ᐃᓄᓐᓃᑐᒋᓂᕐᒥᑐᓄᑦ ᐃᓄᓐᓃᑐᒋᓂᕐᒥᓂ ᐊᑑᑎᔭᐅᕐᑯᔭᐅᔪᑦ

ᔫᓂ 30, 2021-ᒥᓂᑐᑦ

ᖃᓂᒻᒪᓇᕐᑐᑖᕆᒃᑯᑎᒧᑦ ᑲᐱᔭᐅᒋᕐᔪᒪᑦᔪᐊᓕᕐᑐᐃᑦ **ᓴᐅᓗᑕᖃᕐᓂᓴᐅᕗᑦ** (ᒪᕈᕕᑦᔪᑎᒃ ᑲᐱᔭᐅᔪᒪᔪᐃᑦ).) ᐅᓪᓗᐃᑦ 14 ᓇᓪᓕᐅᑎᓚᐅᕐᑎᓇᒋᑦ ᐊᐅᓪᓚᕕᕐᓴᐱᑉ ᐅᓪᓗᖕᒐᓂ.
ᑲᐱᔭᐅᒋᕐᔪᒪᑦᔪᐊᖕᖕᒋᑐᐃᑦ **ᓴᐅᓗᑕᖃᖕᖕᒋᓂᕐᓴᐅᑎᓪᓗᒋᑦ** ᐅᕝᕙᓘᓐᓃᑦ ᑲᐱᔭᐅᒻᒥᑐᓪᓚᕆᑦ.

	ᓴᐅᓗᑕᖃᖕᖕᒋᓂᕐᓴᑦ ᑲᐱᔭᐅᔪᒪᖕᖕᒋᒧᑦ ᐊᐅᓪᓚᖃᑦᑕᑐᑦ	**ᓴᐅᓗᑕᖃᓕᕐᔪᑎᒃ ᑲᐱᔭᐅᔪᒪᓕᕋᒥᒃ ᐊᐅᓪᓚᖃᑦᑕᑐᑦ**
ᐃᓄᓐᓃᑐᒋᓂᕐᒥᑐᓄᑦ ᐃᓄᓐᓃᑐᒋᓂᕐᒥᓂ ᐊᑑᑎᔭᐅᒋᐊᓖᑦ	**ᐅᓪᓗᓂ 10ᓂ ᐃᓄᓐᓃᑐᒋᐊᖃᓪᓚᕆᑦᑐᑦ** (ᑕᑯᓗᒋᑦ ᐊᑑᑎᔭᐅᒋᐊᓕᒃ ᐅᖓᑖᓂ ᐊᓪᓚᔪᒪᔪᐃᑦ) ᐊᐅᓪᓚᖃᑦᑕᑐᐃᑦ ᑎᑭᔪᒪᓕᕈᑎᒃ ᐅᓪᓗᐃᑦ ᔪᑕᒪᐅᔪᖕᒋᒐᕐᑑᒍᑎᖓᓂ (7-ᒍᑎᖓᓂ) ᑎᑭᑦᑐᕕᓂᐅᓗᑎᒃ ᖃᐅᔨᓴᕐᑕᐅᒋᐊᓖᑦ.	ᐃᓄᓐᓃᑐᒋᐊᑐᖕᖕᒋᑐᐃᑦ ᓴᐳᓗᑕᕐᒥᒃ ᑲᐱᔭᐅᔪᒪᔪᐃᑦ. ᐊᐅᓪᓚᖃᑦᑕᑐᐃᑦ ᑎᑭᔪᒪᓕᕈᑎᒃ ᐅᓪᓗᐃᑦ ᔪᑕᒪᐅᔪᖕᒋᒐᕐᑑᒍᑎᖓᓂ (7-ᒍᑎᖓᓂ) ᑎᑭᑦᑐᕕᓂᐅᓗᑎᒃ ᖃᐅᔨᓴᕐᑕᐅᒋᐊᓖᑦ.

