

KUUJJUARAAPIK FOOD SUPPORT

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FIRSTS STEPS

When in need of food support in your community, reaching out to friends, family and neighbours can be a great starting point. Posting in or monitoring community facebook pages and the local radio, can also be very effective as it is common practice to share harvests and home cooked meals through these platforms.

Additional food supports are also offered intermittently by local and regional organizations, such as Makivvik food distributions. Stay engaged in community news to learn when these may be happening.

The following is a list of additional community resources that are also available.

ONGOING FOOD SUPPORTS

Project	Description	Contact
Community Freezer	Offers country food free of charge to community members	NV of Kuujjuarapik 819 929 3360
Social Services	Provide emergency food vouchers and food support to families in need	819 929 3377
School Meal Programs	Provide daily breakfast and home cooked hot lunches to students	819 929 3409
Igavik	Igavik is a soup kitchen which provides fresh homemade meals twice a week to community members	NV of Kuujjuarapik 819 929 3360
Pre and Post Natal Food Coupons	Food coupons are distributed for the purchase of healthy foods during pregnancy, after childbirth and during the breastfeeding period. Coupons are provided at the Family House by the Ilagilluta team (SIPPE)	In person at the Sippe office in the family house 819 929 3845

FOOD PROGRAMS AND ACTIVITIES

Project	Description	Contact
Community Kitchen Activities	Social services operates weekly community kitchen activities where participants gather to learn new recipes and share tasty homecooked meals	819 929 3377
Recreation Committee Community Feasts	The recreation committee works to host monthly community feasts	NV of Kuujjuarapik 819 929 3360

