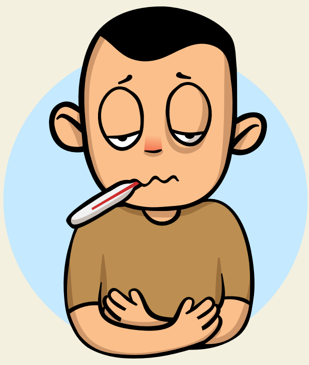
Prevention
& Control
of Infectious
Diseases

ᐳᕙᓪᓗᓇᕐᑐᖅ
TUBERCULOSIS

ᒪᓗᓐᓇᐅᑎᖏᑦ
Symptoms

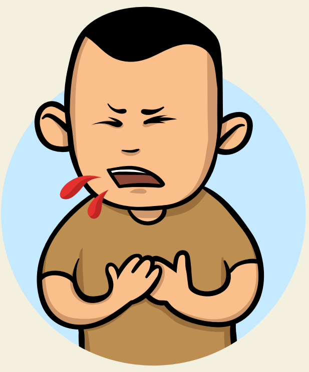
ᖁᐃᕐᑐᕈᓯᓇᖕᖏᑕᒥᒃ ᖁᐃᕐᑐᕈᓯᖃᕐᓂᖅ
ᖁᐃᕐᑐᓕᒫᑐᐃᓐᓇᖃᑦᑕᓂᕐᓗ ᐱᓇᓱᐊᕈᓲᑦ
ᐱᖓᓱᑦ ᓈᕿᑕᕐᓱᒋᑦ

UNUSUAL & PERSISTENT COUGH THAT
LASTS LONGER THAN 3 WEEKS



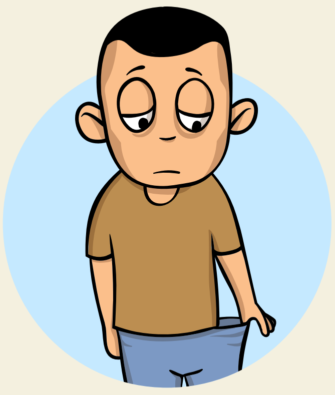
ᐆᓇᖃᑦᑕᓂᖅ

FEVER



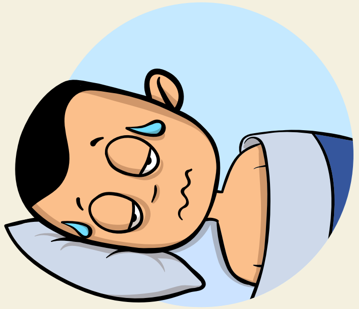
ᐊᐅᒻᒥᒃ ᓄᕙᖃᕐᓂᖅ

COUGHING-UP
BLOOD



ᓱᒍᑦ ᖃᐅᔨᒪᓇᖕᖏᑐᒥᒃ
ᐅᕿᓕᕙᓪᓕᐊᓂᖅ

UNEXPLAINED
WEIGHT LOSS

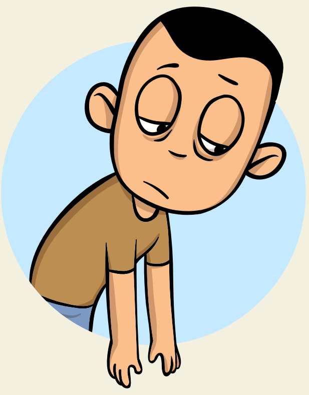


ᐅᓐᓄᐊᒍᑦ ᐊᐅᒃᑲᓂᖓᖃᑦᑕᓂᖅ

NIGHT SWEATS

ᓂᕆᒍᒣᕐᓯᒪᓂᖅ

LOSS OF APPETITE



ᑕᖃᒪᓗᐊᖃᑦᑕᓂᖅ

EXTREME FATIGUE

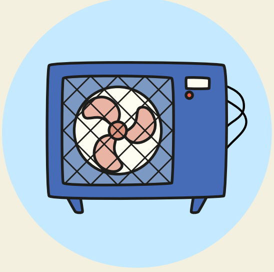
ᐃᑯᓪᓚᑎᑦᓯᒐᓱᐊᕐᓂᖅ
Prevention

ᐃᕿᑐᖃᑦᑕᓗᑎᑦ
ᑕᒋᐅᑦᓴᕇᕈᕕᑦ
ᖁᐃᕐᑐᕇᕈᕕᓐᓘᓐᓃᑦ

WASH YOUR HANDS
AFTER SNEEZING
OR COUGHING

ᖃᓄᐃᖕᖏᓯᐊᕐᓇᑐᓕᓐᓂᒃ
ᓂᕆᖃᑦᑕᓂᖅ

HEALTHY
EATING



ᐃᓪᓗᔪᐊᖅ
ᐊᓂᕐᑎᕆᕕᑦᓴᖃᕐᑎᓯᐊᕐᓗᒍ

PROPER HOUSE
VENTILATION

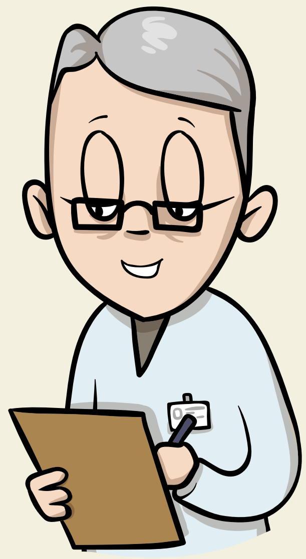
ᖁᐃᕐᑐᖃᑦᑕᕆᐊᖃᕐᓂᖅ
ᐁᕐᓅᕕᑦ

COUGH INTO
YOUR ELBOW

ᒪᒥᓴᕐᑕᐅᒍᑏᑦ
Treatment

ᖃᓂᒪᓖᔮᓕᕈᕕᑦᒪᓗᓐᓇᐅᑎᖃᕐᓗᑎᓪᓗ ᐳᕙᓪᓗᓇᐅᑉ ᒪᓗᓐᓇᐅᑎᖏᓐᓂᒃ,ᐋᓐᓂᐊᕕᐊᐱᓕᐊᕆᐊᖃᕐᐳᑎᑦ ᖃᐅᔨᓴᕐᑕᐅᕆᐊᕐᑐᓗᑎᑦ,ᐅᑕᕐᕿᑐᐃᓐᓇᑭᓐᓀᓗᑎᑦ

If you feel sick and have symptoms consistent with TB, go to your CLSC/ Nursing station for a clinical evaluation. Don’t wait.



ᐋᓐᓂᐊᓯᐅᕐᑎᒪᕇᑦ
ᖃᐅᔨᒋᐊᕐᕕᒋᑦᓴᐅᑎᒋᖃᑦᑕᓗᒍ.
ᐱᔭᑦᓴᖁᓐᓇᓕᒫᖃᑦᑕᓗᑎᑦ
ᒪᒥᓴᐅᑎᑐᕐᑕᑎᓪᓗ
ᓄᖑᖕᖏᓂᓕᒫᖏᓐᓂ
ᐄᕐᖃᓯᐊᕐᓗᒋᑦ.

To stay healthy, consult your health professional & stick to the treatment plan.

RÉGIE RÉGIONALE DE LA SANTÉ ET DES SERVICES SOCIAUX DU NUNAVIK
NUNAVIK REGIONAL BOARD OF HEALTH AND SOCIAL SERVICES