

Health Promotion Calendar 2018

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 * Labour Day	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27	28	29

Day
9 Fetal Alcohol Spectrum Disorder (FASD) Awareness Day
10 World Suicide Prevention Day

Day
27 Terry Fox School Run (for Cancer Research)

*Holiday

October

Breast Cancer Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 * Thanksgiving	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31 Halloween			

Week
1-7 Mental Illness Awareness Week
14-20 Breastfeeding & Child-Nutrition Week

Day
1 International Elders' Day
16 World Food Day

*Holiday

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7 International Inuit Day	8	9	10
11 Remembrance Day & JBNQA Day	12 *	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Week
11-17 Addictions Awareness Week

Day
14 World Diabetes Day
20 Universal Children's Day
25 International Day for the Elimination of Violence Against Women

*Holiday

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24 Christmas Eve	25 * Christmas	26 *	27	28	29
30	31 New Year's Eve					

Week
1-7 Safe Driving Week

Day
1 World AIDS Day

*Holiday
