ᓇᐅᓕᒫᓄᐊᖓᔪᓂᒃ ᖃᓄᐃᖏᓯᐊᕐᓂᓕᕆᕕᐅᑉ ᐃᒫᖓᐃᕈᑎᖏᑦ ᐅᓪᓗᑯᑦ ᐱᐊᕋᐃᑦ ᓱᖃᑦᓯᑎᑕᐅᕕᖏᓐᓄᑦ ᐊᒻᒪᓗ ᐃᓅᓱᑦᑐᐃᑦ ᐃᓗᕐᑯᓯᕐᒥᒃ ᐃᓕᓐᓂᐊᓂᕐᒧᑦ ᒪᖃᐃᕖᑦ ᓄᓇᕕᒻᒥ

ᐊᑦᓚᑕᐅᔪᕕᓃᑦ: ᔫᓂ 16, 2020

ᓱᓇᒧᓕᖓᓂᖏᑦ

ᐱᐊᕋᐃᑦ ᐱᕙᓪᓕᐊᓂᖃᓲᖕᒍᒻᒪᑕ ᐃᓕᓐᓂᐊᓕᕋᒥᒃ, ᐸᐃᕆᑦᓯᕕᓐᓂ ᐅᓪᓗᑯᓪᓗ ᓱᖃᑦᓯᑎᑕᐅᕕᓐᓂ. ᐃᓗᓈᒍᑦ ᐱᕈᕐᓕᐊᓂᖓᓂᒃ ᐃᑲᔪᕐᓯᓯᒪᓲᖅ. ᐃᓚᖏᓐᓄᑦ ᐱᐊᕋᕐᓄᑦ ᐃᓂᑦᓯᐊᖑᓂᕐᓴᐅᓲᖅ ᐊᓂᕐᕋᒥᓂ ᑯᑦᓴᓇᖏᓂᓴᐅᒻᒪᑦ. ᑕᒪᒃᑯᐊ ᐱᐊᕋᐃᑦ ᐱᑦᔪᔭᐅᒍᑎᒋᓲᖓᑕ ᐅᒃᑯᐊᑕᐅᒪᓂᖓ ᐊᑯᓂ ᐃᑉᐱᓇᓚᖓᔪᖅ ᓱᕐᕋᐃᓯᒪᓂᖓᓂᖓᒍᑦ.

ᖃᓂᒪᓐᓇᒧᑦ COVID-19-ᒧᑦ ᐱᐊᕋᐃᑦ ᖃᓂᒻᒪᐅᖃᕋᔭᕐᐸᑕᑦ ᑲᑉᐱᐊᓇᓪᓗᐊᖏᓐᓂᓴᖅ ᐊᓯᖏᓐᓂᒃ ᖃᓂᒪᓐᓇᐅᓲᓂᒃ ᓄᓇᓕᓕᒫᓂ, ᐃᒡᒋᐊᓕᕆᓂᕐᒥᒃ, ᓄᕙᕐᔪᐊᓂᕐᒥᒃ - ᐃᓚᖏᑦ ᖃᐅᔨᓴᐅᑎᐅᓯᒪᔪᑦ ᖃᐅᔨᒍᑕᐅᓯᒪᔪᑦ ᐱᐊᕋᐃᑦ ᖃᓂᒪᓐᓇᒥᒃ ᐊᐃᑦᑐᑑᑎᖃᖏᓂᓴᐅᒍᓐᓇᑎᑦᓗᒋᑦ ᐃᓄᒻᒪᕆᓐᓂᒃ. ᖃᐅᔨᓴᕐᑕᐅᒍᑎᕕᓂᕐᓂᒃ ᐊᑦᓚᓯᒪᔪᓂᒃ ᓄᐃᕐᓯᒋᐊᑦᓚᕆᐊᖃᖏᓐᓇᑐᑦ ᑐᑭᓯᕐᓯᐊᕈᑎᑦᓴᓂᒃ ᖃᓄᖅ ᖃᓂᒪᓐᓇᖅ ᐊᐃᑦᑐᑑᑎᐅᓲᖓᒻᒪᖔᑦ.

ᐱᐊᕋᐃᑦ ᓱᕐᕋᑕᐅᓂᖃᓲᑦ ᐅᒃᑯᐊᑐᒃᑕᐅᕐᑕᐅᓂᐅᔪᓂᑦ ᖃᓄᐃᖏᓯᐊᕐᓂᕆᕆᐊᓕᖓ ᓱᕐᕋᑕᐅᑎᑦᓗᒍ. ᓄᓇᓕᓕᒫᓂ ᐊᑦᓱᕈᕐᓇᑐᒃᑰᖃᑦᑕᓯᒪᑎᑦᓗᒋᑦ ᕿᑐᖓᓈᓄᑦ ᐃᑉᐱᓂᐊᕈᑕᐅᔪᓂᒃ, ᐱᐊᕋᐃᑦ ᖃᓄᐃᖏᓯᐊᕆᐊᖃᕐᓂᖓᑕ ᐱᑦᓚᕆᐊᓗᓂᖓ ᐊᓯᐅᒍᑦ ᐅᖃᕈᑕᐅᒍᓐᓇᖏᑦᑐᖅ.

ᑐᕌᖓᐃᑦ

- ᐊᒥᓱᓄᑦ ᐃᓚᒋᑦᑐᓄᑦ ᐃᕐᐸᑎᑦᑕᐃᓕᓂᐊᕐᓗᒍ ᖃᓂᒪᓐᓇᖅ ᐅᓪᓗᑯᑦ ᓱᖃᕐᓯᑎᑦᓯᕕᓐᓂ ᐱᔪᖅ.
- ᓴᕗᓗᑕᖃᕐᑎᓯᐊᕐᓂᐊᓗᒋᑦ ᖃᓂᒻᒪᕈᐊᕈᓇᐅᓂᖏᑦ ᐱᐊᕋᐃᑦ.
- ᐱᐊᕋᐃᑦ ᐱᕙᓪᓕᕈᑎᒋᒍᓐᓇᕋᔭᕐᑕᖏᓐᓂᒃ ᓱᖃᑦᓯᑎᑕᐅᒍᑎᖃᖃᑦᑕᑎᓪᓗᒋᑦ (ᐃᓕᓐᓂᐊᑎᑕᐅᓂᒃᑯᑦ ᐊᒻᒪᓗ ᐱᐅᓯᑐᖃᕐᓂᖅ ᐱᓂᐊᕐᓂᖃᑎᑕᐅᑎᑦᓯᖃᑦᑕᓂᒃᑯᑦ)
- ᐊᖓᔪᖅᑳᖏᑦ ᐊᓈᓇᒃᑯᖏᑦ ᐊᑖᑕᒃᑯᖏᑦ ᐱᓇᓱᕙᕕᒥᓄᑦ ᐅᑐᕈᓐᓇᕐᑯᓗᒋᑦ

ᓄᓇᕕᒻᒥ ᐃᓗᓯᓕᕆᓂᕐᒧᑦ ᑲᑎᒪᔨᑦ
RÉGIE RÉGIONALE DE LA SANTÉ ET DES SERVICES SOCIAUX DU NUNAVIK
NUNAVIK REGIONAL BOARD OF HEALTH AND SOCIAL SERVICES

