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ᖃᓄᐃᓗᖁᔨᒍᑏᑦ ᐳᐃᑦᔪᕋᕐᕕᓄᑦ ᓇᐅᓕᒫᓄᑦ ᐊᑐᕐᑕᐅᓲᓄᑦ COVID-19-ᑖᕐᑎᓯᑦᑏᓕᓂᕐᒥ ᓄᓇᕕᒻᒥ ᓱᓇᐃᓐᓀᑦ ᐅᒃᑯᐃᐸᓪᓕᐊᓕᕐᑎᓗᒋᑦ

1. ᒪᓕᑦᓯᐊᓗᑎᑦ ᐊᓂᑦᑌᓕᒪᓂᕐᒥᖁᔭᐅᓂᕐᒥᓄᑦ ᖃᓄᐃᓗᖁᔭᐅᓂᕐᒥᓂᒃ ᐊᑑᑎᒍᓐᓇᐸᑕ

● ᐳᐃᑦᔪᕋᕆᐊᕐᑐᑐᑦ ᐱᓇᓱᑦᑏᓗ ᒪᓗᓐᓇᐅᑎᓖᑦ COVID-19-ᒥᒃ ᐅᕝᕙᓗᓐᓃᑦ ᓱᕐᖁᐃᑕᐅᔪᒥᒃ ᖃᓂᒪᓂᕋᕐᑕᐅᓂᕈᑎᒃ COVID-19ᒧᑦ ᐅᕝᕙᓗᓐᓃᑦ ᐅᑎᕐᑐᑦ ᖃᓪᓗᓈᑦ ᓄᓇᖓᓂ ᐱᑦᓱᑎᑦ ᐊᓂᑦᑌᓕᒪᓂᕐᒥᑎᑕᐅᖏᓐᓇᑐᑦ ᐳᐃᑦᔪᕋᕐᕕᓄᔪᑦᓴᐅᖏᓪᓚᑦ

2. ᒪᓕᓪᓗᑎᑦ ᐊᒡᒐᓂᒃ ᓴᓗᒪᑦᓯᐊᕆᐊᖃᕐᓂᓄᓕᖓᔪᓂᑦ ᐊᓂᕐᑎᕆᑦᓯᐊᕆᐊᖃᕐᓂᓄᓕᖓᔪᓂᑦ/ᖁᐃᕐᑐᓕᕈᓂ ᖃᓄᐃᓕᖓᒋᐊᖃᕐᓂᓂᑦ

● ᐊᒡᒐᓂᒃ ᓴᓗᒪᑦᓯᐊᑎᑦᓯᒐᓱᖃᑎᐅᓗᑎᑦ ᖃᓄᐃᓗᕈᓯᓕᐊᕕᓂᕐᓂᑦ

ᐊᑐᐃᓐᓇᐅᑎᑦᓯᓂᕐᒥᒍᑦ ᓴᓗᒻᒪᓭᒍᑎᓂᑦ (ᓲᖑᔪᔭᓖᑦ ᐊᒡᒐᓂᒃ ᖁᐱᕐᕈᐊᔪᐃᔭᒍᑏᑦ, ᐊᑦᑐᑕᐅᒋᐊᑐᖕᖏᑐᑦ ᐊᒡᒐᓄᑦ ᓴᓂᒃᑯᕖᑦ, ᐃᒋᑕᐅᓲᑦ ᐃᒡᒍᑎᐊᓗᐃᑦ, ᐊᓯᖏᓪᓗ).
● ᐊᓂᐊᑦᓯᒍᑎᓂᑦ ᐊᓂᕐᑎᕆᔭᒥᒃ ᐊᓂᐊᑦᓯᓯᐊᕈᓐᓇᕆᐊᖃᕐᖁᑦ ᐊᓂᕐᑎᕆᔭᐅᔪᖅ
ᐃᓗᐊᓂ ᐊᓯᑦᔨᑕᑦᓯᐊᓂᐊᕐᒪᑦ.

