







## Increased cleaning and disinfection measures

- Highly-touched surfaces should be cleaned and disinfected at least after each activity (e.g., door and refrigerator handles, counters, washrooms, tables, chairs, light switches) and at least a few times per day.

\*Disinfectants or disposable disinfectant wipes are effective against COVID-19. Read all product indications to ensure proper use. It is also possible to use diluted bleach (4 teaspoons [20 ml] of household bleach in 1 L [4 cups] of water). A fresh mixture of water and bleach should be prepared every day.

## Delivery of meals or food hampers

- All deliveries should be left on the client's porch whenever possible, and 2-meter social distancing rules must be adhered to. Delivery persons required to enter a house (e.g., delivery to a person with a mobility loss) must wear a medical mask if available or a fabric face covering.
- Delivery vehicles must be equipped with hand sanitizer so that delivery persons can wash their hands often (after each delivery).
- People who order food should wash their hands after receiving their delivery and before eating.

General information related to COVID-19 can be obtained by calling 1-833-301-0296, via the Messenger app (NRBHSS Facebook page) or by consulting the Web page <https://nrbhss.ca/en/coronavirus>.

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## Useful links

### Government of Québec

Questions and answers pertaining to employers and workers during the COVID-19 pandemic:  
<https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/answers-questions-coronavirus-covid19/employers-workers-covid-19/#c52726>