KATIVIK

ᐊᑑᑎᔭᐅᔪᑦᓴᕐᑯᑎᒋᔭᐅᔪᑦ

ᓄᓇᓕᓐᓂ ᖃᓂᒪᓐᓇᑐᕐᑕᖃᖏᑐᓂ

ᖃᓂᒪᓐᓇᒥᒃ ᐊᐃᑦᑐᑑᑎᐅᑏᒃᑯᑎᑦᓴᐃᑦ ᐱᐊᕋᕐᓂᒃ ᓱᕐᕋᐃᒍᑕᐅᒐᔭᖏᓗᑎᒃ ᐊᑐᓕᕐᑎᑕᐅᒋᐊᓖᑦ. ᑐᕌᒐᓇᔭᐅᔪᖅ ᐱᐊᕋᖅ ᓱᕐᕋᑕᐅᓪᓗᐊᕐᑯᖏᓪᓗᒍ ᖃᓂᒪᓐᓇᒧᑦ ᐊᐃᑦᑐᑑᑕᐅᔪᒧᑦ, ᐱᕙᓪᕐᑯᑎᒋᒍᓪᓇᑕᓕᒫᒥᓂᒃ ᐱᕙᓪᓕᕐᑯᑎᕐᑲᕐᓂᐊᓗᓂ. ᓄᓇᓕᒻᒥ ᖃᓂᒪᓐᓇᑐᕐᑲᕐᓂᖏᓪᓗᓂ ᖃᓂᒪᓐᓇᑖᕐᑐᕐᑲᑦᑕᕋᔭᕐᐸᑦ ᒪᓕᑦᑕᐅᒋᐊᕐᑲᕋᔭᕐᑐᑦ ᓱᕐᕋᑕᐅᑎᓪᓗᐊᑕᐃᓕᓗᒋᑦ ᐱᓂᐊᕐᓂᐅᔪᑦ.

ᓄᓇᓕᓐᓂ ᖃᓂᒪᓐᓇᑐᑕᓕᓐᓂ COVID-19-ᒥᒃ

ᐱᒍᕐᔨᓂᐅᔪᑦ ᑲᔪᓯᑎᒍᓐᓇᓂᐊᕐᓗᖏᑦ ᖃᓄᐃᖏᓂᕋᕐᑕᐅᐸᑦ ᓄᐅᓕᒫᓄᐊᖓᔪᓂᒃ ᖃᓄᐃᖏᓯᐊᕐᓂᓕᕆᔨᓄᑦ (ᐆᑦᑑᑎᒋᓗᒍ, ᐊᓯᓂ ᐱᓯᒪᔪᖅ ᖃᓂᒪᓐᓇᒥᒃ ᑎᑭᐅᕐᔨᓯᒪᑉᐸ ᓄᓇᓕᒻᒥᐅᓂᒃ ᑲᑎᖓᓯᖃᑦᑕᖏᓪᓗᓂ, ᐅᓪᓗᑯᑦ ᓱᖃᕐᓯᑎᕐᓯᓂᐅᖃᑦᑕᑐᑦ ᐱᐊᕋᕐᓂᒃ ᖃᔪᓯᒍᓐᓇᑐᑦ ᐃᓱᒫᓗᓐᓇᖏᓪᓗᑎᒃ.)
ᓇᐅᓕᒫᓄᐊᖓᔪᓂᒃ ᖃᓄᐃᖏᓯᐊᕐᓂᓕᕆᔨᑦ ᐊᑐᓂ ᖃᓂᒪᓐᓇᑖᕐᓯᒪᓂᐊᖑᑐᓂᒃ ᖃᐅᔨᓴᖃᑦᑕᕆᐊᓖᑦ ᐊᒻᒪᓗ ᐊᑐᕐᑕᐅᔪᑦᓴᕐᑯᑎᒥᓂᒃ ᓄᐃᑦᓯᖃᑦᑕᓗᑎᒃ. ᐅᓪᓗᑯᑦ ᓱᖃᕐᓯᑎᕐᓯᕕᐅᔪᑦ ᐱᐊᕋᕐᓂᒃ ᐊᒻᒪᓗ ᐃᓅᓱᑦᑐᐃᑦ ᒪᖃᐃᑦᑎᑕᐅᕕᖏᑦ ᐃᓗᕐᑯᓯᕐᒥᒃ ᐃᓕᓐᓂᐊᑎᑕᐅᑦᓱᑎᒃ ᐅᒃᑯᐊᑕᐅᒋᐊᖃᕋᔭᕐᑐᑦ ᖃᓂᒪᓐᓇᒥᒃ ᐃᕐᐸᑎᑦᓯᑕᐃᓕᓂᐅᓂᐊᑐᐊᕐᐸᑦ.

ᓇᓗᓇᐃᕐᑕᐅᒪᑦᓯᐊᑐᑦ ᐊᑐᓕᕐᑎᑕᐅᔪᑦᓴᕐᑯᑎᐅᔪᑦ

ᐃᓄᑑᑎᒋᐊᖃᕐᓂᒧᑦ ᒪᓕᑦᑕᐅᒋᐊᓕᑦ ᐊᑑᑎᔭᐅᒋᐊᖃᓕᕐᐸᑕ ᒪᓕᑦᑕᐅᖃᑦᑕᕆᐊᓖᑦ

- ᐱᐊᕋᐃᑦ ᐊᒻᒪᓗ ᑲᒪᔨᖏᑦ ᖃᓂᒪᓐᓇᑖᕐᓯᒪᓂᐊᖑᑐᑦ COVID-19-ᒥᒃ ᖃᐅᔨᓴᕐᑕᐅᒍᑎᒃᑯᑦ ᖃᐅᔨᔭᐅᓯᒪᔪᑦ ᐃᓄᑑᑎᒋᐊᖃᕐᓂᒧᑦ ᒪᓕᒐᕐᓂᒃ ᒪᓕᒋᐊᓖᑦ.
- ᐱᐊᕋᐃᑦ ᐊᒻᒪᓗ ᑲᒪᔨᖏᑦ ᖃᓂᒪᓐᓇᑖᕐᓯᒪᔪᓂᒃ ᖃᓂᑕᖃᕈᑎᒃ ᐃᓚᐅᒋᐊᖃᖏᑐᑦ ᐅᓪᓗᑯᑦ ᓱᖃᕐᓯᑎᕐᓯᕕᒻᒥ.
- ᐱᐊᕋᐃᑦ ᐊᒻᒪᓗ ᑲᒪᔨᖏᑦ ᖃᓪᓗᓈᑦ ᓄᓇᖓᓂᑦ ᐅᑎᕈᑎᒃ ᑖᒃᑯᑑᑎᓚᐅᑲᒋᐊᓖᑦ ᐅᓪᓗᓂᒃ 14-ᓂᒃ. ᑖᒃᑯᓇᓂ ᐅᓪᓗᓂᒃ ᑖᒃᑯᑑᑎᑕᐅᕕᒻᒥᓂ ᐃᓚᐅᒋᐊᖃᖏᑐᑦ ᐅᓪᓗᑯᑦ ᓱᖃᕐᓯᑎᕐᓯᕕᓐᓂ.

