍ ᖃᓄᐃᒻᒪᖔᑦ. ᖃᐅᔨᑦᓯᐊᕈᓐᓇᓂᐊᕋᒥ ᐯᕆᑦᓯᕕᒻᒧᑦ ᐅᑎᕈᓐᓇᓕᕐᓂᖓᓂᒃ. ᐅᕝᕙᓘᓐᓃᑦ ᖃᐅᔨᓴᕐᑕᐅᔪᑦᓴᐅᓂᖓᓂᒃ ᖃᓂᒻᒪᕈᑎᖃᕐᓯᒪᒻᒪᖔᑦ ᖃᓂᒪᓇᕐᒥᒃ COVID-ᒍᓂᕋᕐᑕᒧᑦ (ᑕᑯᓗᒋᑦ ᐊᑐᐊᕋᑦᓭᑦ “ᕿᑐᕐᖓᕌ ᐅᓪᓗᒥ ᐯᕆᑦᓯᕕᓕᐊᕈᓐᓇᓕᕐᖃ?” ᖃᐅᔨᓴᐅᑎᑦᓭᑦ ᑖᒃᑯᐊ ᐊᓪᓚᖁᑏᑦ ᐃᓱᐊᓃᑦᑐᑦ).

• ᓇᓗᓀᒃᑯᑕᓕᒻᒥᒃ ᐴᒡᒋᓯᒪᒋᐊᖃᕐᑐᑎᑦ ᕿᑐᕐᖓᐱᑦ ᐱᐅᓕᓐᓂᐊᒐᖃᐅᑎᑦᓴᖓᓂᒃ, ᐯᕆᑦᓯᔨᐅᑉ
ᑎᒍᒐᔭᕐᑕᖓ ᐴᖅ ᕿᑐᕐᖓᓃᕕᑦ ᐋᑦᓯᑐᐊᕈᕕᑦ.

• ᐯᕆᑦᓯᔨ ᑲᒃᑲᓛᒥᒃ (ᐱᐊᕋᕐᒥᒃ) ᐃᕐᕈᑐᕆᐊᕐᑐᑎᑦᓯᒐᔭᕐᑐᖅ ᑌᒪ
ᖃᕆᐊᖓᓅᕈᑦᔨᓂᐊᓕᕋᒥᐅᒃ.

• ᐃᕐᕈᑐᓗᑭᖃᑦᑕᖁᔭᐅᒐᔭᕐᑐᖅ ᑲᒃᑲᓛᖅ (ᐱᐊᕋᖅ) ᐅᓪᓗᓯᐅᕐᓂᒥᓂ.

• ᑲᒃᑲᓛᖅ (ᐱᐊᕋᖅ) ᖃᓂᒻᒪᑑᔮᕐᐸᑦ ᒪᓗᓐᓇᐅᑎᖃᓯᑉᐸᓗ ᓄᕙᑦᑐᑦ ᐆᓇᖃᑦᑕᓱᑎᒃ ᒪᓗᓐᓇᐅᑎᒋᓲᖏᓐᓂᒃ, ᐊᓯᐊᓅᕐᑕᐅᒐᔭᕐᑐᖅ ᐃᓪᓗᐊᕈᓯᕐᒧᑦ (ᖃᕆᐊᕐᒧᑦ) ᐊᓂᑎᑕᐅᑦᑌᓕᓯᓗᓂ ᐊᖓᔪᕐᖄᖓᓗ/ᑲᒪᔨᖓᓗ ᖃᐅᔨᑎᑕᐅᓗᓂ ᐁᑦᓯᓴᐅᑎᒋᖁᔭᐅᓗᓂᓗ ᕿᑐᕐᖓᒥᓂᒃ.
• ᐅᖄᖃᑎᒋᑦᓯᐊᓗᒍ ᑐᑭᓯᑎᑦᓯᐊᓗᒍ ᐊᖓᔪᕐᖄᖓ/ᑲᒪᔨᖓ ᖃᖓ ᐁᑦᓯᓂᐊᕐᒪᖔᑦ ᐯᕆᑦᓯᔨᖓ
ᐊᑐᐃᓐᓇᕈᕐᑎᓯᒪᒋᐊᖃᕐᒪᑦ ᐁᔭᐅᕕᒋᓚᖓᔭᖓᓂᒃ ᕿᑐᕐᖓᕆᔭᐅᔫᑉ.

