

Recommendations for Public Pools

Prevention of COVID-19

Nunavik reopening

1. Comply with isolation instructions whenever applicable

- Clients and staff with symptoms of COVID-19 or who have tested positive for COVID-19 or who are returning from South and doing their quarantine should not enter pools

2. Follow hand hygiene and respiratory hygiene/cough etiquette

- Promote hand-hygiene measures by making the necessary materials available (alcohol-based sanitizers, contactless trash cans, disposable paper towels, etc.).
- There must be proper ventilation that ensures good air circulation.
- Promote the practice of respiratory hygiene/cough etiquette: Cover your mouth and nose when coughing or sneezing, immediately throw used tissues into the trash, etc.

3. Physical-distancing measures

- Wherever possible, establish measures around the facility such as: One-way traffic indicators for showers, change rooms and washrooms; Stickers or signage on the wall/floor to establish two-metre distancing; Consider limiting available lockers so that physical distancing can be maintained (e.g., block every second locker).
- Establish and post occupancy limits that ensure the physical-distancing requirement can be maintained.

4. Ensure that frequently touched objects and surfaces are cleaned and disinfected

- In addition to routine cleaning performed as required by the Regulation and

Standards, increase frequency of sanitation of commonly touched surfaces (such as ladders, doorknobs, handrails, light switches, countertops, tables, deck fixtures, touch pads).

5. Staff

- It is strongly recommended that at least one staff person on deck be designated as a “COVID-19 responsible person.” The primary function of this role would be to monitor adherence to physical distancing and all other public-health guidance.

6. Rapid response and first aid

- Facilities are required to have a rapid-response plan in place to manage symptomatic clients and staff.

These guidelines were endorsed by a public health scientific committee.

For general information related to COVID-19, contact 1-833-301-0296, chat with the NRBHSS Facebook page through *Messenger* or consult the webpage <https://nrbhss.ca/en/coronavirus>.