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FOR IMMEDIATE RELEASE

# NEW CLSC IN AUPALUK: BUILT ACCORDING TO A REDESIGNED APPROACH TO CARE

**Kuujjuaq, September 18, 2023 -** The new CLSC in Aupaluk, christened *Qallisarvik* by the community members of Aupaluk, signals a profound change in paradigm for Nunavik. In fact, the new generation of northern CLSCs is now based on the concept of "a place where we go to get better" (*qanuingisiarvik*), whereas in the past, *Nunavimmiut* perceived a CLSC as "a place where we go when we are sick" (*aniavik*). This new approach guided the design of the institution, its layout and its architecture. Consequently, here traditional Inuit methods of healing play an important role, and a cultural space has been arranged in the foreground, entirely funded by the *ministère de la Santé et des Services sociaux du Québec (MSSS)*.

Last August, employees of the Ungava Tulattavik Health Centre (UTHC) moved the installations and transferred the activities from the former Aupaluk CLSC to the new point of service. Formerly located in a small house of 136 m<sup>2</sup> built in 1979, the CLSC now occupies a total space of approximately 2 035 m<sup>2</sup> to provide front-line services for the community.

The brand new clinic was inaugurated this afternoon in the presence, members of the Kativik Regional Government, community members of Aupaluk and local partners.

"We are proudly celebrating the inauguration of the new CLSC of Aupaluk, a gathering place that reflects our profound commitment to the health and development of the Inuit community. In harmony with our traditions and vision of the future, the word *qanuingisiarvik* ("place where we feel better") reflects the very essence of this new chapter. At the heart of this place, we reach out toward our collective development, where each person can reach his or her full potential, create solid ties and embrace a promising future."

Jennifer Munick-Watkins, Executive Director, Nunavik Regional Board of Health and Social Services





"The UTHC is pleased to provide a varied range of health care, social and community services, and youthprotection services now assembled under the same roof for the benefit of all community members of Aupaluk. Inuit culture permeates this new point of service, thanks to the inclusion of a room dedicated to well-being where social and traditional activities will be held.

The brand new CLSC has several treatment rooms, including spaces for physiotherapy and occupational therapy, a pharmacy, a laboratory, a dentistry section, a room for medical imaging, offices and shared spaces for the personnel, as well as a garage for the ambulance and the snowmobile for prehospital services."

## - Larry Watt, Executive Director, Ungava Tulattavik Health Centre

#### About the Ungava Tulattavik Health Centre

The Ungava Tulattavik Health Centre (UTHC) provides health and social services that are safe, accessible and of good quality for the 7 Inuit communities of the Ungava Bay coast as well as rehabilitation services for the 14 Inuit communities of Nunavik. The health and social services programs are adapted to the population's needs and the region's realities, in accordance with the *James Bay and Northern Québec Agreement* and the *Act respecting health services and social services*.

#### About the Nunavik Regional Board of Health and Social Services

The Nunavik Regional Board of Health and Social Services is a public agency created in 1978 under the *James Bay and Northern Québec Agreement*. It is responsible for nearly the entire Québec territory located north of the 55<sup>th</sup> parallel in terms of the provision of health and social services for the inhabitants of the 14 communities.

#### **Source:** Ungava Tulattavik Health Centre (UTHC) Nunavik Regional Board of Health and Social Services (NRBHSS)

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