• ᑐᑭᓯᒍᓐᓇᓯᐊᕐᑕᖏᓐᓂᒃ ᑐᑭᓯᒍᓐᓇᓕᕐᓂᖏᑦ ᒪᓕᓪᓗᒋᑦ ᑐᑭᓯᑎᑦᓯᖃᑦᑕᓗᓯ ᓯᓚᕐᔪᐊᓕᒫᒥ
ᖃᓂᒪᓇᖅ ᐱᓪᓗᒍ. ᑐᑭᓯᑎᑦᓯᐊᖃᑦᑕᓗᒋᑦ ᐆᑦᑐᕋᐅᑎᒋᑦᓱᒍ ᕿᑐᕐᙰᑦ ᖃᓂᒪᓗᓂ
ᐊᓇᕐᕋᓯᒪᑐᐃᓐᓇᐸᑦ ᐋᓐᓂᐊᕕᒻᒦᐸᓪᓘᓃᑦ, ᐅᖃᐅᑎᒍᓐᓇᑌᑦ ᐃᒫᒃ, “ᐊᓇᕐᕋᓯᒪᒋᐊᖃᕐᐳᑎᑦ/ᐋᓐᓂᐊᕕᒻᒦᒋᐊᖃᕐᐳᑎᑦ ᐊᑦᑕᓇᖕᖏᑐᒦᒋᐊᖃᕋᕕᑦ ᐃᓚᓐᓈᑎᓪᓗ
ᐊᑦᑕᓇᕐᓯᖁᓇᒋᑦ. ᖃᐅᔨᒪᔪᖓ ᐱᔭᕆᐊᑐᔫᒋᐊᖓᓂᒃ, ᓯᕘᕋᕐᓇᑑᑦᓱᓂᓗ ᐃᓛᓐᓂᓗ
ᓱᓇᓱᐊᕋᑦᓭᓘᕐᓇᑑᑦᓱᓂ, ᑭᓯᐊᓂ ᒪᓕᑦᓯᐊᕆᐊᖃᕐᑐᒍᑦ ᒪᓕᑦᑕᐅᒋᐊᓕᓐᓂᒃ ᐊᑦᑕᓇᕐᓯᖁᓇᑕ
ᐊᓯᕗᓪᓗ ᐊᑦᑕᓇᕐᓯᖁᓇᒋᑦ.”

ᖃᐅᔨᒪᔭᐅᒋᐊᓕᒃ. ᐯᕆᑦᓯᕕᒻᒧᑦ ᐅᑎᔨᐊᖃᕈᒪᔪᑦ ᐃᓱᒪᒥᑦᓯᐊᑐᑦ. ᐊᖓᔪᕐᖄᕆᔭᐅᔪᑦ ᖃᐅᔨᒋᐊᕐᕕᖃᖁᔭᐅᔪᑦ ᐯᕆᑦᓯᕕᓐᓂᒃ ᐅᑎᔨᐊᖃᓛᑐᐊᕈᑎᒃ ᕿᑐᕐᖓᒥᓂᒃ ᐯᕆᑦᓯᕕᒻᒧᑦ.

ᕿᑐᕐᖓᕋ ᐅᓪᓗᒥ ᐯᕆᑦᓯᕕᓕᐊᕈᓐᓇᑐᖅ?

