

KANGIQSUJUAQ FOOD SUPPORT

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FIRST STEPS

When in need of food support in your community, reaching out to friends, family and neighbours can be a great starting point. Posting in or monitoring community facebook pages and the local radio, can also be very effective as it is common practice to share harvests and home cooked meals through these platforms.

Additional food supports are also offered intermittently by local and regional organizations, such as Makivvik food distributions. Stay engaged in community news to learn when these may be happening.

The following is a list of additional community resources that are also available.

ONGOING FOOD SUPPORTS

Project	Description	Contact
Community Freezer	Offers country food free of charge to community members	NV of Kangiqsujuaq (819) 338-3342
Social Services	Can provide emergency food vouchers and food support to families in need	(819) 338-9777
School Breakfast Program	Provide daily breakfast to students of Arsaniq school	(819) 338-3332
Pre and Post Natal Food Coupons	Food coupons are distributed for the purchase of healthy foods during pregnancy, after childbirth and during the breastfeeding period. Coupons are provided by the Ilagilluta (SIPPE) community workers or the Social Services HRO	(819) 338-3218
Nirivik Canteen	The Nirivik Canteen is operated by the pre work training program at the Arsaniq school. The canteen operates cooking classes, and prepares frozen meals made available daily to students in need of lunch. Additionally, healthy snacks are distributed to the whole student body daily through the canteen	(819) 338-3332

FOOD PROGRAMS AND ACTIVITIES

Project	Description	Contact
Mianirsivik Food Programs	The Mianirsivik Family House hosts a wide array of food activities. These include cooking activities, and shared meal gatherings	(819) 338-0888