ᒪᓕᑦᑕᐅᒋᐊᓖᑦ ᐊᒡᒐᓂᐊᑦᓯᐊᖃᑦᑕᕆᐊᖃᑦᓂᒧᑦ ᐊᒻᒪᓗ ᐱᐅᓯᐅᒋᐊᓖᑦ ᐊᓂᑦᓂᑯᑦ ᐃᑦᐸᑎᑦᓯᑕᐃᓕᓂᑦᒧᑦ/ᑦᑯᐃᑦᑐᓂᑦᒧᓗ

- ᑲᐃᓪᓗᑐᑎᒍᑎᒋᖃᑦᑕᓗᒍ ᐊᒡᒐᓂᐊᑦᓯᐊᕆᐊᖃᑦᓂᖅ ᐊᒡᒐᓂᐊᕈᑎᑦᓴᐃᑦ ᐊᑐᐃᓐᓇᐅᑎᓪᓗᒋᑦ (ᐃᒪᖅ ᑯᕕᔪᖅ, ᐅᕝᕙᐅᑏᑦ, ᐊᒡᒐᓂᐊᕈᑏᑦ, ᐊᑦᑑᔭᕆᐊᑐᖕᒋᑐᑦ ᓴᓂᒃᑯᕕᑦ, ᓯᑯᑦᓴᔭᐅᑦᓯᑎᒃ ᐊᓪᓚᕈᑏᑦ ᐃᒋᑕᐅᓲᑦ, ᐊᓯᖕᒋᓪᓗ.)
- ᑲᐃᓪᓗᑐᑎᒍᑎᒋᖃᑦᑕᓗᒋᑦ ᐊᓂᑦᓂᑯᑦ ᑦᑯᐃᑦᑐᓂᒃᑯᓗ ᐊᐃᑦᑐᑐᑎᐅᑏᒃᑯᑕᐅᒍᓐᓇᑐᑦ :
  - ᖃᓂᑦᒥᓂᒃ ᕿᖓᑦᒥᓂᓪᓗ ᐸᑐᒻᒥᖃᑦᑕᓗᑎᒃ ᑦᑯᐃᑦᑐᓕᕈᑎᒃ ᑕᒋᐅᓕᕈᑎᓪᓗ, ᑲᒃᑭᒍᑎᑦᓴᔭᓂᒃ ᐊᑐᖃᑦᑕᓗᑎᒃ ᐃᑯᓯᒥᓄᓪᓗ ᑦᑯᐃᑦᑐᖃᑦᑕᓗᑎᒃ ᐊᒻᒪᓗ ᑦᑯᐃᑦᑐᓇᕈᑎᒃ ᑕᒋᐅᑏᒍᑎᒃ ᐊᒡᒐᓂᐊᖃᑦᑕᓗᑎᒃ.
  - ᐊᑕᐅᓯᐊᑦᓗᑎᒃ ᐊᑐᑦᑕᐅᑏᑐᐊᕈᔨᒃ ᐃᒋᑕᑦᓴᔭᓂᒃ ᑲᒃᑭᒍᑎᖃᑦᑕᓗᑎᒃ.
  - ᐃᒋᑦᓴᐅᑎᒋᖃᑦᑕᓗᒋᑦ ᑲᒃᑭᒍᑎᕕᓃᑦ ᓴᓂᒃᑯᕕᒻᒧᑦ ᐊᒻᒪᓗ ᐊᒡᒐᓂᐊᑦᑕᐅᑎᒋᓗᑎᒃ.
  - ᐱᐅᓂᑦᓴᖅ ᐊᑦᑑᔭᕆᐊᖃᖕᒋᑐᓂᒃ ᓴᓂᒃᑯᕕᖃᕈᑎᒃ
  - ᐊᒡᒐᒥᓄᖅ ᐊᑦᑑᔭᑦᑕᐃᓕᖃᑦᑕᓗᑎᒃ ᖃᓂᑦᒥᓂᒃ ᐃᔨᒥᓂᓪᓗ
- ᐊᑦᑑᔭᐅᑎᑦᑕᐃᓕᖃᑦᑕᓗᑎᒃ ᓴᐃᒧᑦᓂᑯᖅ, ᑯᓂᐅᑦᓂᑯᑦ ᐃᑭᒻᒥᐅᑎᓂᒃᑯᓗ

ᐅᖓᓯᑦᑕᓇᓐᓂᒥᒃ ᐊᑑᑎᑦᓯᐊᖃᑦᑕᓂᖅ

ᑲᒪᔨᐅᔪᑦ ᐃᑦᔪᐊᑦᑦᓴᓯᐊᖑᒐᓱᒋᐊᓖᑦ. ᐱᐊᕋᐃᑦ ᑲᑎᖓᖃᑎᒋᒋᐊᓕᒻᒥᓃᒃ ᑭᓯᐊᓂ ᑲᑎᖓᓯᑎᖃᑦᑕᓗᒋᑦ ᑖᒃᑯᓂᖓᑦᓴᐃᓇᑦ ᑲᒪᔨᖃᐃᓐᓇᖃᑦᑕᑎᓪᓗᒋᑦ. ᑲᑎᖓᖃᑎᒌᓱᖑᖕᒋᑐᑦ ᑲᑎᖓᓕᕐᐸᑕ ᓱᖃᑦᓯᑲᑎᒌᑦᑎᓗᐊᖃᑦᑕᐃᓕᖃᑦᑕᓗᒋᑦ. ᑲᑎᖓᖃᑎᒌᓲᖑᖕᒋᑐᑦ ᐱᐊᕋᐃᑦ ᑲᒪᔨᖕᒋᓪᓗ ᐊᐃᑦᑐᑑᑦᑕᐃᓕᖃᑯᓗᒋᑦ ᓇᓪᓕᑐᐃᓐᓇᖓ ᐱᐊᕋᖅ ᑲᒪᔨᓘᓐᓃᑦ ᖃᓂᒪᓐᓇᑐᖃᑦᓴᓂᕐᐸᑦ.

ᑲᑎᖓᓃᑦ

- ᐊᕕᑦᑐᓯᒪᔨᓪᓗᒋᑦ (ᐅᑭᐅᖕᒋᑎᒍᑦ)..
- ᑖᒃᑯᓴᐃᓐᓇᐅᖕᒋᓐᓇᓕᒫᑦᑎᒋᐊᓖᑦ. (ᐱᐊᕋᐃᑦ ᐊᓯᖕᒋᓐᓄᑦ ᑲᑎᖓᔪᓄᑦ ᓅᑦᑎᖃᑦᑕᕈᓐᓇᐃᓗᒋᑦ, ᑲᒪᔨᖓᓴᖕᒋᑦ.)
- ᖃᓄᐃᓘᓇᐊᖃᓂᖅ ᐅᓪᓗᑯᑦ ᓱᖃᑦᓯᑎᑦᓯᓂᖅᒨᓇᐅᖃᑎᓇᒋᑦ ᓱᖃᑦᓯᑎᑦᓯᓂᖅᒦᑏᖃᓯᒪᓕᖅᐸᑕᓗ: ᖃᒥᒃᕈᖃᑦᑕᓗᒋᑦ ᓱᖃᑦᓯᑎᑦᓯᒍᑕᐅᓂᐊᖅᑐᑦ ᐊᒻᒪᓗ ᐊᒥᓱᒐᓚᓐᓄᑦ ᐊᑦᔨᑏᖕᒋᑐᓄᑦ ᖃᓇᐊᖅᓄᑎᖃᑎᑕᓗᒋᑦ.