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ᑖᒃᑯᐊ ᓇᓗᓀᕐᓯᒍᑏᑦ ᖃᐅᔨᒪᔭᐅᒋᐊᓕᓐᓂᒃ ᖃᓄᐃᓘᕆᐊᖃᕐᒪᖔᕐᐱᑦ ᕿᑐᕐᙰᑦ ᐯᕆᑦᓯᕕᓕᐊᕈᓐᓇᒪᖔᑦ ᐅᓪᓗᒥ ᖏᒻᒪᖔᓪᓘᓃᑦ ᑖᒃᑯᐊ ᖃᐅᔨᑎᑦᓯᒍᑏᑦ. ᐃᑲᔪᕐᑕᐅᒋᐊᖃᑐᐊᕈᕕᑦ, ᖃᓄᖅ ᑐᑭᑖᕋᓱᐊᕆᐊᒥᒃ ᓇᓗᑐᐊᕈᕕᑦ, ᐅᖄᕕᖃᕈᓐᓇᑐᑎᑦ COVID-19ᒧᑦ ᖃᓂᒪᓇᕐᑐᓕᕆᓂᕐᒧᑦ ᐃᓗᓯᓕᕆᔩᑦ ᐅᖄᓚᕕᑦᓴᓕᐊᕆᓯᒪᔭᖓᓄᑦ ᐆᒧᖓ: 1-888-662-7482 (ᐊᓪᓕᕆᕐᑐᓂᑦ ᓂᕿᑦᓯᑐᓄᑦ 8-ᖑᒥᑦ ᐅᓪᓛᑯᑦ 7-ᖑᒧᑦ ᐅᓐᓄᑯᑦ, ᐊᓪᓕᖏᓱᖓᕐᑐᓂ ᐊᓪᓕᑐᓂᓗ 12-ᖑᒥᑦ ᐅᓪᓗᑯᑦ 7-ᖑᒧᑦ ᐅᓐᓄᑯᑦ) ᐅᕝᕙᓘᓐᓃᑦ ᐅᖄᕕᖃᕈᓐᓇᒥᔪᑎᑦ ᓄᓇᓕᑦᓯ ᐋᓐᓂᐊᕕᖓᓄᑦ.

ᕿᑐᕐᙰᑦ ᖃᓄᑐᐃᓐᓇᖅ ᖃᓄᐃᒍᓇᐅᑐᐊᕐᐸᑦ, ᐊᓂᕐᕋᓯᒪᑎᒋᐊᓖᑦ ᐃᑲᕐᓂᓂ/ᑫᕙᓪᓚᒍᓯᓂ ᖁᓕᓪᓗ/ᑕᓪᓕᒪᐅᔪᕐᑐᓗ ᓯᑕᒪᓪᓘᓂ (24-ᓂ) ᖃᐅᔨᒪᒐᓱᐊᕐᓗᒍ ᖃᓄᐃᕙᓪᓕᐊᑐᐃᓐᓇᒪᖔᑦ ᖃᐅᔨᒐᓱᐊᕐᓗᒍ ᐃᒣᒻᒪᖔᑦ:

ᖃᓂᒪᓪᓚᕆᒻᒪᖔᑦ ᖃᐅᔨᒪᒐᓱᐊᕐᑕᐅᓂᖓᓂ ᕿᑐᕐᖓᕆᔭᐅᔪᖅ ᐊᖓᔪᖏᑦ, ᓄᑲᖏᑦ, ᓇᔭᖏᑦ, ᐊᓂᖏᑦ ᐯᕆᑦᓯᕕᓕᐊᕈᓐᓇᑐᑦ ᐃᓕᓴᕆᐊᓪᓗᑎᓘᓐᓃᑦ.

ᖃᐅᔨᒪᓕᑐᐊᕈᕕᐅᑉ ᖃᓄᐃᓪᓚᕆᓕᕆᐊᖓ ᐅᐃᒪᓇᕐᑑᓕᕐᓱᓂ, ᐅᖄᓚᒍᑎᒋᒋᐊᓖᑦ
ᓄᓇᓕᑦᓯ ᐋᓐᓂᐊᕕᖓᓄᑦ ᐊᒻᒪᓗ ᕿᑐᕐᙰᑦ ᐋᓐᓂᐊᕕᓕᐊᕐᑎᓴᐅᑎᒋᐊᐱᓪᓗᒍ ᐃᒣᑐᐊᕐᐸᑦ:

• ᐊᓂᕐᑎᕆᕐᖃᔭᑦᓯᐊᖏᑐᐊᕐᐸᑦ
• ᖃᓂᖓ ᑐᖑᔪᕐᑑᑐᐊᕐᐸᑦ
• ᐊᐅᓚᕐᖃᔭᑦᓯᐊᖏᑐᐊᕐᐸᑦ
• ᖁᐃᕐᒍᓐᓀᑐᐊᕐᐸᑦ ᐃᑲᐅᕐᓂᓂ/
ᑫᕙᓪᓚᒍᓯᓂ 12-ᓂ

