

[illegible]

- 1 ላቮላፍጥ፣ ሌብኃ፣ ላቮላፍጥ፣ 2 ሄሮርት፣ ሌብኃ፣ ላቮላፍጥ፣
- 2 ሄሮርት (30 ml) <C
- 1 ላቮላፍጥ፣ ላቮላፍጥ፣ ሌብኃ፣ ላቮላፍጥ፣
- 3 ሄሮርት (carrots), ሌብኃ፣ ላቮላፍጥ፣
- 2 ሄሮርት (celery sticks), ሌብኃ፣ ላቮላፍጥ፣
- 12 ሄሮርት ልፍ፣
- ላቮላፍጥ፣ ላቮላፍጥ፣ ላቮላፍጥ፣
- 2 ሄሮርት (10 ml) ላቮላፍጥ፣ ላቮላፍጥ፣ ላቮላፍጥ፣ ላቮላፍጥ፣ ላቮላፍጥ፣
- 5 ሄሮርት ላቮላፍጥ፣ ላቮላፍጥ፣ ላቮላፍጥ፣ ላቮላፍጥ፣ ላቮላፍጥ፣



- 1 ፊርፍ (250 ml) ካላገባ
- 1/2 ስኬት (5 ml) ርዕስ
- 1 ስኬት (15 ml) ምሽት
- 1/2 ፊርፍ (125 ml) ለፍጥነት

[illegible]

[illegible]

$\Delta P \propto \frac{1}{r^4}$ $r_{CL} \propto \sqrt[3]{\dot{V}}$

1.6.3.3 (250 ml)

ለጥጥሩ ለጥጥር ምርጫ ምርጫ ምርጫ

1. 56% 200 (250 ml)

strawberries 𐤔𐤌𐤕𐤓𐤕𐤌𐤕 𐤔𐤌𐤕𐤓𐤕𐤌𐤕

ΛP⁹Δσ^c μC^c ρΔΔσ^c Δσ^c

2 ኑጥል (500 ml)

РЈС^аГ^аб^с < Д^аГ^аз^ас^с

D^c2PFC^c44^c (bran flake

2 ኑጥል (500 ml)

$D^e \subsetneq D^a \subsetneq D^c \quad \Delta^c \supsetneq \Delta^a \supsetneq \Delta^e$)

vanilla LL⁹ 𐎠𐎢𐎡𐎣 𐎶𐎵𐎥 yogurt


$$\langle \mathcal{D} \Delta^a \otimes \mathcal{P}^i \cap \mathcal{C} \rangle_{\sigma^a} \mathcal{L}^c;$$

- [illegible]



Child Nutrition Week Discussion

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
RÉGIE RÉGIONALE DE LA NUNAVIK, REGIONAL
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ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
(6) ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ (6) ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ



ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

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ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ



ᐅᑦᐅᑦᐅᑦ



ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ



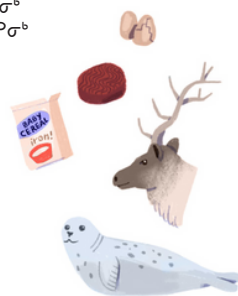
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
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ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
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ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

- ᐅᑦᐅᑦᐅᑦ iron-ᐅᑦᐅᑦᐅᑦ
- ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
(ᐅᑦᐅᑦᐅᑦ iron-ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ)
- ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ



ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
3.25%-ᐅᑦᐅᑦᐅᑦ
(ᐅᑦᐅᑦᐅᑦ 750
ml/25 ounces
ᐅᑦᐅᑦᐅᑦ)



ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

- ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ iron-ᐅᑦᐅᑦᐅᑦ
- ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
- ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ (pops, punches, ᐅᑦᐅᑦᐅᑦ, ᐅᑦᐅᑦᐅᑦ)
- ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ (honey, ᐅᑦᐅᑦᐅᑦ)



ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ

ᐅᑦᐅᑦᐅᑦ: ᐅᑦᐅᑦᐅᑦ
ᐅᑦᐅᑦᐅᑦ, grapes,
hot-dogs, ᐅᑦᐅᑦᐅᑦ,
ᐅᑦᐅᑦᐅᑦ, ᐅᑦᐅᑦᐅᑦ



ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
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Breastfeeding Beanie Pattern

Breastfeeding Beanie Pattern Happy Hook Crochet



This hat is sized to fit a 0-6 months old baby. Approx 4.5in diameter and 5in height.



Materials Needed:

- Worsted weight yarn. Size G
- Crochet Hook or whatever is needed to obtain gauge Tapestry Needle for weaving in ends

Gauge:

- 7 dc= approx 2in/5cm
- 2rows= approx 1.5in/4cm



Pattern: Rnd1: Ch3, dc into 3rd ch from Hook (see photos bellow) continue with 4 more dc into same ch. sl st into top of ch2 to join (6dc)



Rdn2: Ch3 (counts as dc here and throughout) 1dc in next st, 2dc in every st around. sl st into top of ch3 to join (10dc) **Rnd3:** Ch3 2dc in each st around. sl st into top of ch3 to join (20dc)



Nipple is complete

Rnd4: Join new color (lighter color) Ch3, 2dc in each st around. sl st to top of ch3 to join.
(40dc)



Rnd5: Ch3 *2dc in next st, 1dc in next* Repeat from*to* around sl st to top of ch3 to join (60dc) **Rnd6-10:** Ch3, 1dc in each st around, sl st to top of ch3 to join. **Rnd11:** Ch2, 1sc in each st around, sl st to top of ch2 to join. Weave in ends.