ᖃᒥᖅᕈᓂᖅ ᐊᐅᓚᑦᓯᓂᒃᑯᑦ ᒪᓕᑦᑕᐅᒋᐊᓕᓐᓂᒃ

- ᐃᓘᓐᓇᑎᒃ ᐊᑎᖕᒋᑦ ᐊᓪᓚᖃᑦᑕᓗᒋᑦ ᖃᐅᔨᒪᐅᑎᐅᒐᔭᖅᒪᑕ ᓇᓪᓕᖕᒋᑦ ᑲᑎᖓᖃᑦᑕᒪᖕᒐᑕ
- ᐱᐊᕋᐃᑦ ᐊᓪᓚᕕᒻᒧᑦ ᐃᑎᖅᑎᑕᐃᓕᖃᑦᑕᓗᒋᑦ

ᐱᐊᕋᐃᑦ ᐊᒥᓲᓈᕐᑎᓗᐊᕐᑕᐃᓕᖅᑲᑦᑕᓗᒋᑦ ᓂᕆᕕᒻᒥ ᐊᕕᑦᑐᓯᒪᑎᓪᓗᒋᑦ ᓂᕆᓐᓇᐃᑦ ᑲᐃᕙᓪᓚᒍᓯᖕᒋᑦ

- ᓂᕆᓐᓇᐃᑦ ᑲᐃᕙᓪᓚᒍᓯᖕᒋᑦ ᐊᕕᑦᑐᓯᒪᓗᒋᑦ ᒪᕿᕕᓪᓗᑎᒃ ᐱᖓᓱᕕᓪᓗᑎᓪᓘᓃᑦ.
- ᓵᕐᑦ ᐃᕐᓯᕙᐅᑕᐃᓪᓗ ᐃᑭᓪᓕᒋᐊᕐᓯᒪᓗᒋᑦ ᓈᒻᒪᑎᑐᐃᓐᓇᓗᒋᑦ ᐱᐊᕋᕐᓄᑦ ᓂᕆᓚᖓᔪᓄᑦ.

ᐊᑦᑑᔭᕐᑕᐅᒍᓪᓗᑦ ᓱᓇᑐᐃᓐᓇᐃᑦ ᓴᓗᒻᒪᓴᕐᓯᐊᖅᑲᑦᑕᓗᒋᑦ ᕐᑯᐱᕐᕈᑯᓗᐃᔭᐃᒍᑎᓄᓪᓗ ᐊᓪᓚᑎᖅᑲᑦᑕᓗᒋᑦ

ᖃᓂᒪᓐᓇᑖᕐᑕᐃᓕᕐᑯᔨᒧᑦ ᓴᓗᒻᒪᓴᐃᕋᓕᓐᓂᓴᐅᖅᑲᑦᑕᕆᐊᓖᑦ ᐊᑐᕐᑕᐅᒍᓪᓕᐅᓂᕐᐸᓂᒃ ᐊᒻᒪᓗ ᕐᑯᐱᕐᑯᓗᐃᔭᐃᒍᑎᓄᑦ ᐊᓪᓚᑎᕋᓕᓐᓂᓴᐅᖅᑲᑦᑕᓗᑎᒃ. ᐊᒥᓱᓄᑦ ᐊᑐᕐᑕᐅᓲᑦ (ᐆᑦᑑᑎᒋᓗᒋᑦ ᐅᑯᐊ; ᐃᒪᑐᐃᓐᓇᑐᕐᕖᑦ, ᐊᓪᓚᖑᐊᕈᑏᑦ ᑕᐅᑦᑐᓕᐅᕈᑏᑦ, ᐸᑦᑕᐃᑦ ᐊᓯᖕᒋᓪᓗ), ᕐᑯᐃᔭᕐᑐᕖᑦ, ᐊᒥᓱᓄᑦ ᓇᔪᕐᑕᐅᒍᓪᓖᑦ ᕐᑯᐱᒃᑯᓗᐃᔭᐃᒍᑎᓄᑦ ᐊᓪᓚᑎᕐᑕᐅᖅᑲᑦᑕᕆᐊᓖᑦ ᐊᓪᓚᑎᕐᑕᐃᕙᕐᓴᖅᑭᑦ ᐋᕿᑕᐅᒪᔪᑦ ᓈᒻᒪᓯᑐᐊᕐᐸᑕ, ᓴᓗᒻᒪᓴᐃᒍᑏᑦ ᐊᑐᕐᑕᐅᔪᑦᓴᓕᐊᖑᒪᔪᑦ ᐊᑐᕐᓗᒋᑦ

- ᐊᑐᕋᓕᓪᓗᐊᑕᐃᓕᖅᑲᑦᑕᓗᒋᑦ ᐱᓇᓲᑏᑦ ᐱᐅᒡᒍᑏᑦ ᐅᕝᕙᑕᐅᒋᐊᓪᓚᕕᖅᑲᖕᒋᑐᐃᑦ ᖃᓪᓗᓈᕐᑕᔭᐅᖕᒋᑐᑦ (ᐊᕿᑦᑐᔭᐅᑦᓯᑎᒃ ᐱᖑᐊᑦ, ᐊᓐᓄᕌᖑᐊᑦ, ᐊᓯᖕᒋᓪᓗ)
- ᑲᒪᔨᑦ ᐊᒡᒐᓂᐊᖅᑲᑦᑕᓇᐊᓖᑦ ᐊᐃᑦᑐᑑᑎᖅᑲᓚᐅᕋᑎᒃ ᐱᐅᒡᒍᑎᓂᒃ.
- ᑲᒪᔨᑦ ᓱᖅᑲᑦᓯᑎᑦᓯᒍᑎᒋᓗᒋᑦ ᐱᖑᐊᑎᑦᓯᒍᑎᒋᒍᓪᓇᑕᖕᒋᓐᓂᒃ ᐊᓪᓚᓯᒪᔪᓂᒃ ᐱᑕᖅᑲᑦᑎᑕᐅᒋᐊᓖᑦ.
- ᐃᑦᓯᕕᓕᐅᖅᓯᒪᓗᑎᒃ ᐱᖑᐊᕈᑎᑦᓴᖅᑲᐅᑎᑦᓴᓂᒃ.
- ᐱᒍᕐᔭᒍᓂᖅᑲᓚᐅᖅᑎᓇᒍ ᐊᒻᒪᓗ ᐱᒍᕐᔭᓂᖅᑲᓈᕐᓯᒪᓕᕐᐸᑦ ᕿᒥᕐᕈᖅᑲᑦᑕᓗᒋᑦ ᓱᖅᑲᑦᓯᑎᑦᓯᑎᑦᓴᐃᑦ ᐄᔭᕐᓗᒋᑦ ᓴᓗᒻᒪᓴᕐᑕᐅᒍᓐᓇᖕᒋᑦᑐᐃᑦ.

