



# NUNAVIK: MOVING FORWARD SAFELY

## Overall summary of recommendations for Nunavik during COVID-19 pandemic

### What can I do and where to refer?

For level 1 and 2, gatherings: as long as social distancing can be respected:

- Private indoor or outdoor gatherings: a total of 10 people or 5 guests maximum (whichever is highest in each situation)
- Places of worship: 250 people maximum (when not speaking or singing)
- Indoor public activities, 50 people maximum
- Outdoor public activities: 250 people maximum

### In general:

Specific recommendations may apply if new risks are identified by public health

- [About COVID-19](#)
- [Alert levels for Nunavik communities](#)
- [ALL COVID-19 TOOLS AND GUIDES \(INUKTITUT, ENGLISH AND FRENCH\)](#)



		COMMUNITY LIVING	ECONOMY	HEALTH	SCHOOL AND CHILDCARE	TRAVEL TO NUNAVIK	TRAVEL WITHIN NUNAVIK
LEVEL 1 – VIGILANCE	LEVEL 2 – EARLY WARNING	<ul style="list-style-type: none"> <li>• <a href="#">Can I go to work today?</a></li> <li>• <a href="#">Gatherings (indoor, outdoor, private, public)</a></li> <li>• <a href="#">Places of worship</a></li> <li>• <a href="#">Community organizations</a></li> <li>• <a href="#">Community centers</a></li> <li>• <a href="#">Physical activities and sports</a></li> <li>• <a href="#">Fitness centers</a></li> <li>• <a href="#">Food sharing</a></li> <li>• Youth centers</li> <li>• <a href="#">Sewing centers</a></li> <li>• Community kitchen</li> <li>• <a href="#">Swimming pools</a></li> <li>• Family houses</li> <li>• <a href="#">Bingo</a></li> <li>• On the land activities</li> <li>• Hunting and fishing activities with people from different households</li> <li>• Community gardening and greenhouse</li> <li>• Outdoor fields and playgrounds</li> <li>• Local public transportation</li> <li>• Day camps</li> <li>• Traditional/cultural camps</li> <li>• <a href="#">Community gardens</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Restaurants and bars (workplace): 50% of capacity</a></li> <li>• <a href="#">Restaurants and bars (employees)</a></li> <li>• <a href="#">Restaurants and bars (daily checklist)</a></li> <li>• <a href="#">Grocery stores</a></li> <li>• Government offices</li> <li>• Administration and public office</li> <li>• <a href="#">Workplaces guidelines</a></li> <li>• <a href="#">Workplaces (employees)</a></li> <li>• <a href="#">Construction and infrastructure work</a></li> <li>• All retail businesses</li> <li>• <a href="#">Mining work for Nunavimmiut</a></li> <li>• <a href="#">Mining exploration</a></li> <li>• <a href="#">Park activities</a></li> <li>• <a href="#">Tourism</a></li> <li>• <a href="#">Maintenances in parks and tourism sites</a></li> <li>• <a href="#">Hunting and fishing trips</a></li> <li>• <a href="#">Hunting and harvesting</a></li> <li>• <a href="#">Professional meetings, training sessions and other gatherings</a></li> <li>• Some research activities</li> </ul>	<ul style="list-style-type: none"> <li>• Essential services</li> <li>• Non-urgent services</li> <li>• All program and services</li> <li>• Tuberculosis screening</li> <li>• STBBI screening</li> <li>• Vaccines and immunizations</li> <li>• <a href="#">Medical internships</a></li> </ul>	<ul style="list-style-type: none"> <li>• Elementary and secondary schools, adult education and vocational programs</li> <li>• <a href="#">Can my child go to school today?</a></li> <li>• <a href="#">Can my child go to daycare today?</a></li> <li>• <a href="#">Daycares</a></li> <li>• <a href="#">Day camps &amp; Youth Activities</a></li> <li>• <a href="#">Guidelines for parents</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Instructions for travel to Nunavik from South</a></li> <li>• Nunavimmiut and their family</li> <li>• Non-urgent medical travel</li> <li>• Workers</li> <li>• <a href="#">Interim recommendations for charters</a></li> <li>• <a href="#">Travel by boat</a></li> <li>• <a href="#">Sealift operations</a></li> <li>• <a href="#">Additional instructions for hunting, fishing and gathering activities</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Conditions in place for North-North travelers</a></li> <li>• <a href="#">Flights within the region</a></li> <li>• <a href="#">Elder's bus</a></li> </ul>



	COMMUNITY LIVING	ECONOMY	HEALTH	SCHOOL AND CHILDCARE	TRAVEL TO NUNAVIK	TRAVEL WITHIN NUNAVIK
<b>LEVEL 3 - ALERT</b>	<b>RESTRICTIONS DEPENDING ON THE SPECIFIC COMMUNITY TRANSMISSION RISKS IN EACH SITUATION</b>  Possible closing of transmission sites associated with existing cases, reduction in the number of people allowed to gather at a given time and targeted testing/screening				<ul style="list-style-type: none"> <li>Limited to essential workers, patients needing essential medical services, humanitarian reasons, and residents returning home</li> </ul>	<ul style="list-style-type: none"> <li>Limited to essential workers, patients needing essential medical services, humanitarian reasons, and residents returning home</li> <li>Quarantine when going to other communities in Nunavik</li> </ul>
<b>LEVEL 4 – MAXIMUM ALERT</b>	<ul style="list-style-type: none"> <li>Temporary restriction of all non-essential activities</li> <li>All gatherings prohibited</li> </ul>	<ul style="list-style-type: none"> <li>Temporary closure of all non-essential business activities</li> </ul>	<ul style="list-style-type: none"> <li>Maintenance of essential services and priority programs only</li> <li>Widespread testing/screening</li> </ul>	<ul style="list-style-type: none"> <li>Temporary school closure will be considered</li> <li>Temporary reduction of childcare services may be considered and limited to essential workers</li> </ul>	<ul style="list-style-type: none"> <li>Limited to essential workers, patients needing essential medical services, humanitarian reasons, and residents returning home</li> </ul>	<ul style="list-style-type: none"> <li>Limited to essential workers, patients needing essential medical services, humanitarian reasons, and residents returning home</li> <li>Quarantine when going to other communities in Nunavik</li> </ul>