● ᐊᓂᕐᑎᕆᒍᓯᒃᑯᑦ ᓴᓗᒪᑦᓯᐊᕆᐊᖃᕐᓂᒥᒃ/ᖁᐃᕐᑐᓂᕐᒥᒃ ᒪᓕᑦᑕᐅᒋᐊᓕᓐᓂᑦ ᓄᐃᑕᑎᑦᓯᓯᐊᕐᓗᑎᑦ: ᖃᓂᕐᓂᒃ ᕿᖓᕐᓂᓗ ᐸᑐᒻᒥᓂᖅ ᖁᐃᕐᑐᓕᕈᓂ ᑕᒋᐅᓕᕈᓂᓗᓐᓃᑦ, ᑲᒃᑭᒍᑎᒃ ᐊᑐᕐᑕᕕᓂᖅ ᓴᓂᒃᑯᕕᒻᒧᓴᐅᑎᒋᓗᒍ, ᐊᓯᖏᓪᓗ.

3. ᐊᓯᒥᓄᑦ ᐅᖓᓯᑦᑐᒋᐊᖃᕐᓂᒥᓄ ᖃᓄᐃᓗᖁᔨᒍᑏᑦ

● ᐱᒍᓐᓇᐸᑦ, ᖃᓄᐃᓗᕈᓯᓕᐅᕐᓯᒪᓗᑎᑦ ᒪᓕᑦᑕᐅᖃᑦᑕᓂᐊᕐᑐᓂᑦ ᐳᐃᑦᔪᕋᕐᕕᐅᑉ
ᐃᓗᐊᓂ ᐅᑦᑑᑎᒋᓗᒋᑦ: ᓇᐅᒃᑯᓗᑎᑦ ᐱᓱᕝᕕᐅᖃᑦᑕᓂᐊᕐᑐᓂᑦ ᓇᓗᓀᒃᑯᑕᓕᐅᕐᓯᒪᓗᑎᑦ ᐃᓘᓐᓇᓂᐊᕐᕕᓕᐊᕐᑐᓄᑦ, ᐊᓐᓄᕌᕆᐊᕐᑐᕕᓐᓄᑐᓄᑦ ᐊᓇᕐᕕᓕᐊᕐᑐᓄᓗ; ᓂᐱᑎᕈᑎᓂᑦ ᐊᓪᓚᓯᒪᔪᓂᓗᓐᓃᑦ ᐊᑭᓐᓇᒥ/ᓇᑎᕐᒥ ᐋᕐᕿᑕᐅᓯᒪᓗᑎᑦ ᐊᓯᒥᓄᑦ ᐅᖓᓯᓐᓂᕆᔭᐅᒋᐊᓕᓐᓂᑦ ᒪᕐᕉᓂᒃ ᓱᕐᖄᑎᕈᑎᓂᒃ

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ᐅᖓᓯᑦᑕᕆᓪᓗᑎᑦ; ᐃᓱᒪᒋᓗᒋᑦ ᐊᓐᓄᕌᖃᐅᑎᑯᑖᑦ ᐅᒃᑯᐃᑕᕐᑐᐃᑦ ᐊᑦᓱᖏᐅᑎᓖᑦ ᐅᓄᕐᓂᕆᒍᓐᓇᑕᖏᑦ ᐃᑉᐱᒋᓗᒋᑦ ᐊᓯᒥᓄᑦ

ᐅᖓᓯᑦᑕᕆᓐᓂᐅᒋᐊᓖᑦ (ᐅᑦᑑᑎᒋᓗᒋᑦ, ᑐᖓᓕᖓᑕᒫᑦ ᐊᑐᕐᑕᐅᑎᒍᓐᓀᓗᒍ ᐊᓐᓄᕌᖃᐅᑎᑯᑖᒃ ᐊᑦᓱᖏᐅᑎᓕᒃ).

● ᐃᓂᒋᔭᐅᖃᑦᑕᓂᐊᕐᑐᓯᒪᔪᓕᐅᕐᓗᑎᓗ ᒪᓕᑦᑕᐅᒋᐊᓕᓐᓂᑦ ᐊᓯᒥᓄᑦ
ᐅᖓᓯᑦᑐᖃᑦᑕᓂᐊᕐᒪᑕ.