ᓯÛᓪᓕᖅ ᐊÏᐅᕐåᕆᐊᓕ§ Ň

• ᓀᒪᒍᓐᓇᖏᑲᓪᓚᓲᑦ ᓱᑲᑦᑐᒥᒃ
ᓱᕐᓗᖏᒃ ᓯᒥᑦᓯᒪᖕᖏᑲᓗᐊᕐᒪᓃᑦ
ᓄᕙᒻᒧᑦ, ᓂᕿᔭᒥᓂᒃ
ᑎᐸᖃᓚᑦᓯᖏᓐᓈᕋᓗᐊᕋᒥᒃ
ᐅᕝᕙᓘᓐᓃᑦ
ᑎᐸᖃᓚᑦᓯᒍᓐᓀᓯᒪᒍᓐᓇᒥᔪᑦ
• ᑕᖃᒪᒻᒪᕆᓯᓲᑦ
• ᓂᕆᒍᒣᕐᓯᒪᓪᓚᕆᓯᓲᑦ
• ᐃᓘᓐᓈᒍᑦ

ᓄᑭᓕᕆᓯᓲᑦ (ᑎᒥᒃᑯᑦ
ᖃᓐᓇᑐᓕᕆᖃᑦᑕᖏᒃᑲᓗᐊᕋᒥᒃ)

ᑲᒃᑲᓛᑦ/ᐱᐊᕋᐃᑦ ᐅᑭᐅᓖᑦ 5-ᓂᒃ
ᒥᑦᓯᑎᒍᓪᓗ:
• ᐃᕐᓱᖓᑎᒍᑦ/ᐃᑎᖓᑎᒍᑦ
ᐆᓇᕐᒪᖔᑦ ᖃᐅᔨᓴᕐᓗᒍ
ᐆᓇᑐᐊᕈᓂ ᐃᒣᓪᓗᐊᕋᔭᕐᑐᖅ
ᐆᓇᕐᓂᖓ 38.50C (101.30F)
ᐅᖓᑖᓄᓘᓐᓃᑦ
ᑲᒃᑲᓛᑦ/ᐱᐊᕋᐃᑦ ᐅᑭᐅᓖᑦ 6-ᓂᒃ
ᐅᖓᑖᓄᓪᓗ:
• ᖃᓂᖓᑎᒍᑦ ᐆᓇᕐᒪᖔᑦ
ᖃᐅᔨᓴᕐᓗᒍ ᐆᓇᕈᓂ
ᐃᒣᓪᓗᐊᕋᔭᕐᑐᖅ 38.10C

(100.60F) ᐅᖓᑖᓄᓘᓐᓃᑦ

• ᒥᕆᐊᖕᖑᓱᓲᑦ
• ᒥᕆᐊᑎᕆᓲᑦ/ᒥᕆᐊᓪᓘᓴᓲᑦ
• ᐊᓇᑭᑕᓲᑦ/ᐃᑎᑦᑕᓲᑦ
• ᓈᖕᖑᓲᑦ/ᓈᓕᕆᓲᑦ

• ᓇᓗᓕᕐᓯᒪᔪᔭᑐᐊᕐᐸᑦ
• ᖃᐅᔨᒪᑦᓯᐊᑐᔮᕈᓐᓀᐸᑦ
• ᓯᓂᖕᖑᓱᑐᐃᓐᓇᓗᓂ
ᑐᐸᑦᓯᒪᕐᖃᔦᑐᐊᕐᐸᑦ

• ᖁᐃᑐᑲᑦᑕᓯᓲᑦ
(ᖁᐃᕐᑐᕈᓯᒋᓚᐅᕐᓯᒪᖕᖏᑕᒥᓂᒃ
ᖁᐃᕐᑐᕈᓯᖃᕐᓱᑎᒃ
ᐱᓗᐊᕐᓱᑎᓪᓘᓃᑦ)
• ᐃᐱᓂᐊᓯᓲᑦ,
ᐊᓂᕐᑎᕆᑦᓯᐊᖃᔦᓲᑦ
• ᐃᒡᒋᐊᓕᕆᓲᑦ
• ᕿᖓᕐᒥᒍᑦ ᑲᒃᑭᓕᓲᑦ ᓱᕐᓗᖏᓪᓗ
ᓯᒥᑦᓯᒪᑦᓱᑎᓘᓐᓃᑦ ᓄᕙᒻᒧᑦ

ᕿᑐᕐᖓᕋ ᐅᓪᓗᒥ ᐯᕆᑦᓯᕕᓕᐊᕈᓐᓇᑐᖅ?

