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March 30th, 2020

To: All staff

From: Executive direction

## Subject: New measures - Curfew and Ban on gatherings in houses and other places

Greetings,

In order to protect the population, a curfew was imposed on all Nunavik communities: starting March 29<sup>th</sup> until further notice, everyone must be home between 9 PM and 6 AM.

In addition, the Government of Quebec has banned indoor and outdoor gatherings for all the duration of the public health emergency. All non-essential gatherings (including for religious reasons), no matter the number of people, are forbidden. Among the few exceptions are gatherings: in a means of transport; required by the workplace; or to get goods or services from an establishment or a business for which the activities were not suspended by a decree or order.

These measures are applicable in the South and in Nunavik so we are asking the UTHC employees to:

- Avoid gatherings / dinners/ parties between employees, in houses or other places;
- Avoid visiting;
- Practice social distancing.

Please note that groceries remain open.

For more information, consult the decree 222-2020 here: <a href="https://cdn-contenu.quebec.ca/cdn-contenu/adm/min/sante-services-sociaux/publications-adm/lois-reglements/decret-222-2020-anglais.pdf">https://cdn-contenu.quebec.ca/cdn-contenu/adm/min/sante-services-sociaux/publications-adm/lois-reglements/decret-222-2020-anglais.pdf</a>?1584827459

We thank you for your understanding.

Your Executive Direction