

Nutrition Month Recipe Contest

Recipe Name:

NUMBER OF SERVING:

NAME:

E-MAIL:

PHONE:

Do you authorize the NRBHSS to use your recipe in publications: Yes No

INGREDIENTS

DIRECTIONS



Send your completed document by:

Fax number: 819 964-2711

E-mail: FoodSecurity.Nrbhss@ssss.gouv.qc.ca

To be eligible for the contest your recipe needs to be original content and come from you or your family.