

# PUVIRNITUQ FOOD SUPPORT

Update : 04-24-2024



## FIRST STEPS

When in need of food support in your community, reaching out to friends, family and neighbours can be a great starting point. Posting in or monitoring community facebook pages and the local radio, can also be very effective as it is common practice to share harvests and home cooked meals through these platforms.

Additional food supports are also offered intermittently by local and regional organizations, such as Makivvik food distributions. Stay engaged in community news to learn when these may be happening.

The following is a list of additional community resources that are also available.

## ONGOING FOOD SUPPORTS

Project	Description	Contact
Community Freezer	Offers country food free of charge to community members	NV of Puvirnituq (819) 988-2825
Social Services	Provide emergency food vouchers and food support to families in need	(819) 988-2957
School Meal Programs	Provide daily breakfast and lunches to students at Ikaarvik and Iguarsivik schools	(819) 988-2344/2960
Pre and Post Natal Food Coupons	Food coupons are distributed for the purchase of healthy foods during pregnancy, after childbirth and during the breastfeeding period. Coupons are provided by the Ilagilluta team (SIPPE)	Ilagitsuta (819) 988-2130
Uvattinut Meal Delivery	The Uvattinut supervised apartments coordinate a home cooked meal delivery service three days a week to community members in need	(819) 988-2591

## FOOD PROGRAMS AND ACTIVITIES

Project	Description	Contact
Pituat Family House	Pituat hosts regular food related activities and gatherings for community members	(819) 988-2323
Nukariit Group	The Nukariit Group hosts food related activities for teenage girls every Tuesday evening at the Ilagitsuta Family House	(819) 988-2191