ᐊᓄᓇᑖᕈᑎᖅᑲᕐᑎᑦᓯᐊᕐᓗᒍ, ᓯᓚᒦᒍᓐᓇᑐᐊᕐᐸᑕ ᓯᓚᒥ ᓱᖅᑲᑦᓯᑎᑦᓯᖅᑲᑦᑕᓗᑎᒃ.

ᓯᓚᒥ ᓱᖅᑲᑦᓯᑎᑦᓯᓂᕐᓴᐅᖅᑲᑦᑕᓗᑎᒃ

- ᓱᖅᑲᑦᓯᑎᑦᓯᒍᑏᑦ ᓯᓚᒥ ᐊᑑᑎᔭᐅᖅᑲᑦᑕᑐᑦᓴᓕᐊᓇᓗᒋᑦ.
- ᓱᖅᑲᑦᓯᑎᑦᓯᒍᑎᑦᓴᐃᑦ ᐱᖑᐊᑎᑦᓯᒍᑏᑦ ᐋᕿᒋᐊᕐᓗᒋᑦ ᓯᓚᒥ ᐊᑑᑎᔭᐅᖅᑲᑦᑕᓂᐊᕐᑎᓗᒋᑦ.

ᐃᓪᓘ ᐃᓗᐊ ᐋᕿᒋᐊᕐᓗᒍ

- ᖃᓇᐊᑦ ᐃᓪᓗᐃᓗ ᐃᓗᖕᒋᑦ ᐋᕿᒋᐊᕐᓗᒋᑦ ᐱᐊᕋᕐᓄᑦ ᓇᔪᕐᑕᐃᔪᑦᓴᐃᑦ.
- ᐱᕐᑯᑎᖕᒋᑦ ᓈᒋᐊᖅᑲᑦᑕᓗᒋᑦ ᐊᑯᓪᓕᓇᕐᓯᐊᑎᓪᓗᒋᑦ.
- ᐊᓐᓄᕌᖅᑲᐅᑏᑦ ᐊᑐᕐᑕᐅᖕᒋᑦᑐᒥᒃ ᐊᑯᓐᓂᒥᐅᑕᖅᑲᕐᑎᓪᓗᒋᑦ.
- ᓇᓗᓇᐃᒃᑯᓯᕐᑐᓯᒪᓗᒋᑦ ᐃᕐᓯᕙᐅᑕᐃᑦ ᓂᕆᕕᒻᒥ ᐊᒻᒪᓗ ᑖᒃᑯᓄᖓᑦᓴᐃᓇᖅ ᐊᑐᕐᑕᐅᑎᖅᑲᑦᑕᓗᒋᑦ

ᓇᓗᓇᐃᕐᓯᒪᓗᒋᑦ ᖃᓇᐊᑦ ᐊᑐᕐᑕᐅᔪᑦᓴᐃᑦ ᓱᓚᕐᓂᓗᓕᕐᐸᑦ

- ᓯᕗᓂᖓᒍᑦ ᖃᐅᓯᓴᖃᑦᑕᓗᑎᒃ ᖃᓄᐃᓘᕐᑎᓯᓗᑎᒃ ᓱᖃᑦᓯᑎᑦᓯᓛᕈᒪᒻᒪᖕᒫᕐᒥ ᓱᕈᔪᐸᑦ ᐃᓂᒋᒋᐊᓕᖕᒋᓐᓂ ᖃᓄᐃᓘᕐᑎᓯᔪᑦᓴᐅᒪᖕᒫᕐᒥ ᓱᕈᔪᐸᑦ.
- ᐊᑐᐃᓐᓇᕈᕐᑎᓇᓯᒪᓗᑎᒃ ᓱᖃᑦᓯᑎᑦᓯᒍᑎᑦᓴᓂᒃ ᓱᕈᔪᓕᕐᐸᑦ (ᐆᑦᑑᑎᒋᓗᒋᑦ ᑖᓂᓯᕐᑎᓗᒋᑦ ᖁᐊᕐᑎᖑᐊᖃᑦᑕᓗᒋᑦ, ᓂᐸᖃᖕᒋᓗᑎᒃ ᓇᓚᐅᑦᓯᑎᓯᒐᓱᖑᐊᓗᑎᒃ, ᐃᖕᒋᖑᐊᕐᓗᑎᒃ, ᓱᓕᔫᖑᐊᓗᑎᒃ ᐃᑦᔪᐊᖃᑦᑕᐃᓂᒃᑯᑦ, ᐊᓯᖕᒋᓐᓂᓗ ᐊᑑᑎᓗᑎᒃ)

ᐱᕕᖃᑐᐊᕐᐸᑦ ᓯᓚᒥ ᓂᓇᑎᖃᑦᑕᓗᒋᑦ

- ᐃᓚᒋᐊᕐᓯᒪᓗᒋᑦ ᓯᓚᒥ ᓵᑦ ᓂᓇᕖᑦ
- ᐱᐊᕐᕐᓄᑦ ᓂᓇᕖᐅᒍᓐᓇᕋᔭᕐᑐᑦ ᐊᒥᓱᖑᓇᐊᕐᓗᒋᑦ.
- ᓇᓗᓇᐃᒃᑯᓯᕐᑐᓯᒪᓗᒋᑦ ᓂᓇᕖᐅᒍᓐᓇᑐᑦ ᓇᓗᓇᐃᒃᑯᑕᖕᒋᑦ ᓄᐃᑕᑦᓯᐊᑎᑦᒋᑦ.
- ᓵᑦ ᓯᓚᒥ ᓂᓇᕖᑦ ᒪᖕᒋᑦᑕᓕᐅᕐᓯᒪᓗᒋᑦ ᐊᓪᓗᑎᓇᐊᑭᑦᑐᓂᒃ ᐅᕝᕙᓘᓐᓃᒃ ᐃᑐᑦᑎᒍᓐᓇᑐᓂᒃ ᓵᕐᑲᕐᑎᓗᒋᑦ ᓴᓗᒻᒪᓴᓇᐊᖕᒋᑦ ᐱᔭᓇᐊᑐᔫᖕᒋᑐᓂᒃ
- ᓂᓪᓕᓇᕐᑐᓂᒃ ᓂᓇᑎᖃᑦᑕᓗᒋᑦ ᓂᕐᑮᑦ ᖃᔫᑦᑕᐃᓗ ᐊᑦᑑᔭᕐᑕᐅᓗᐊᕈᓇᐃᑦᑑᑎᓪᓗᒋᑦ ᐃᓪᓚᐃᒍᑦᓴᔭᓂᓪᓗ ᐅᕐᕕᐅᔭᓂᒃ ᖃᐳᕐᕐᖃᐅᑎᓂᒃ ᓴᕕᓐᓂᓗ ᐊᑐᕐᑎᖃᑦᑕᓗᒋᑦ ᐊᒥᓱᓄᑦ ᐊᑦᑑᔭᕐᑕᐅᒍᓇᐅᖕᒋᑑᑎᓪᓗᒋᑦ.