ᐊᑑᑎᔭᐅᒋᐊᓖᑦ ᓄᓇᕕᒻᒥ ᐃᓪᓗᒥᐅᖃᑎᒌᓄᑦ*

ᐊᑑᑎᔭᐅᒋᐊᓖᑦ ᓄᓇᕕᒻᒥ ᐃᓪᓗᒥᐅᖃᑎᒌᓄᑦ ᓴᐅᓗᑕᖃᕐᔪᐊᓕᕐᑐᓄᑦ ᑲᐱᔭᐅᒋᕐᔪᒪᒐᒥᒃ	ᐃᓪᓗᒥᐅᖃᑎᒌᑦ ᑲᐱᔭᐅᔪᒪᔪᐃᑦ ᐱᐅᔪᓇᓱᒥᓂᒃ ᐱᐅᔪᖃᑦᓴᓇᑐᐃᓐᓇᕈᓐᓇᑐᑦ ᑲᐱᔭᐅᔪᒪᖕᖕᒋᑐᓂᒃ ᐃᓪᓗᒥᐅᖃᑎᖃᒐᓗᐊᕈᑎᒃ ᐃᓄᓐᓃᑐᒪᔪᒥᒃ ᐅᓪᓗᓂ.	ᐃᓚᒋᔭᐅᔪᐃᑦ ᓴᐳᓗᑕᖃᕐᔪᑎᒃ ᑲᐱᔭᐅᔪᒪᔪᐃᑦ ᐊᐅᓪᓚᖃᑦᑕᑐᐃᑦ ᐃᓪᓗᒥᐅᖃᑎᖕᒋᑦ ᐃᓄᓐᓃᑐᒪᒋᐊᑐᖕᖕᒋᑐᑦ ᐱᐅᔪᓇᓱᒥᓂᒃ ᐱᐅᔪᖃᑦᓴᓇᑐᐃᓐᓇᕈᓐᓇᑐᑦ (ᐅᑦᑑᑎᒋᓗᒍ, **ᐃᓕᓴᓇᐊᖃᑦᑕᕈᓐᓇᑐᑦ).**
ᐊᑑᑎᔭᐅᒋᐊᓖᑦ ᓄᓇᕕᒻᒥ ᐃᓪᓗᒥᐅᖃᑎᓕᓐᓄᑦ ᑕᒥᓐᓂᒃ ᑲᐱᔭᐅᒋᕐᔪᒪᖕᖕᒋᑐᓂᒃ ᓴᐅᓗᑕᖃᖕᖕᒋᑐᓂᓗᓐᓃᑦ	**ᓴᐅᓗᑕᖃᖕᖕᒋᑐᐃᑦ ᑲᐱᔭᐅᔪᒪᖕᖕᒋᒧᑦ ᐊᐅᓪᓚᖃᑦᑕᑐᐃᑦ ᐃᓄᓐᓃᑐᒪᒋᐊᓖᑦ ᐃᓗᒥᐅᖃᑎᒥᑕ ᐊᔪᖕᒋᓐᓂᒃ**: ᑐᒃᑯᐊ ᐃᓚᖕᒋᑦ ᐃᓄᓐᓃᑐᒪᒋᐊᑐᖕᖕᒋᑐᑦ ᐱᐅᔪᓇᓱᒥᓂᒃ ᐱᐅᔪᖃᑦᓴᓇᑐᐃᓐᓇᕈᓐᓇᑐᑦ (ᐅᑦᑑᑎᒋᓗᒍ, ᐃᓕᓴᓇᐊᖃᑦᑕᕈᓐᓇᑐᑦ).	
	ᐊᐅᓪᓚᖃᑦᑕᑐᐃᑦ ᐃᓄᓐᓃᑐᒪᕐᖃᔭᖕᖕᒋᑐᐊᕈᑎᒃ ᐃᓪᓗᒥᐅᖃᑎᒥᓂᒃ, ᑖᒃᑯᐊ ᐃᓚᖕᒋᑦ ᒪᓕᑦᑕᐅᕐᑯᔭᐅᔪᓂᒃ ᒪᓕᖃᑦᑕᓇᐊᓖᑦ ᐃᓄᓐᓃᑐᒪᖃᑕᐅᓗᑎᒃ ᐊᐅᓪᓚᔪᒪᔪᕕᓂᕐᒥᒃ ᐃᓄᓐᓄᑐᒪᖃᑎᖃᕐᓗᑎᒃ, ᐊᒻᒪᓗ ᐅᓪᓗᓂ 14ᓂ ᐃᓄᓐᓄᓃᑐᒪᒋᐊᖃᕐᔪᑎᒃ.	

