



traditional food preparation to future generations, and access to traditional food for specific populations (e.g., pregnant women, elders, hospitalized individuals).

Three other working sessions will be organized by the NRWGFS in the next year on the following topics:

- Supporting healthy eating practices and initiatives for food/meal donations;
- Improving access to and availability of store-bought food;
- Enhancing local food production.

The recommendations for actions which will result from each of the working sessions will be reviewed by the working group and brought up at *Parnasimautilirijiit*, the committee of regional leaders in charge of following up on the Parnasimuaq report. They will then be included in a coherent policy that is planned for release in the fall of 2018.

Nunavik's current process to improve food security is part of a broader movement across Inuit Nunangat, where food-insecurity rates are significantly higher than the rest of Canada.

*The NRBHSS is a public agency created in 1978 under the James Bay and Northern Québec Agreement. It is responsible for nearly the entire Québec territory located north of the 55<sup>th</sup> parallel in terms of the provision of health and social services for the inhabitants of the 14 communities.*

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**Source:** Nunavik Regional Board of Health and Social Services

**For information:** Ben Watt  
Communication Officer, NRBHSS  
819 964-2222 ext. 258