ᖃᓂᒻᒪᑐᖃᕐᐸᑦ

- ᐃᓄᑑᕕᑦᓴᓂᒃ ᐃᓂᑦᓴᓕᐅᕐᓯᒪᓗᑎᒃ ᐱᐊᕐᕐᓄᑦ ᑲᒪᔨᓄᓪᓗ ᖃᓂᒪᓐᓇᑐᖃᕐᓂᐊᖑᕐᑐᓄᑦ COVID-19-ᒥᒃ (ᐆᓇᕿᐸᑦᑕ, ᖁᐃᕐᑐᐸᑕ, ᐊᓂᕐᑎᓇᕐᓯᐊᖕᒋᑦᑑᒐᑕ, ᓇᐃᒪᕐᕐᑲᔭᐃᕐᐸᑕ.)

- ᖃᐅᔨᑎᓐᓗᒋᑦ ᖃᓂᒪᓐᓇᓕᓇᔨᑦ COVID 19-ᒥᒃ ᒪᓕᑦᑕᐅᖁᔭᖕᒋᓪᓗ ᒪᓕᓯᓗᒋᑦ.

ᐃᑲᔪᕐᑎᖃᓇᐊᖃᕐᐸᑕ ᐃᓱᒪᓕᓇᔨᓂᒃ ᐃᒪᐃᓘᕈᑕᐅᒋᐊᓖᑦ

ᐱᐊᕋᐃᑦ ᐊᐱᓇᐅᑎᑦᓴᖃᕐᐸᑕ ᐃᓱᒫᓘᑎᖃᕐᐸᑕᓘᓐᓃᑦ ᓱᓇᑐᐃᓐᓇᓂᒃ ᐊᐱᕐᓱᖃᑦᑕᕐᑯᓗᒋᑦ. ᑐᑭᓯᒪᑎᓪᓗᒋᑦ ᐊᕐᔨᐅᖕᒋᑦᑐᑰᓕᕈᑎᒃ ᐅᕐᑲᖃᑎᖃᖃᑦᑕᕐᑯᓗᒋᑦ ᑲᒪᔨᓂᒃ ᐊᐱᕐᓱᑎᑦᓴᖃᓕᕈᑎᒃ ᐃᓱᒫᓘᑎᖃᕈᑎᓐᓂᑦ ᓱᓇᑐᐃᓐᓇᓂᒃ. ᑐᑭᓯᑎᑦᓯᐊᖃᑦᑕᓗᒋᑦ ᓱᓕᔪᓂᒃ ᐅᑭᐅᖕᒋᑦ ᐃᓱᒪᒋᓗᒋᑦ. ᖃᐅᔨᒪᑎᓪᓗᒋᑦ ᐱᐊᕋᐅᖃᑎᒥᓂᒃ ᓴᐳᒻᒥᓯᐊᓇᐊᖃᕐᓂᖕᒋᓐᓂᒃ ᐃᓛᖕᖓᑖᕐᖃᕐ-ᑕᐃᓕ-ᖃᑦᑕᕐᑯᓗᒋᓪᓗ. ᑲᒪᔨᑦ ᖃᐅᔨᒪᑎᓪᓗᒋᑦ ᓄᓇᓕᒻᒥ ᓴᐳᒻᒥᔨᒋᒍᓐᓇᑕᖕᒋᓐᓂᒃ ᖃᓄᐃᖕᒋᓯᐊᓇᐊᖃᕐᓂᖕᒋᑦ ᐃᓱᒪᒋᓗᒋᑦ. ᐱᓇᓱᐊᖃᑎᒋᖃᑦᑕᓗᒋᑦ ᐃᓄᓕᓇᔨᑦ ᐊᕐᑯᑎᓂ ᐱᓇᓱᐊᕐᑏᑦ ᓇᓗᓇᐃᕐᓯᖃᑎᒋᓂᐊᕐᓗᒋᑦ ᐱᐊᕋᐃᑦ ᐱᓇᓱᑦᑏᓗ ᐃᓱᒫᓗᕝᕙᓗᑦᑐᐃᑦ ᖃᓄᖅ ᐃᑲᔪᕐᑕᐅᒋᐊᖃᕐᒪᖕᒫᑕ..

** ᒪᓕᑦᑕᐅᔪᑦᓴᒋᐊᓪᓚᐃᑦ ᐃᓅᓱᑦᑐᐃᑦ ᐃᓗᖁᓯᖁᒥᒃ ᐃᓕᓐᓂᐊᑎᑕᐅᕕᖏᓐᓂ ᒪᖃᐃᕝᕕᓂ**

- ᐱᓇᓱᑦᑏᑦ, ᒪᖃᐃᑦᑎᓯᓘᑦ ᐊᒻᒪᓗ ᐱᐊᖁᐃᑦ ᑲᑎᖓᖃᑦᑕᓚᖓᒻᒪᑕ ᐊᒥᓱᒍᓗᓐᓂᒃ ᑲᐃᕝᕙᓪᓚᒍᓯᓂᒃ ᖃᐅᑕᒫᑦ. ᒪᖃᐃᑦᑎᑕᐅᓕᕈᑎᒃ ᐃᖃᓴᓇᐊᖁᑎᑕᐅᓕᕈᑎᓪᓗ ᐅᖓᓯᑦᑕᓈᓐᓂᐅᒋᐊᓕᒻᒥ 2-ᒥᑕᓂᒃ ᒪᓕᖅᑲᔭᖃᑦᑕᓂᐊᖏᒪᑕ. ᑕᐃᒪᐃᒻᒪᑦ, ᐃᓅᓱᑦᑐᓂᒃ ᒪᖃᐃᕝᕙᓕᐊᖅᑐᖃᓚᖓᑉᐸᑦ ᐅᑯᐊ ᐃᑉᐱᒋᔭᐅᑦᓯᐊᓇᐊᓖᑦ:

  - ᖃᓂᒪᔫᔭᖏᒻᒪᖓᑕ COVID-19-ᖃᖅᑐᒃ (ᐆᓇᖅᑭᑐᒃ, ᖃᓂᖅᓂᑭᑦᑑᓕᖅᑐᒃ, ᓇᐃᒪᖅᑲᔭᐃᓕᖅᑐᒃ ᑎᐸᖃᖅᑎᓯᒍᓐᓇᐃᓕᖅᑐᒃ).
  - ᐃᑉᐱᒋᑐᒋᑦ ᖃᓂᒪᖃᖅᒪᖓᖅᒥᒃ ᖃᐅᔨᓴᖅᑕᐅᓯᒪᖏᒪᖓᑕ ᐅᑕᖅᑭᒪᖓᑕᑐ ᖃᐅᔨᓴᖅᑕᐅᒍᑎᕕᓂᖅᒥᓂᒃ;
  - ᖃᓂᒪᔪᒥᒃ COVID-19-ᓕᒻᒥᒃ ᑲᑎᖓᓯᓯᒪᖏᒪᖓᑕ
  - ᖃᓪᓗᓈᑦ ᓄᓇᖓᓃᑦᑐᕕᓂᐅᑦᓯᑎᒃ ᐃᓄᓐᓃᒋᐊᖃᖅᑎᑕᐅᖅᖏᒪᖓᑕ

- ᐱᕕᓕᒫᒪᒍᑦ ᐊᒥᓲᓪᓗᐊᑎᑦᑕᐃᓕᖅᑲᑦᑕᓗᒋᑦ.

