

ACCESS AND ORIENTATION COMMITTEE FOR MENTAL HEALTH LODGING RESOURCES IN NUNAVIK

AANIAVITUQARQ CRISIS CENTRE



- PUVIRNITUQ
- 819 988-2314
- guillaume.pepin.csi@ssss.gouv.qc.ca

Part of the Inuulitsivik Health Centre, Aaniavituqarq, also known as the Crisis Centre, is located in Puvirnituaq. The centre is a highly structured, closed unit designed to provide rehabilitation services. The primary goals of the Crisis Centre are to: promote the optimal physical, intellectual, social and emotional well-being of adults who are experiencing mental health crisis; ensure the continuity of services for clients who are suffering from severe and persistent mental health problems.

Average duration of stay: Highly structured, short-term emergency placement. Medium- and long-term residential services for individuals who cannot be maintained in their communities or at the Reintegration Centre and where there are no other options available.

REINTEGRATION CENTRE OF INUKJUAK



- INUKJUAK
- 819 254-0290
- reint.center.inukjuak@ssss.gouv.qc.ca

Part of the Inuulitsivik Health Centre, the Reintegration Centre pursues the mission of providing quality services that allow adults with severe and persistent mental health problems to develop the skills necessary to integrate successfully in their communities. We believe that each person has the potential to improve and we make every effort to enhance the quality of life of the individual, the family, and the community. The Centre provides residential care (24-hours a day) and external services to people who have been diagnosed with severe, chronic mental health problems. We work with the clients and their families to help identify, understand, and resolve their problems. Services provided at the Centre include vocational training, behavioural management, and training in the activities of daily living. Enhancing clients' knowledge and practice of traditional skills is a priority.

Average duration of stay: 3-6 months

IPPIGUSUGIURSAVIK



- KUJJUAQ
- 819 964-0270
- maisonsupervisee@yahoo.ca

Ippigusugiorsavik, a community organization also called Supervised House or Ungava Community Residence, is an intermediate residential resource assisting men with severe mental illness in reintegrating into their community. We believe that given a safe, supportive environment, individuals suffering from mental health difficulties will gain vital life skills on their journey to recovery. Our vision is to help our clients achieve their full potential and contribute to their respective measure. Our mission also includes fighting stigmatization of people with severe mental illnesses. We give opportunities to our residents and members of the community to participate actively in meaningful activities and to make a change in their community.

Average duration of stay: Usually 2 years, depending on the resident's needs and the residential resources available in the communities.

UVATTINUT SUPERVISED APARTMENTS



- PUVIRNITUQ
- 819 988-2524 * 819 988-2591
- uvattinut365@gmail.com

The Uvattinut Supervised Apartments is a non-profit community organization that provides independent living opportunities and community support services for low-income Inuit who have mental health problems and are at risk of itinerancy. Uvattinut team provide support to tenants in their recovery process. Uvattinut Life Skills Program enables residents to take part in cultural activities and to contribute to community in various ways (snow removal, sharing meat and fish from harvesting activities for examples). In addition, Uvattinut has contracts with the Northern Village Municipality under which Uvattinut employ tenants from the Uvattinut Supervised Apartments within the community.

Average duration of stay: Tenants of Uvattinut will have access to lodging until their condition, as evaluated by the mental health professionals, enables safe return to their respective communities and families.

*some units can be shared by two tenants

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This committee was created to facilitate the process of accessing adult mental health lodging resources in Nunavik in accordance with the values and principles stated below. Those resources aim to support people living with mental health problems through their recovery. The four actual resources are not permanent housing.

This is an advisory committee; each lodging resource retains the final decision on admission.

The committee meets at least once a month, on the first Thursday morning of each month.

COMPOSITION OF THE COMMITTEE

- Ungava community-lodging manager
- Uvattinut community-lodging manager
- Inuulitsivik Health Centre, responsible for mental health lodging resources
(Aaniavituqarq Crisis Centre, Inukjuak Reintegration Centre)
- Inuulitsivik Health Centre, medical or psychosocial worker
(relevant to the files, depending on availability)
- Ungava Tulattavik Health Centre, medical or psychosocial worker
(relevant to the files, depending on availability)
- NRBHSS, facilitator of the committee, Planning and Programming agent for mental health
- NRBHSS, Administrative officer

VALUES AND PRINCIPLES

- Respect for autonomy and integrity of users, their relatives and lodging organizations
- Equity in access to resources
- Recovery as the aim of all parties
- Respect and primacy of culture
- Involvement of relatives and maintaining a link with the communities are desirable
- Ensure respect for confidentiality
- Promote mental health services and resources

REFERRAL PROCESS TO LODGING RESOURCES

A referral form must be completed ideally electronically, to the best of his knowledge and with the assistance of a social worker, a nurse or doctor if needed (contact your CLSC).

All additional documents or reports must be attached when sending the request.

All documents must be sent by email to
— lodgingcare.nrbhss@ssss.gouv.qc.ca
 For any question, you can contact
 Claudia Maltais-Thériault at NRBHSS
 — 819 964-2222 ext. 261

ELIGIBILITY CRITERIA

- 18 years old and over
- Presence of a mental health diagnosis
- Free and informed consent to services
(except in case of legal measures or under protective regimes)
- Biopsychosocial needs that the offer of services in the community does not allow to meet
- Active medical or psychiatric and social follow-up
- Clear objectives related to residential services
- Ability to live in residential resources

The preceding elements will be evaluated according to the current and past profile of the user, the mandate of each resource and the limits of the resources. If necessary, the access and orientation committee will contact the referent in order to further assess the above-mentioned criteria.