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ᕿᑐᕐᙰᑦ ᐊᓂᕐᕋᓯᒪᑐᐃᓐᓇᕆᐊᓕᒃ. ᐁᑦᑐᑑᑎᐅᒍᓐᓇᓱᓂ ᖃᓂᒪᓇᕐᑐᒧᑦ COVID-ᒍᓂᕋᕐᑕᐅᔪᒧᑦ ᖃᓄᐃᒍᑎᖃᕐᒪᖔᑦ ᖃᐅᔨᓴᕐᑕᐅᖄᕆᐊᓕᒃ ᐯᕆᑦᓯᕕᒻᒧᑦ ᐅᑎᕐᑎᓚᐅᕐᓇᒍ.
ᐅᑯᐊᑕᒐ ᖃᓂᒪᓇᕐᑐᒧᑦ ᖃᓂᒪᔪᖃᓕᕐᒪᖔᑦ ᖃᐅᔨᒍᑎᐅᒍᓐᓇᑐᑦ ᐊᒻᒪᓗ ᓇᓪᓕᐊᓂᑐᐃᓐᓇᖅ ᐊᑕᐅᑦᓯᑯᑦ ᑖᒃᑯᓂᖓ ᖃᓄᐃᒍᑎᖃᕈᓐᓇᓱᑎᒃ ᑲᓂᒪᓇᕐᑐᒧᑦ COVID-ᒧᑦ ᖃᓂᒪᓕᕐᑐᐃᑦ ᖃᐅᔨᒐᓱᐊᕐᑕᐅᒋᐊᖃᕐᓱᑎᓪᓗ ᐃᒣᓕᑐᐊᕐᐸᑕ:

ᕿᑐᕐᙰᑦ ᖃᓂᒪᓇᕐᑐᒧᑦ COVID-ᒧᑦ ᖃᓂᒪᒻᒪᖔᑦ ᖃᐅᔨᓴᕐᑕᐅᖁᑐᐊᕈᕕᐅᒃ, ᐅᖄᕕᖃᕈᓐᓇᑐᑎᑦ COVID-19ᒧᑦ ᖃᓂᒪᓇᕐᑐᓕᕆᓂᕐᒧᑦ ᐃᓗᓯᓕᕆᔩᑦ
ᐅᖄᓚᕕᑦᓴᓕᐊᕆᓯᒪᔭᖓᓄᑦ ᐆᒧᖓ: 1-888-662-7482 ᐅᒃᑯᐃᖔᓐᓇᐅᑎᓪᓗᒍ ᑭᓯᐊᓂ (ᐊᓪᓕᕆᕐᑐᓂᑦ ᓂᕿᑦᓯᑐᓄᑦ 8-ᖑᒥᑦ ᐅᓪᓛᑯᑦ 7-ᖑᒧᑦ ᐅᓐᓄᑯᑦ, ᐊᓪᓕᖏᓱᖓᕐᑐᓂ ᐊᓪᓕᑐᓂᓗ 12-ᖑᒥᑦ ᐅᓪᓗᑯᑦ 7-ᖑᒧᑦ ᐅᓐᓄᑯᑦ) ᐅᕝᕙᓘᓐᓃᑦ ᐅᖄᕕᖃᕈᓐᓇᒥᔪᑎᑦ ᓄᓇᓕᑦᓯ ᐋᓐᓂᐊᕕᖓᓄᑦ.
ᕿᑐᕐᙰᑦ ᖃᓂᒪᖏᓐᓈᑐᐊᕐᐸᑦ ᖃᓂᒪᓇᕐᑐᒧᑦ ᖃᓂᒪᒍᓇᐅᔪᔮᕈᓐᓀᓗᓂ / ᑖᒃᑯᓂᖓ ᓇᓪᓕᐊᓂᑐᐃᓐᓇᖅ ᐊᑕᐅᑦᓯᑯᑦ ᖃᓄᐃᒍᑎᖃᕈᓇᐅᒐᓗᐊᕐᐸᑦ, ᑌᒪ ᐱᖓᔪᐊᓂ 3 ᐃᒣᒍᑎᐅᒍᓐᓇᑐᒦᔨᐊᖃᕐᐳᑎᑦ:

ᓯÛᓪᓕᖅ ᐊÏᐅᕐåᕆᐊᓕ§ ň
ᐃᑲᐅᕐᓂᓂ/ᑫᕙᓪᓚᒍᓯᕐᓂ 24-ᓂ ᕿᑐᕐᖓᕋ ᐊᓂᕐᕋᓯᒪᑎᓪᓗᒍ ᖃᐅᔨᒪᒐᓱᐊᖃᑦᑕᓚᐅᕐᑕᕋ ᖃᓄᐃᓪᓚᕆᒻᒪᖔᑦ,
ᓇᐅᑦᓯᑐᕆᐊᓪᓚᓚᐅᕐᓱᒍᓗ.

ᐃᑲᔪᕐᑕᐅᒋᐊᖃᑐᐊᕈᕕᑦ ᓇᐅᑦᓯᑐᕆᐊᓪᓚᑎᓪᓗᑎᑦ ᐅᖄᕕᖃᕈᓐᓇᑐᑎᑦ COVID-19ᒧᑦ ᖃᓂᒪᓇᕐᑐᓕᕆᓂᕐᒧᑦ ᐃᓗᓯᓕᕆᔩᑦ ᐅᖄᓚᕕᑦᓴᓕᐊᕆᓯᒪᔭᖓᓄᑦ ᐆᒧᖓ: 1-888-662-7482.

1 ᐃᒣᑦᑑᑐᐃᓐᓇᕆᐊᓕᒃ: ᕿᑐᕐᖓᕋ ᐱᐅᓯᐅᓂᕐᓴᒪᕆᐅᓕᕐᑐᖅ, ᐊᒻᒪᓗ ᖃᓄᐃᑦᑐᔮᑦᔭᒐᓂ.

2 ᐃᒣᑦᑑᑐᐃᓐᓇᕆᐊᓕᒃ: ᕿᑐᕐᖓᕋ ᖃᓄᐃᑦᑑᔮᖏᓐᓈᑐᖅ.

3 ᐃᒣᑦᑑᑐᐃᓐᓇᕆᐊᓕᒃ: ᕿᑐᕐᖓᕋ ᖃᓄᐃᑦᑑᔮᖏᓐᓈᑐᖅ, ᑭᓯᐊᓂ ᑖᒃᑯᓂ ᖃᓄᐃᒍᑎᐅᑐᐃᓐᓇᕆᐊᖃᕐᓱᑎᒃ ᐊᓪᓚᑕᐅᓯᒪᔪᓂᒃ ᖃᓄᐃᒍᑎᖃᕐᑑᔮᕋᓂ ᖃᐅᔨᓴᕐᑕᐅᒋᐊᖃᓕᕐᓂᕋᕐᑕᐅᔪᓂᒃ.

ᓇᐅᑐᐃᓐᓇᖅ ᐅᑯᐊ ᓇᓪᓕᐊᖏᓐᓂᒃ ᖃᓄᐃᒍᑎᖃᕈᓐᓇᑐᖅ:

• ᐆᓇᕐᓂᖃᕋᔭᕐᑐᖅ (38.5°C+ ᐅᖓᑖᓂᓗᓐᓃᑦ (101.3°F) ᐅᕝᕙᓘᓐᓃᑦ
ᐳᕐᑐᓂᕐᓴᐅᑐᐊᕐᐸᑦ)
• ᖁᐃᑐᖃᑦᑕᑐᐊᕈᓂ (ᖁᐃᕐᑐᕈᓯᒋᓚᐅᕐᓯᒪᑦᔭᖏᑦᑕᒥᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ
ᐱᓗᐊᑐᐊᕈᓂ)
• ᐊᓐᓂᑭᑦᑐᐊᐱᒻᒥᒃ ᐊᓂᕐᑎᕆᒍᓯᖃᓕᑐᐊᕈᓂ