*ᖃᓪᓗᓈᓂ ᐃᓄᓐᓃᑐᒪᔪᕕᓃᑦ ᐃᓚᒥᓂᑦᑐᓕᓗᑎᒃ ᐃᓄᓐᓃᑐᒪᒋᐊᓖᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓚᓕᒫᒥᓂᒃ ᐃᓄᓐᓃᑐᒪᖃᑎᖃᕐᓗᑎᒃ ᐃᓄᓐᓃᑐᒪᒋᐊᖃᕐᓂᓕᒫᒥᓂ, ᑲᐱᔭᐅᔪᒪᒐᓗᐊᕈᑎᒃ ᑲᐱᔭᐅᔪᒪᖕᖕᒋᑲᓗᐊᕈᑎᒃ. ᐃᓄᓐᓄᑐᒪᓇᖃᕐᓂᓕᒫᒥᓂ ᐃᓄᓐᓃᑐᒪᒋᐊᓖᑦ (ᖃᐅᔨᓴᕐᑕᐅᒋᐊᕐᑐᒋᐊᖃᓕᕈᑎᒃ ᖃᐅᔨᓴᕐᑕᐅᒋᐊᕐᑐᕈᓐᓇᑑᒐᓗᐊᑦ, ᑲᐱᔭᐅᒋᐊᕐᑐᓕᓇᑎᓪᓗ ᐊᒻᒪᓗ ᐊᐅᓪᓚᓇᐊᖃᓕᕈᑎᒃ ᑎᒻᒥᔪᕐᓂᐊᕕᒻᒧᑦ) ᐊᒻᒪᓗ ᖃᖓᑦᑕᕕᒋᒋᐊᓖᖓ ᐅᓪᓗᖕ ᐃᓚᒋᔭᐅᑎᓪᓗᒍ. ᐃᓄᓐᓃᑐᒪᓂᕐᒦᒋᐊᖃᕐᓂᓈᓗᓂ ᓇᐅᑐᐃᓐᓇᖕ ᖃᓪᓗᓈᓂ ᐱᒋᐊᑦᓱᑲᓂᒋᐊᓖᒃ ᐃᓄᓐᓃᑐᒪᕕᒋᒋᐊᓖᒻᒥᓂᒃ.

** ᐊᐅᓪᓚᓯᒪᔪᕕᓃᑦ ᐃᓄᓐᓃᑐᒪᔪᐃᑦ ᐃᓪᓗᒥᐅᖃᑎᒥᑕ ᐊᔪᖕᒋᓐᓂᒃ ᐃᓪᓗᐊᕈᓯᕐᒥ ᐃᓄᑑᒍᓐᓇᕈᓂ ᐃᓪᓗᑉ ᐃᓗᐊᓂ ᓯᓂᕝᕕᒋᔭᒥᓂᒃ ᐃᓄᑑᖃᑦᑕᕆᐊᓖᒃ, ᓂᕆᓕᑐᐊᕈᓂᓗ ᐱᕕᓕᒫᒥᒍᑦ; ᐃᓪᓗᒥᐅᖃᑎᒥᓄᑦ ᓇᔪᕐᑕᐅᓗᑭᓐᓂᐸᓂᒃ ᓇᔫᑎᓗᐊᕐᑐᓕᖃᑦᑕᓗᓂ ᐊᒻᒪᓗ ᓇᔫᑎᓕᑐᐊᕈᓂᓗ, ᓂᐅᕐᖃᓇᒃᑯᑎᒥᒃ

Ṗᓇᑉᐸᓯᒪᖃᑦᑕᕆᐊᓕᒃ.

ᐃᓗᓐᓈᒍᑦ ᐊᑑᑎᔭᐅᖃᑦᑕᕆᐊᓖᑦ

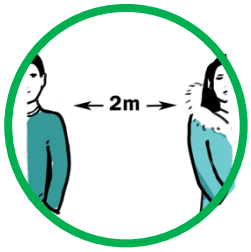
ᐃᓄᓐᓃᑌᓕᕕᑦᓴᓯᐊᒥᒃ ᓇᔪᕋᑦᓴᖃᑦᓯᐊᕋᓯᐊᕐᓗᓯ ᖃᓪᓗᓈᓂ, ᐃᓄᐃᑦ ᓄᓇᖓᓂ ᐅᕝᕙᓘᓐᓃᑦ ᑕᒥᓐᓂ ᖃᓪᓗᓈᓂᓗ ᐅᑭᐅᕐᑕᑐᒥᓗ ᐃᓄᓐᓃᑌᓕᒪᓚᖓᑐᐊᕈᕕᑦ.

1. ᖃᓄᐃᓕᕐᒪᖔᕐᐱᑦ ᐅᓪᓗᑕᒫᑦ ᐃᑉᐱᒍᓯᑦᓯᐊᖃᑦᑕᓗᑎᑦ ᐊᒻᒪᓗ ᐃᑉᐱᒋᑦᓯᐊᖃᑦᑕᒥᓗᒋᑦ ᐃᓪᓗᒥᐅᖃᑎᒋᔭᑎᑦ ᖃᓄᐃᓕᕋᓗᐊᕐᒪᖔᑕ.

