ᐱᓇᓱᑦᑎᓄᑦ ᒪᓕᑦᑕᐅᒋᐊᓖᑦ - ᐱᓇᓱᕝᕕᓂ

ᖃᓄᐃᖏᓯᐊᕈᒪᓂᕐᒧᑦ ᓴᓗᒪᒍᑕᐅᒍᓐᓇᑐᑦ

• ᐊᑦᑑᔭᕐᑕᐃᓕᖃᑦᑕᓗᒍ ᑮᓇᐃᑦ ᐃᔨᑎᓪᓗ
• ᑲᑭᒍᑎᑦᓴᔭᒧᑦ ᑕᒋᐅᖃᑦᑕᓗᑎᑦ ᑕᓕᓐᓄᓗ
• ᖃᓂᕐᓂᒃ ᕿᖓᕐᓂᓗ ᑲᒃᑭᒍᑎᑦᓴᔭᒧᑦ ᐸᑐᒻᒥᖃᑦᑕᓗᑎᑦ ᐃᑯᓯᓐᓄᓘᓐᓃᑦ ᖁᐃᕐᑐᓕᕈᕕᑦ
ᑕᒋᐅᓕᕈᕕᓪᓘᓃᑦ ᐊᒻᒪᓗ ᐊᒡᒐᓂᐊᑦᓴᐅᑎᒋᖃᑦᑕᓗᑎᑦ

• ᑲᒃᑭᒍᑎᑦᓴᔭᒥᒃ ᐊᑐᓕᕐᕿᑖᕐᑕᐃᓕᖃᑦᑕᓗᑎᒃ ᐊᑕᐅᓯᐊᕐᓗᒍ ᐊᑐᕇᕈᕕᐅᑉ ᐃᒋᑦᓴᐅᑎᒋᖃᑦᑕᓗᒍ
• ᐊᓯᑎᓐᓂᒃ ᐊᑦᑐᐃᑕᐃᓕᖃᑦᑕᓗᑎᑦ ᓴᐃᒨᕐᑕᐃᓕᓗᑎᑦ, ᐃᕿᒻᒥᑕᐃᓕᓗᑎᓪᓗ, ᑕᐃᒪᐃᑦᑐᓂᒃ
ᐊᑑᑎᑦᑕᐃᓕᖃᑦᑕᓗᑎᑦ
• ᐊᓂᕐᕋᓯᒪᑐᐃᓐᓇᖃᑦᑕᓗᑎᑦ ᐃᓱᕐᕆᖏᒃᑯᕕᑦ

• ᖂᑭᓗᐊᕐᑐᒦᖃᑎᖃᕐᑕᐃᓕᖃᑦᑕᓗᑎᑦ, ᑖᒃᑯᓂᖓᑦᓴᐃᓇᕐᓗ ᐱᓇᓲᑎᒃ ᓴᓇᕐᕈᑎᒃ
ᐊᑐᕐᑕᐃᓕᖃᑦᑕᓗᑎᑦ ᐊᓯᓄᑦ ᐊᑐᕐᑕᕕᓂᕐᓂᒃ

ᐅᖓᓯᑦᑕᕇᒋᐊᖃᕐᓂᖅ

• ᐊᓯᓄᑦ ᖃᓂᓗᐊᕐᑕᐃᓕᒋᐊᖃᕐᓂᖅ ᒪᓕᑦᑕᐅᒋᐊᓕᒃ ᐅᖓᓯᓐᓂᖃᕐᓗᓂ ᒪᕐᕉᓄᑦ (2)
ᓱᖄᑎᒍᑏᓐᓄᑦ
• ᑕᒪᓐᓇ ᑕᐃᒪᖓᓕᒫᖅ ᒪᓕᑦᑕᐅᖃᑦᑕᕆᐊᓕᒃ ᐱᓇᓱᕝᕕᓂ, ᐊᓪᓚᕕᓐᓂ, ᐃᒐᓕᕐᓂ
ᐅᓪᓗᒍᒥᑕᕐᕕᓂ, ᑲᑎᖓᕕᓐᓂ, ᐃᑎᕐᕕᓂ, ᓄᓇᒃᑰᔫᓂᓪᓗ

ᖃᓂᒪᓐᓇᑖᕐᑕᐃᓕᒍᑏᑦ
• ᑐᑭᓯᒪᔭᐅᒋᐊᓕᒃ ᑮᓇᑉᐸᐃᑦ ᓴᐴᓗᑕᐅᒍᓐᓇᒪᑕ ᐅᖓᓯᑦᑕᕇᕈᓐᓇᓇᖏᑐᓃᑦᑐᓄᑦ
• ᖃᓄᖅ ᑮᓇᑉᐸᐃᑦ ᐊᑐᕐᑕᐅᓲᖑᒻᒪᖔᑕ ᖃᓄᕐᓗ ᐃᒋᑕᐅᒋᐊᖃᕐᒪᖔᑕ ᒪᓕᑦᑕᐅᒋᐊᓖᑦ
ᖃᐅᔨᒋᐊᕐᑕᐅᒍᓐᓇᑐᑦ ᐅᕙᓂ: https://cdn-contenu.quebec.ca/cdn-contenu/sante/documents/Problemes_de_sante/covid-19/Couvre-visage/20-210-64W_couvre-visage-anglais.pdf?1588798488