- ᐊᕕᑦᑐᓯᒪᑎᓪᓗᒋᑦ ᐃᒻᒥᒍᖅᑲᑦᑕᓂᐊᖅᑎᓗᒋᑦ ᓱᖅᑲᓯᑎᑕᐅᓕᕈᑎᒃ ᑖᒃᑯᐊᓴᐃᓐᓇᐅᖅᑲᑦᑕᓗᑎᒃ ᒪᖃᐃᕝᕕᒥᓐᓂᓕᒫᖏᓐᓂ ᐅᖓᓯᑦᑕᑏᓪᓗᐊᖅᑲᔭᖏᓗᑎᒃ (ᑐᐱᖅᓃ ᓯᓂᒋᐊᖅᑲᑦᑕᓗᑎᒃ/ᐃᓪᓗᐊᐱᓐᓂᓘᓐᓃᑦ, ᓂᓇᖅᑲᑎᑏᒋᐊᖅᑲᑦᑕᓗᑎᒃ, ᑲᐃᕝᕙᓪᓚᖓᓗᑎᓪᓗ ᑲᑎᖓᑎᑕᐅᒋᐊᖅᑲᑦᑕᓗᑎᓪᓗ)

- ᑲᑎᖓᒋᐊᖅᑲᓕᕈᑎᓪᓗ ᒪᓕᒐᖅᓂᒃ ᒪᓕᑦᓯᐊᖅᑲᑦᑕᓗᑎᒃ.

- ᐊᒡᒐᓂᐊᕈᑎᒥᒃ ᓇᔪᖅᑎᖅᑲᑦᑕᓗᑎᒃ ᐅᕝᕙᐅᑎᐊᖅᓗᑎᓪᓗ ᐊᒡᒐᓂᐊᖅᑲᑦᑕᓗᑎᒃ ᐃᒪᖅᑲᖅᐸᓗ ᐃᒪᖅᒥᒃ ᐊᑐᐃᓐᓇᖅᑲᖅᑲᑦᑕᓗᑎᒃ ᒪᖃᐃᕝᕕᒥ. ᐃᓘᓐᓇᑎᒃ (ᐱᓇᓱᑦᑏᑦ, ᒪᖃᐃᑦᑎᓯᓘᑦ, ᐃᓅᓱᑦᑐᐃᓗ) ᐊᒡᒐᓂᐊᖏᓐᓇᓕᒫᖃᑦᑕᕆᐊᓖᑦ. ᐊᒡᒐᑦ ᐳᐊᓗᐃᑦ ᖃᓂᒪᓐᓇᐅᑉ ᖁᐱᖅᕈᑯᓗᖏᓐᓂᒃ ᐱᑕᖃᕈᓐᓇᒪᑕ ᐊᒡᒐᓯᒪᔪᓄᑦ ᑕᒪᐅᖓᐃᓇᖅ ᖃᓄᐃᖏᑑᒍᑕᐅᒍᑦᓇᑐᓇᔭᐅᒍᑦᓇᒪᑕ.

- ᐱᓇᓱᑦᑏᑦ ᐃᓅᓱᑦᑐᐃᓗ ᒪᖃᐃᕝᕕᓐᓂᑦᑐᑦ ᐊᑦᑕᑑᑎᖃᑦᑕᓇᐊᖃᖏᑐᑦ ᐱᖁᑎᒥᓂᒃ ᖃᓂᒪᓐᓇᑖᕈᑕᐅᓯᓐᓇᐅᔪᓂᒃ ᐊᓯᒥᑕ ᐊᒡᒐᖏᑦᑕ ᐊᑦᑑᔭᑦᑕᕆᐊᖅᖏᓐᓂᒃ, ᖁᑦᓕᐊᑕᕆᐊᖅᖏᓐᓂᒃ, ᖁᒻᒧᔪᓂᒃ, ᐊᑭᑎᓂᒃ ᓂᓇᐅᑎᓂᓪᓘᓐᓃᑦ.

- ᐊᑐᓂ ᒪᖃᐃᕝᕕᓐᓂᑦᑐᑦ ᓇᒻᒥᓂᕐᒥᒃ ᖃᔫᑦᑕᖃᕐᐸᑕ ᐱᐅᓂᖅᓴᖁᑎᖃᕐᑐᒍᑦ ᑕᐃᒪᐃᑦᑐᓂᓪᓗ ᐊᓯᒥᓄᑦ ᐊᑐᖅᑕᐅᑎᑦᓯᑕᐃᓕᖅᑲᑦᑕᓗᑎᒃ..

- ᖁᐱᖅᕈᑯᓗᐃᔭᐃᒍᑎᓂᒃ ᓴᓗᒻᒪᓴᐃᒍᑎᒃᑭᒋᐊᖃᖅᑐᓯ ᒪᖃᐃᕝᕕᓯᓐᓄᑦ ᓴᓗᒻᒪᓴᐃᓕᐅᒥᔭᖏᓐᓇᓯᐊᖅᓗᓯᓗ.

- ᐃᓅᓱᑦᑐᐃᑦ ᐊᓯᒥᑕ ᑐᐱᖏᓐᓄᑦ ᐃᓪᓗᐊᐱᖏᓐᓄᓘᓐᓃᑦ ᐃᑎᑦᑕᐃᓕᖅᑲᑎᑕᓇᐊᓖᑦ.

- ᓂᓇᓚᖓᒍᑎᒃ ᐃᓪᓘᑉ ᐃᓗᐊᓂ ᐃᒻᒥᒍᖅᑎᑐᐃᑦ ᐊᑕᑦᓯᑯᕈᓐᓇᑐᑦ. ᐊᒥᓱᐊᓘᓗᑎᒃ ᓂᓇᖅᑲᑎᑏᒋᐊᖅᑲᖏᑐᑦ ᐃᓪᓗᐃᑦ ᐃᓗᐊᓂ.

- ᐱᐊᖁᐃᑦ ᐃᓪᓘᑉ ᐃᓗᐊᓂ ᓱᖅᑲᑦᑕᓯᑎᑕᐅᓚᖓᑐᐊᕈᑎᒃ ᑲᑎᖓᖅᑲᑎᑏᑦᑑᒋᐊᓕᑦ ᑕᒡᒐᓂᑦᓴᐃᓇᖅ ᑐᐱᖅᒥᐅᖑᖅᑲᑎᑏᓪᓗᑎᒃ ᐃᓪᓗᐊᐱᒻᒥᓘᓐᓃᑦ ᒪᖃᐃᕝᕕᒥ.

- ᑲᓂᒪᓐᓇᑖᕐᓯᒪᓂᐊᖑᑐᖅᑲᑐᖅᐸᑦ COVID-19-ᒥᒃ ᓇᓪᓕᖏᓐᓂᒃ ᐊᕕᑦᑐᓯᒪᖅᑲᑎᑏᑦᑐᓂ (ᐆᓇᖅᑭᑐᒃ, ᖃᓂᖅᓂᑭᑦᑑᓕᖅᑐᒃ, ᓇᐃᒪᖅᑲᔭᐃᓕᖅᑐᒃ ᑎᐸᖃᖅᑎᓯᒍᓐᓇᐃᓕᖅᑐᒃ) ᐅᖃᕕᖃᓇᐊᓖᑦ ᖃᓂᒪᓐᓇᓕᓇᔨᑦ COVID-19-ᒧᓕᖓᔪᓂᒃ ᒪᓕᑦᑕᐅᖁᔭᖏᑦ ᒪᓕᓯᓗᒋᑦ.