ᖃᓂᒻᒪᓯᕐᒧᑦ ᖃᓄᐃᒍᑕᐅᓲᓂᒃ ᖃᓄᐃᒍᑎᖃᓕᕈᕕᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓪᓗᒥᐅᖃᑎᑎᑦ, ᐅᖃᓚᕕᖃᒋᐊᖃᕐᑐᑎᑦ ᓄᓇᕕᒻᒥ INFO-SANTÉ-ᑯᓐᓄᑦ ᐅᖃᓚᐅᑎᖓ 1 888 662-7482:

- ✓ ᐆᓇᕐᓂᖃᕈᕕᑦ (≥ 38ᵉC or 100.4ᵉF) ᐅᕝᕙᓘᓐᓃᑦ
- ✓ ᐊᔪᕐᑐᒥᒃ ᖁᐃᑐᖃᑦᑕᕈᕕᑦ
- ✓ ᐊᓂᕐᓂᑭᑦᑑᖃᑦᑕᕈᕕᑦ, ᐊᓂᕐᑎᓇᑦᓯᐊᖃᔭᖕᒋᑯᕕᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓴᕝᕕᓕᓇᓕᑐᐊᕈᕕᑦ
- ✓ ᓘᒪᒍᓐᓇᖕᒋᕐᓯᒪᑐᐊᕈᕕᑦ
- ✓ ᑲᒃᑭᓕᖃᑦᑕᕈᕕᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓱᕐᓗᑭᒃ ᓯᒥᑦᓯᒪᑐᐊᕐᐸᓂᒃ ᑲᒃᑭᐅᓂᕐᓄᑦ
- ✓ ᐃᒡᒋᐊᓕᓇᑐᐊᕈᕕᑦ
- ✓ ᐃᑎᑦᑕᖃᑦᑕᑐᐊᕈᕕᑦ/ᐊᓇᑭᑕᖃᑦᑕᑐᐊᕈᕕᑦ
- ✓ ᑕᖃᒪᖃᑦᑕᑐᐊᕈᕕᑦ
- ✓ ᓂᐊᕐᑯᖕᖑᖃᑦᑕᑐᐊᕈᕕᑦ
- ✓ ᓄᑭᓕᓇᑐᐊᕈᕕᑦ ᓴᓐᓂᓗᑎᑦ

2. ᖃᓂᒻᒪᑎᑦᓯᑌᓕᒐᓯᐊᕈᑎᐅᔪᐃᑦ ᒪᓕᑦᑕᐅᕐᑯᔭᐅᔪᐃᑦ ᓲᓯᒋᓗᒋᑦ ᒪᓕᑦᓯᐊᖃᑦᑕᓗᒋᑦ



3. ᐃᓄᓐᓃᑌᓕᒪᔪᐃᑦ ᖃᓄᐃᓗᕈᓐᓇᐸᑦ ᐊᒻᒪᓗ ᖃᓄᐃᓗᓇᐊᖃᖕᖕᒋᑑᕙᑦ?

ᖃᓄᐃᓗᕈᓐᓇᓂᖕᒋᑦ	ᖃᓄᐃᓗᕐᖃᔭᖕᖕᒋᓂᖕᒋᑦ
✓ ᐃᓄᑑᓗᑎᒃ ᓯᓚᒥ ᓱᓇᓯᐊᓗᑑᒃᑯᓐᓇᑐᑦ (ᐅᕝᕙᓘᓐᓃᑦ ᐃᓄᓐᓃᑌᓕᒪᖃᑎᒥᓂᒃ ᐃᓚᖃᕐᓗᑎᒃ)	× ᐳᓛᓇᐊᕐᑎᖃᕈᓐᓇᖕᒋᑦᑐᑦ
✓ ᓂᕿᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐃᔭᒐᕐᓂᒃ ᒥᓇᕐᑕᐅᒍᓐᓇᓱᑎᒃ	× ᓇᐅᓕᒫᓄᑦ ᐁᓯᒪᕕᐅᓲᓄᓐᓇᔭᖕᒋᑦᑐᑦ (ᐅᑦᑑᑎᒋᓗᒋᑦ ᓂᕿᓂᒃ ᓂᐅᕕᕐᕕᓄᑦ)