







## Travel by boat to camps

- Boat passengers will be required to answer a short, pre-screening questionnaire (each passenger should bring his own pen for the questionnaire). They will not be allowed on the boat if they are required to be in self-isolation, were in contact with a positive case of COVID-19 or have symptoms of COVID-19 (fever, new cough, shortness of breath, or loss of smell).
- All workers on board should:
  - Wash their hands upon embarking and leaving the boat (bring hand sanitizer or use soap and water).
  - Cough or sneeze in their elbow.
  - Respect a distance of two metres between workers.
    - If social distancing cannot be respected, it is recommended that workers wear a mask (non-medical mask or face covering; refer to Government of Canada Website<sup>5</sup>).
    - Wearing a visor that covers the face including the chin could be an alternative to the mask.
  - Not share things that may come in contact with other people's hands or saliva, such as bottles, cigarettes or utensils.
  - Have their own cup to drink from and abstain from sharing such items.

## Accommodations

- Workers should avoid sharing rooms. Only one person per room should be allowed.

## Hand hygiene, respiratory etiquette, social distancing

Follow **hand hygiene** with the necessary material (running water, soap, alcohol-based solutions, non-contact garbage cans, disposable tissues, towels or disposable paper, etc.).

- Wash hands frequently with soap and water for at least 20 seconds.
- Use an alcohol-based gel (60% or more) for at least 20 seconds if soap and water are not available.
- Avoid touching eyes, nose or mouth with potentially contaminated hands.
- All workers must be given the opportunity to clean their hands at the beginning of the shift, at the end of the shift, before eating, before breaks, before smoking and when using the toilet. Follow **respiratory etiquette** (cough into the elbow or into a tissue that must be discarded immediately after use, then wash hands as soon as possible).

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<sup>5</sup> <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/preventionrisks/about-non-medical-masks-face-coverings.html#a5>



Follow **social-distancing** measures, such as:

- Avoid all physical contact (e.g., handshakes, hugs).
- Avoid sharing objects (e.g., cigarettes, coffee mugs, pencils, communication devices, change or paper money, shampoo), tools and equipment.
- Respect a distance of two metres between individuals. Encountering someone who is less than two metres away for a few minutes without contact is not a risk.

### Wearing of masks, when necessary

If tasks absolutely require that two or more workers work within two meters of each other for a period of at least 15 minutes without physical barriers:

- It is recommended that they wear a procedural mask and protective eyewear in addition to the gloves usually worn. Wearing a visor that covers the face including the chin could be an alternative to the procedural mask and protective eyewear.
- This measure is recommended only if wearing protective eyewear or visors does not pose a risk to worker safety (e.g., light-diffraction problem).
- Before leaving the work area:
  - Safely remove protective eyewear and procedural mask and dispose of them in the trash or in dedicated re-sealable containers or bags, then discard them.
  - Disinfect reusable equipment (e.g., eye protection or visor if reusable) with a product suitable for the equipment.
  - Wash your hands or use an alcohol-based solution after removing the equipment.

### Work gloves and clothes

- The usual practice of wearing work gloves should be maintained:
  - Remove gloves before eating, placing them in a re-sealable bag or container.
  - Wash hands with soap and water or an alcohol-based solution each time gloves are removed.
  - Put gloves back on, if necessary.
- Remove **work clothes** at the end of the shift.
- Launder work clothing and gloves, daily if possible, otherwise as often as possible, according to the usual procedures, and ensure proper drying.
- Be sure that work clothing and gloves are always used by the same worker until laundered.





- Advise other workers to be alert for even minor symptoms and to immediately report them to their employer.

## 2. Preparedness and procedure in case of emergency (life-threatening injury) at the camp:

- All operators should revise their emergency plan, taking into account the COVID-19 situation.
- **Operators flying in directly from the South should** plan on reaching health services outside Nunavik and plan for any necessary evacuation, avoiding as much as possible sending the injured worker to a CLSC or a health centre in Nunavik. If the injured worker needs to be sent for health care in Nunavik, the CLSC/health centre will follow the procedure in place for any patient (the worker will be treated as a potential COVID-19 carrier).
- **Operators from Nunavik (Nunavik workers) should** contact directly the COVID-19 health line<sup>7</sup> with a satellite phone (or contact the nearest community with a radio device and ask the person to call the COVID-19 health line) and follow the instructions.
  - **COVID-19 HEALTH LINE: 1-888-662-7482**
- **Operators flying in directly from the South should** bring a communication device in order to contact directly the provincial info line on coronavirus (COVID-19) and follow their instructions. In case an evacuation is recommended, operators from the South should proceed with evacuation from Nunavik.
  - **PROVINCIAL INFO LINE ON CORONAVIRUS (COVID-19): 1-877-644-4545**

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<sup>7</sup> The health line is to help those who may need to be screened for COVID-19 and to answer medical concerns related to COVID-19.