ᖃᖓᑦᑕᔫᒃᑯᓚᖓᔪᑦᑦ ᐊᑦᑕᑐᑦᑕᐅᔪᑦᑯᑐᑦ ᖁᓕᒥᒍᓕᒃᑯᓗᓐᓃᑦ

- ᖃᖓᑦᑕᔫᒃᑯᑐᑦ 8 ᐅᖓᑖᓅᓇᐊᖃᖏᑐᑦ ᐊᒻᒪᓗ 4 ᖁᓕᒥᒍᓕᒃᑯᑐᐃᑦ
- ᖃᖓᑦᑕᔫᒃᑯᑐᑦ ᖁᓕᒥᒍᓕᒃᑯᑐᑦᓗ ᑮᓇᐸᐸᓯᒪᒋᐊᓖᑦ ᖃᖓᑕᓂᓕᒫᒥᓂ (ᑮᓇᐸᐸᓂ ᐋᓐᓂᐊᓯᐅᑦᑏᑦ ᐊᑐᓲᖏᓐᓂᐅᖏᑦᑐᖅ, ᒪᓕᒐᓕᐊᓇᓯᒪᔭᖏᑦ ᑲᓇᑕᒥ ᐊᐅᓚᓂᓕᓇᔨᑦ ᒪᓕᑦᓗᒋᑦ)
- ᖃᖓᑦᑕᔫᒃᑯᓚᖓᔪᑦ ᖁᓕᒥᒍᓕᒃᑯᓗᓐᓃᑦ ᓇᐃᑦᑐᓂᒃ ᐊᐱᓇᐅᑎᓂᒃ ᑕᑕᕐᐃᕐᑲᓇᐊᓖᑦ ᖃᐅᔨᓴᐅᑎᓂᒃ ᖃᓂᒪᖏᑲᓗᐊᕐᒪᖔᑕ ᐅᑦᓗᖓᓂ ᖃᖓᑕᕕᒋᓚᖓᔭᒥᑕ.

ᐅᒥᐊᒃᑯᓚᖓᒍᑎᒃ

- ᐅᒥᐊᑦ ᖁᑭᑦᑐᐊᐱᐅᒻᒪᑕ ᐅᖓᓯᑦᑕᓇᕝᕕᐅᒋᐊᓚᕕᕐᖃᖏᑐᑦ. ᐊᒥᓲᒋᐊᕐᖃᖏᑐᑦ ᐅᒥᐊᒃᑯᑐᑦ. ᖃᑦᓯᐅᒋᐊᕐᖃᕐᓂᖏᑦ ᓇᓗᓇᐃᕐᑕᐅᓗᑯᕐᖃᔭᖏᑐᑦ ᐅᒥᐊᑦ ᐊᖏᓂᖏᑦ ᐊᑦᐸᒋᖏᑑᒻᒪᑕ.
- ᐅᒥᐊᕐᑐᓚᖓᑉᐸᑕ ᐃᓅᓯᑦᑐᐃᑦ ᒪᕐᖃᐃᕝᕕᓃᑦᑐᑦ ᐃᑦᓗᐊᐱᒻᒥᐅᖑᕐᖃᑎᒌᑦ /ᑐᐱᕐᒥᐅᖑᕐᖃᑎᒌᑦ ᑕᒃᑯᑑᑎᑕᐅᒍᓐᓇᐸᑕ ᐱᐅᓂᕐᓴᐅᔪᖅ.

ᓯᓂᑦᑕᓇᐊᕐᐸᑕ

- ᐊᒥᓲᑦᓗᐊᑎᑦᑕᐃᓕᓗᒋᑦ ᐊᑐᓂ ᑐᐱᕐᒥᐅᖑᕐᖃᑎᒌᑦᑐᑦ ᒪᕐᖃᐃᕝᕕᓂ
- ᑕᐃᒪᖓᑦ ᑲᑎᖓᐅᑎᔪᑦ ᑖᒃᑯᐊᓴᐃᓐᓇᑎᕐᖃᑦᑕᓇᐊᓖᑦ ᑐᐱᕐᒥᐅᖑᕐᖃᑎᒌᑦᑎᓗᒋᑦ ᒪᕐᖃᐃᕝᕕᓂ ᐊᓯᖏᓐᓂᓗ ᓱᕐᖃᑦᓯᑎᑕᐅᓕᕈᑎᒃ ᐅᖓᓯᑦᑕᓇᓪᓗᐊᓇᐊᓪᓚᕕᕐᖃᖏᐸᑕ (ᓂᓇᓐᓇᓕᕐᐸᑦ, ᐊᕙᓗᒪᑎᑕᐅᓕᕐᐸᑕᓗ)
- ᐱᕕᕐᖃᑐᐊᐸᑕ ᐃᓪᓗᒥᐅᕐᖃᑎᒌᓲᖑᐸᑕ ᐊᓂᕐᕋᒥᓂ ᒪᕐᖃᐃᕝᕕᓂ ᑲᑎᖓᑎᑕᐅᕐᖃᑦᑕᓇᐊᓖᑦ ᐃᓪᓗᐊᐱᓐᓂ/ᑐᐱᕐᓂᓗ

ᐃᓗᓐᓈᓄᐊᖓᔪᓂᒃ ᖃᐅᔨᒋᐊᕈᓐᓇᑐᓯ ᖃᓂᒪᓐᓇᒫᓕᖓᔪᑦ COVID-19 ᒥᑦᓴᑦ, ᐅᕐᖃᓚᓗᓯ ᐅᕗᖓ 1-833-301-0296, ᐅᕐᖄᖃᑎᕐᖃᕐᓗᓯᓗᓐᓃᑦ ᓄᓇᕕᒻᒥ ᐃᓗᓯᓕᓇᓂᕐᒧᑦ ᑲᑎᒪᔨᓐᓂ ᐱᓯᒪᔪᓂᒃ ᖃᓇᑕᐅᔭᑎᒍᑦ ᐅᕐᖄᕕᒋᓗᒋᑦ ᖃᓇᑕᐅᔭᒃᑯᑦ ᐊᓪᓚᓯᒪᔪᕐᑯᑎᕐᖃᕐᕕᖓᒍᑦ https://nrbhss.ca/en/coronavirus

ᖃᐅᔨᖏᐊᕐᕕᕐᖃᕈᓐᓇᒥᑦᓱᓯ ᐆᒥᖓ “ᒪᓕᑦᑕᐅᔪᑦᓴᐃᑦ ᐊᐅᓚᑦᓯᓂᕐᓄᑦ ᐅᓪᓗᑯᑦ ᓱᕐᖃᑦᓯᑎᑦᓯᕕᓐᓂᒃ ᖃᓂᒪᓐᓇᕐᖃᕐᓂᖓᓂ COVID-19-ᒥᒃ” ᐅᕙᖓᑦ

https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/gradual-resumption-activities-covid19-related-pause/#c59465

ᖃᐅᔨᒋᐊᕐᕕᓴᑦᓯᐊᖑᒻᒥᔪᑦ:
https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/
https://nrbhss.ca/sites/default/files/covid19/Coronavirus_recommendations_EN.pdf