Can I go to work today?

Use this tool to know whether you should go to work today or not.

1. Check for the following symptoms:

ONE of these symptoms:

- Fever (temperature of 38°C or higher, taken orally)
- Sudden loss of sense of smell (without nasal congestion, with or without loss of sense of taste)
- Onset or worsening of a cough
- Difficulty breathing
- Sore thraot
- Runny nose or nasal congestion

OR

TWO of these symptoms:

- Stomach ache
- Nausea, vomitting or Diarrhea (in the last 12 hours)
- Unusual intense fatigue
- Significant loss of appetite
- Unusual muscle pain
- Unusual headache

2. If you have symptoms:

If you are at home, stay home.
If you are at your workplace, go back home.

3. Inform your manager.

4. Call the COVID-19 Health Line at 1-888-662-7482 or call your CLSC.

You might need to be tested for COVID-19.

5. Follow the instructions.

2021-11-02 Workplace_V1

ᓄᓇᕗᒻᒥ ᐃᓗᓯᓕᕆᓂᕐᒧᑦ ᑲᑎᒪᔨᑦ
RÉGIE RÉGIONALE DE LA SANTÉ ET DES SERVICES SOCIAUX DU NUNAVIK
NUNAVIK REGIONAL BOARD OF HEALTH AND SOCIAL SERVICES