



**Outdoor get-togethers should be favored over indoor get-togethers.**

**Keep a small social circle. Try to always meet with the same people. Outside is better.**

### ON THE LAND ACTIVITIES

- ☀ Keep a small social circle
- ☀ Carry hand sanitizer or soap and water to wash hands.
- ☀ Avoid sharing tent or cabin with people that are not from your household.
- ☀ Hunting, fishing and harvesting with people from different households is allowed
- ☀ People can travel by plane or boat for cultural activities purposes

### CONDITIONS IN PLACE FOR NORTH-NORTH TRAVELERS

- ☀ Wearing a mask is mandatory
- ☀ Pre-boarding questionnaires - Access denied to anyone with symptoms
- ☀ Only travelers are allowed at the airport terminals
- ☀ Travelers must keep a distance of 2 meters between each other
- ☀ No quarantine is needed for traveling within the region

### BASIC RECOMMENDATIONS FOR INDOOR AND OUTDOOR GET-TOGETHERS

- ☀ Wash hands often (for a minimum of 20 seconds)
- ☀ Cough or sneeze into the crook of the elbow or into a tissue and discard the tissue immediately.
- ☀ Maintain a safe distance of two meters from people from different households.
- ☀ Limit the number of people present and the number of members from different households.
- ☀ Avoid physical contact (hugs, handshakes) with people from different households.
- ☀ Wear a mask if a distance of two meters from others cannot be maintained, especially when visiting an Elder or vulnerable person.
- ☀ Do not share items that get in contact with saliva, e.g. bottles, joints, dishes or cigarettes.

#### Recommendations specific to indoor get-togethers:

- ☀ When intending to visit a household where an Elder or someone with a chronic illness lives, ask for their permission to visit.
- ☀ Authorities may intervene if there are more than 5 visitors in one household.



**IF YOU HAVE SYMPTOMS, REMAIN AT HOME AND CALL 1-888-662-7482**