4. ᐊᑦᑐᑕᐅᒍᓪᓖᑦ ᓱᓇᑐᐃᓐᓀᑦ ᐃᓃᓗ ᓴᓗᒪᑎᓗᒋᑦ ᖁᐱᕐᕈᐊᕈᓰᔭᕐᓯᒪᓗᒋᓗ

● ᓴᓗᒻᒪᓭᒍᓯᐅᓲᖑᒋᕐᑐᑎᒍᑦ ᒪᓕᒐᕐᑎᒍᑦ ᐋᕐᕿᑕᐅᒪᔪᑎᒍᓪᓗ,
ᓴᓗᒻᒪᓭᓂᕐᓴᐅᓗᑎᑦ ᐊᑦᑐᑕᐅᒍᓪᓗᓂᑦ ᐃᓂᓂᑦ (ᐅᑦᑑᑎᒋᓗᒍ ᒪᔫᑏᑦ, ᐅᒃᑯᐃᓯᒍᑏᑦ, ᑎᒍᒻᒥᕖᑦ, ᐃᑭᑦᓯᒍᑏᑦ, ᓵᑯᑖᑦ, ᐳᐃᑦᔪᕋᕐᕕᐅᑉ ᓴᓂᐊᓂᑦᑐᑦ, ᐊᑦᑐᑕᐅᓲᑦ ᖃᕆᑕᐅᔭᒧᓕᖓᔪᑦ).

5. ᐱᓇᓱᑦᑏᑦ

● ᐊᑕᐅᓯᕐᔪᐊᒥᒃ ᐱᓇᓱᑦᑎᒋᔭᐅᒋᕐᑐᒥᒃ ᐳᐃᑦᔪᕋᕐᕕᐅᑉ ᓴᓂᐊᓂᑦᑐᒥᒃ
ᐃᑉᐱᒍᓱᖁᔭᐅᕗᑦ "COVID-19" ᑖᕆᒃᑯᑎᓄᓕᖓᔪᓂᑦ ᑲᒪᔨᐅᓗᓂ ᐃᓄᒻᒥᒃ." ᐱᓇᓱᕙᓪᓗᒐᔭᕐᓗᓂ ᐃᑉᐱᒋᔭᖃᕐᓗᓂ ᒪᓕᑦᑕᐅᑎᑦᓯᓗᓂᓗ ᐊᓯᒥᓄᑦ ᐅᖓᓯᑦᑕᕆᓐᓂᐅᒋᐊᓕᓐᓂᑦ ᐊᓯᓕᒫᖏᓐᓂᓗ ᓇᐅᓕᒫᓄᑦ ᐃᓗᓯᓕᕆᓂᕐᒧᑦ ᒪᓕᑦᑕᐅᖁᔭᓕᒫᖏᓐᓂᑦ.

6. ᓱᑲᑦᑐᒥᒃ ᑲᒪᒍᓐᓇᓗᑎᑦ ᐋᓐᓂᓯᐅᕐᑕᐅᒋᐊᖃᕐᑐᖃᕐᐸᑦ

● ᐳᐃᑦᔪᕋᕐᕖᑦ ᓱᑲᑦᑐᒥᒃ ᑲᒪᒍᓐᓇᓂᕐᒥᒃ ᐸᕐᓀᓯᒪᒍᑎᖃᕆᐊᖃᕐᖁᑦ
ᑲᒪᒍᓯᐅᒐᔭᕐᑐᓂᒃ ᖃᓄᐃᑦᑐᖃᕐᐸᑦ ᐳᐃᑦᔪᕋᕐᕕᒥᑦᑐᓂᑦ ᐱᓇᓱᑦᑎᓂᓗ.

ᑖᒃᑯᐊ ᒪᓕᒐᑦᓴᓕᐊᕕᓃᑦ ᐊᖏᕐᑕᐅᒪᕗᑦ ᓇᐅᓕᒫᓂᒃ ᐃᓗᓯᓕᕆᓂᕐᒧᑦ ᓱᑯᐃᔦᓂᕐᒧᓕᖓᔪᓂᑦ ᑲᑎᖕᖓᔨᖏᓐᓄᑦ.

ᑐᑭᓯᒋᐊᕈᒪᒍᑦᓯ COVID-19ᒧᓕᖓᔪᓂᑦ, ᐅᖄᓚᒍᓐᓇᖁᓯ 1-833-301-0296ᒧᑦ ᐅᖄᕕᖃᕐᓗᓯ ᓄᓇᕕᒻᒥ ᐃᓗᓯᓕᕆᓂᕐᒧᑦ ᑲᑎᒪᔩᑦ Facebook-ᖓᑕ Messengerᖓᓂ
ᖃᐅᔨᒋᐊᕐᕕᖃᕐᓗᓯᓗᓐᓃᑦ ᖃᕆᑕᐅᔭᑎᒍᑦ ᓄᐃᑕᑎᑦᓯᕕᖓᓂ ᐅᕙᓂ

https://nrbhss.ca/en/coronavirus.