• ᐊᓂᕐᑎᕆᑦᓯᐊᖃᔭᕈᓐᓀᑐᐊᕈᓂ

ᐅᑯᐊ ᓇᓪᓕᖏᓐᓂᒃ ᒪᕐᕉᓂᒃ ᖃᓄᐃᒍᑎᖃᕈᓇᐅᑐᐊᕈᓂ:*
• ᐆᓇᕐᓂᖃᕋᔭᕐᑐᖅ (38.1°C+ ᐅᖓᑖᓂᓗᓐᓃᑦ (100.6°F)
ᐅᕝᕙᓘᓐᓃᑦ ᐳᕐᑐᓂᕐᓴᐅᑐᐊᕐᐸᑦ)
ᐊᒻᒪᓗ*
• ᑲᒃᑭᐅᖃᑦᑕᑐᐊᕈᓂ ᐅᕝᕙᓘᓐᓃᑦ ᓱᕐᓗᖏᒃ ᓯᒥᑦᓯᒪᑐᐊᕐᐸᓃᑦ
ᐅᕝᕙᓘᓐᓃᑦ ᐃᒡᒋᐊᓕᕆᑐᐊᕈᓂ

• ᓈᓕᕆᑐᐊᕈᓂ, ᒥᕆᐊᑎᒋᖃᑦᑕᑐᐊᕈᓂ, ᐊᓇᑭᑕᖃᑦᑕᑐᐊᕈᓂ/
ᐃᑎᑦᑕᖃᑦᑕᑐᐊᕈᓂ

ᖃᐅᔨᓴᕐᑕᐅᓗᑯᒋᐊᖃᑦᔭᖏᑦᑐᖅ. ᐯᕆᑦᓯᕕᒧᓪᓗ ᐅᑎᕋᓗᐊᕈᓂ ᖃᓄᐃᒍᓐᓀᑐᖅ.
ᕿᑐᕐᙰᑦ ᐆᓇᑐᐊᕐᐸᑦ :
1. ᐅᓇᕈᓐᓀᑐᕆᓕᕋᓗᐊᕈᕕᐅᒃ, ᕿᑐᕐᙰᑦ ᐄᒐᕐᑐᕈᓐᓀᓯᒪᑦᓯᐊᕆᐊᓕᒃ (ᐄᔭᒐᕐᑐᕈᓐᓀᓯᒪᑦᓯᐊᕆᐊᓕᒃ) motrin/tylenol-ᒍᓂᕋᕐᑕᐅᔪᓂᒃ, ᐊᒻᒪᓗ
2. ᐃᑲᐅᕐᓂᓂ/ᑫᕙᓪᓚᒍᓯᕐᓂ 48-ᓂ ᐄᕐᖃᕈᓐᓀᓯᒪᒋᐊᖃᕐᓱᓂ ᕿᑐᕐᙰᑦ ᐯᕆᑦᓯᕕᒻᒧᑦ ᐅᑎᕐᑎᓚᐅᕐᓇᒍ.

1. ᕿᑐᕐᙰᑦ ᖃᓂᒪᓇᕐᑐᒧᑦ COVID-ᒧᑦ ᖃᓂᒪᓕᕐᒪᖔᑦ ᖃᐅᔨᓴᕐᑕᐅᒍᑎᖃᓪᓗᑯᒋᐊᖃᖕᖏᑐᖅ, ᐊᒻᒪᓗ
2. ᐃᓕᓴᕐᕕᒧᑦ ᐅᑎᕈᓐᓇᓱᓂ ᐃᑲᐅᕐᓃᑦ/ᑫᕙᓪᓚᒍᓰᑦ 24 ᐊᓂᒍᕐᑎᓗᒋᑦ ᐃᑯᓪᓚᐅᒥᓯᒪᓪᓚᕆᑐᐊᕐᐸᑦ. ᖃᐅᔨᒪᔭᐅᖁᓇᕐᑐᖅ ᐅᓇ; ᐆᓇᕐᑐᕕᓂᐅᑐᐊᕐᐸᑦ, ᐃᓕᓴᕐᕕᒧᑦ ᐅᑎᕈᓐᓇᑐᖅ ᑭᓯᐊᓂ ᐃᑲᐅᕐᓃᑦ/ᑫᕙᓪᓚᒍᓰᑦ 48 ᐊᓂᒍᑐᐊᕐᐸᑕ ᐆᓇᕐᑐᕕᓂᐅᓗᓂ.

*ᐆᓇᖃᑦᑕᑐᐊᕐᒪᑦ ᖃᓂᒪᓇᕐᑐᒧᑦ COVID-19-ᒧᑦ ᖃᓂᒻᒪᓯᒪᑐᐃᓐᓇᕆᐊᓕᒃ