

## News Release

## FOR IMMEDIATE RELEASE

## **BECOMING A MCGILL UNIVERSITY ALUMNUS**

**Kuujjuaq, November 27, 2015** – The Nunavik Regional Board of Health and Social Services (NRBHSS) is incredibly proud to underline the achievement of Maggie Tulugak, who recently graduated from McGill University. Mrs. Tulugak received her Health and Social Services Management Certificate, a program jointly offered by the Department of Regional Human-Resources Development at the NRBHSS and McGill University. To date, five Inuit have completed the program and many more are enrolled, making it a popular one.

An administrative agent at the accounting department at the Inuulitsivik Health Centre for almost eight years, Mrs. Tulugak is thrilled with the program. "The experience I had with this course was at times hard but very helpful, it gave me great tools both professionally and personally. By taking this course I became more knowledgeable, I can push myself harder towards my goals," she said. To those who are thinking about it or are trying to finish it she has only words of encouragement: "Don't give up even if you think you can't continue, it is so rewarding after all those years of training. Keep it up, you won't regret it! My graduation day will be the day that I will remember for the rest of my life."

The Inuit management training is a 30 credit-program offered twice a year for seven consecutive days and aims at providing training for current and future Inuit managers and decision makers working in Nunavik in the health and social services sector. It emphasizes the development of skills, such as in communication, problem solving, operations and much more, all in relation to the daily management of services offered, taking human criteria and efficiency into account. The program is built around issues experienced by professionals servicing the aboriginal communities; the topics addressed are those that can be encountered in the health and social services field and the northern context, and the instructors offer solutions that are applicable and realistic. The simultaneously theoretical and practical



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approach enables the participants to analyze problems and identify sensible solutions.

More information on the program:

The program is aimed at First Nations, Inuit and Métis who have been identified by institutions within the health and social services network in Nunavik. These individuals either hold management positions or have been identified as potential leaders. The Inuit management-training program is adapted to the busy schedule of health and social services professionals. Classes are given intensively for seven consecutive days, which means participants are away from work for only one week.

The NRBHSS is a public agency created in 1978 under the James Bay and Northern Québec Agreement. It is responsible for nearly the entire Québec territory located north of the 55<sup>th</sup> parallel in terms of the provision of health and social services for the inhabitants of the 14 communities.

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**Source**: Nunavik Regional Board of Health and Social Services

Department of Regional Human-Resources

Development

For information: Caroline D'Astous

Communications Officer, NRBHSS

819 964-2222, extension 293